



Coaching Tool:

Walking by Faith, Not by Sight

I need to know and understand everything to move forward.	Vs.	God wants us to trust His eyes instead of our own sight or understanding.
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Examples Of What The Enemy Wants You To Think:

- It's too hard because I can't see the outcome.
- But I don't know how this can possibly work.
- God hasn't shown me everything, so I can't obey yet.
- This doesn't make any sense to me, so I can't...
- I can't make this happen, so I'm not going to try.
- If I can't control the outcome, it's too risky to move.
- But I might lose _____.

God's Truth Says:

Everyone can walk by faith by recognizing these three realities:

1) Recognize your eyes are limited.

- a. Walking by faith is using more sight than eyes.
- b. The Bible tells us there is a spiritual realm that exists beyond what we can see and hear.
- c. If we live our lives only by what we see and hear and feel, then we are ignoring a large part of our actual reality. Spiritual realities are longer lasting and have more serious consequences than the physical plain alone.
- d. We must consider these spiritual realities now in our every day decision making in order to align ourselves with God and receive His protection and walk in His will.



2) Recognize God wants your eternal best.

- a. God is trustworthy because His heart has always been to restore and redeem our brokenness.
- b. Even before Adam and Eve were kicked out of the Garden of Eden, God had a plan to restore us and spend eternity with Him in heaven. He has the same plan for redemption and restoration in your own story; and He will lead you into that plan if you listen and trust Him.
- c. “And we know that in all things God works for the good of those who love him, who have been called according to his purpose.” – Romans 8:28

3) Recognize you will need to obey first and understand later.

- a. Often, we freeze or refuse to move forward into the unknown out of fear.
- b. But, if God is asking us specifically to move forward we can rest assured He has a plan for the consequences.
- c. Even if the earthly, physical consequences are loss and/or emotional pain, we can still rest in the assurance that God’s plan goes beyond the short-term of this life and stretches into the spiritual and eternal realm.

Listen To This Song:

Listen to “Walk by Faith” sung by Jeremy Camp

Questions To Help You Process This Concept:

1. Have you ever watched God do things that you never thought were possible? When?

2. How have you seen things through the eyes of faith when it didn’t match reality?



3. Have you ever felt like you had to strategize everything because God might not know how to take care of all the details? Did that stress you out?
4. Has God told you something that you've refused to obey because you can't figure out all the moving parts? What specifically?
5. Have you ever just obeyed God and let Him work out the details? When? How did that work out?

Exercise:

1. Get a piece of paper.
2. Write down anything that you feel God has asked you to do, but you've been too scared of the consequences. This can be something as simple as speaking the truth in love or making amends or as unconventional as starting a television show.
3. Lift each one of these items up in prayer. Tell God what you would like to do, but then let Him know that ultimately, you'll surrender to what He wants of you.
4. Pick the top two or three that you feel God asking you to do immediately.
5. Listen for His encouragement or instructions. You may feel overwhelmingly by the Holy Spirit how to move next, or you may not receive a response at all. That's ok. The important part is to listen and ask for confirmation of where you are to step next.



6. Once you feel you have a peace in your spirit, write down the next step you will take and the date on which you will do it. (Note: you can still experience fear about the next step while being confident in what God is asking of you.)
7. If you need help, ask an accountability partner or mentor to help keep you accountable and talk through the experience afterward.