



First Baptist School Lunch Menu ~ September 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	
		(Nutritional attachment: "Tips for Picky Eating")	Milk and water are served with every meal.			
	September 1 Closed for Labor Day Holiday	2 Chicken Nuggets Egg Noodles w/gravy Chopped Broccoli Applesauce	3 Cheese Quesadillas Spanish rice Cucumber and tomato slices Ranch dressing Cantaloupe	4 Spaghetti w/ meat sauce Green Beans Enriched Bread Sticks Diced Pears	5 Mini Corndogs Carrot sticks w/ranch dressing Baked Tater Tots Mandarin Oranges	
	8 Fish sticks Macaroni and cheese Green Peas Fruit Cocktail	9 Steak Fingers Mashed Potatoes Baked Apples Enriched Bread slice	10 Crispy Tacos w/ ground beef , grated cheese, lettuce, and tomatoes Pinto Beans Diced Peaches	11 Chicken Alfredo w/rotini Steamed Chopped Broccoli Enriched Bread sticks Pineapple tidbits	12 Grilled Cheese Sandwiches Potato chips Cucumber slices & Carrot sticks w/Ranch Honeydew Melon	
	15 Sweet & Sour Chicken Steamed Rice Sugar Snap Peas Mandarin oranges	16 Salisbury Steak w/gravy Buttered Egg Noodles Chopped Spinach Diced Pears	17 Chicken Fajitas on flour tortillas Spanish Rice Tomato slices & Carrot sticks w/Ranch dressing Pineapple tidbits	18 Cheese Pizza Lettuce, tomato, & cucumber salad w/Ranch Dressing Potato Chips Fruit Cocktail	19 Hamburgers w/ lettuce, tomatoes, pickles Baked Tater Tots Diced Peaches	
	22 Steak fingers w/ gravy Buttered White Rice Steamed Chopped Broccoli Fruit Cocktail	23 Chicken Nuggets Egg Noodles w/gravy Steamed Carrots Diced Peaches	24 Cheese Quesadillas Pinto Beans Lettuce and tomato salad Honeydew Melon	25 Ham & Cheese Sandwich Baked Tater Tots Mandarin Oranges	26 Johnny Appleseed Day Spaghetti w/meat sauce Green Beans Enriched Bread Sticks Johnny Appleseed Cake to be enjoyed by everyone!	