

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE | Ecclesiastes 3:1-15

SESSION SUMMARY

Most things in life are temporary. This week, we dive into the book of Ecclesiastes, which encourages us to focus on what matters most. We see that we must invest in what lasts rather than in what's temporary. These are the main points:

- · Life is seasonal (Eccl. 3:1-8).
- God's purposes are eternal (Eccl. 3:9-15).

CONVERSATION QUESTIONS

- · What possessions mean a lot to our family? What successes mean a lot to our family?
- · Why is it important for us not to get wrapped up in these but to focus on God's plan?
- What do we think God's plan for our family is right now?

FAMILY CHALLENGE

Create a time sheet to keep up with for the next day (or a week, depending on your preference). Give each person in your family a ruler, writing utensil, and sheet of plain paper. Invite them to create twenty-four blocks, labeling one for each hour of the day. As they go throughout the day, tell them to write down what they do during each hour in the appropriate block, even if it's sleeping or eating lunch. After a day, come back together and discuss where you all spend most of your time. Though we have responsibilities like work and school, it's important that we focus our time on what matters in eternity. It's always good to look at how much time we're spending with God and doing what He has called us to do, like loving and serving others.