



Coaching Tool:

How do I cope with hardship when it causes me to lose my dreams?

Give up on your dreams.	Vs.	There is another way or time God wants to fulfill His dreams for me.
-------------------------	-----	--

Examples Of What The Enemy Wants You To Think:

- Your dreams will never be fulfilled
- Accept defeat
- Stop trying to think you're better than you really are
- God doesn't want you to be happy
- God is punishing you by closing doors and removing opportunities

God's Truth Says:

1. Reevaluate

- a. Is this God's will for me?
- b. Sometimes, we choose a different path than the one God has designed for us so He closes doors to get us to come back to His plan.
- c. God's plan is always better for our eternal best because He sees all of the challenges and triumphs we will face in the future.

2. Reconsider

- a. Is there another way to go after this dream?
- b. Sometimes God asks us to pray about HOW to pursue the dream. We may have to ask Him for creative ideas or ask others for help rather than forging ahead.
- c. Stumbling blocks can become steppingstones, but you don't want them to be steppingstones if you're going in the wrong direction.

3. Restructure

- a. Is there a change I need to make in my plans?
- b. If you put your dreams on the altar, God can resurrect them or give you new ones.
- c. Perhaps God is not saying "no" but rather "not yet."



Watch This Video:

[Just Keep Livin' – McKenna Hydrick](#)

Questions To Help You Process This Concept:

1. Be honest about your internal motivations. Is the heart behind your dreams to give God glory or have you ignored His plan in favor of how you imagine your dreams should come true?

2. Instead of waiting on His timing, are you looking for a shortcut or the easy way?

3. If your path is not lining up with your expectations, are you asking God to change your expectations? There is peace when our expectations line up with His.



4. Jesus said, "Not my will, but Yours be done." Do you want God's best for you more than you want your own will?

5. Manipulation can many times get us what we want. This can have long term consequences (Abraham had Ishmael because he manipulated an answer instead of waiting for God to give him Isaac). Are you trying to manipulate answers to a problem rather than trusting God to provide?

Exercises:

1. Ask God to show you if you have moved ahead of His will in favor of convenience, fear, or worldly gain.
2. If you have gone ahead of God, repent and ask forgiveness for running ahead of Him.
3. Ask God to show you His best for you.