

FAMILY CONNECTION

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE | Jeremiah 17:5-8; 31:31-34

SESSION SUMMARY

In this session, through the words of the prophet Jeremiah, we see that God promises both curse and blessing. Those who trust in anyone or anything other than God will be “cursed,” but those who trust in God will be “blessed.” Being blessed doesn't mean our lives will be easy but that through God's new covenant, sealed with Jesus's blood and sacrifice for our sin, we can stand firm in our faith even when life is difficult. Through Jesus, the Word, and the gift of the Holy Spirit, God transforms us from the inside out. Here are the main points:

- God is worthy of our trust (Jer. 17:5-8).
- God puts His Word within us (Jer. 31:31-34).

CONVERSATION QUESTIONS

- What makes you want to rely on someone? What helps you know you can rely on God?
- Why does where we're “planted” matter? Where do you need to uproot yourself?
- When have you seen someone change a behavior just to get what they wanted? When have you done something similar?
- Why is it so important that our hearts, not just our behaviors, change when we know we've done wrong?

FAMILY CHALLENGE

Using construction paper, cut out hearts in various colors. Use one color to write out Bible verses that encourage you, one color to write out verses that challenge you, and one color to write out promises that give you hope for the future. Write one verse or passage per heart. Consider stringing together each color and hanging them somewhere you'll see them regularly.