February, 2024 ~ Snack Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 Yogurt and bananas $\qquad$ <br> WG Soft Pretzel Cheese Dip | 2 WG Nutri Grain Fruit Bars and Milk $\qquad$ WG Apple Muffins Grape Juice |
| 5 Oatmeal w/milk $\qquad$ <br> WG Baked Cheetos and Apple Juice | 6 WG Maple Waffles milk $\qquad$ <br> WG Banana Bread milk | 7 WG Apple Muffins w/milk $\qquad$ <br> String Cheese <br> WG crackers | 8 WG Cheerios Cereal w/milk $\qquad$ <br> Yogurt and bananas | 9 Enriched Raisin Bread and Milk $\qquad$ <br> WG Graham Crackers Mixed Fruit Snacks |
| 12 Cream of Wheat w/milk $\qquad$ <br> WG Blueberry Muffins w/Milk | 13 WG French Toast Sticks w/sugar-free syrup Milk $\qquad$ <br> Enriched Cheez-its \& Carrot Sticks | 14 WG Strawberry <br> Pop-tarts and milk $\qquad$ <br> Ice Cream Sandwiches | 15 Enriched Biscuits w/grape jelly and Milk $\qquad$ <br> String Cheese and WG Crackers | 16 WG Maple Pancakes Milk <br> WG Gold Fish Apple Juice |
| 19 Oatmeal w/milk $\qquad$ <br> Mixed Fruit Snacks <br> WG Graham Crackers | 20 WG Mini Bagels with Strawberry Creamy Cheese $\qquad$ <br> WG Blueberry Bread milk | 21 WG Apple Muffins w/milk $\qquad$ <br> String Cheese <br> WG Crackers | 22 Rice Krispy Cereal w/milk $\qquad$ <br> Yogurt and bananas | 23 Enriched Raisin Bread and Milk <br> WG Teddy Grahams Grape Juice |
| 26 Cream of Wheat w/milk $\qquad$ <br> WG Apple Muffins Milk | 27 WG Blueberry <br> Mini-loaf and Milk $\qquad$ <br> Applesauce <br> WG Crackers | 28 WG Cheerios Cereal w/milk $\qquad$ <br> WG Soft Pretzel Cheese Dip | 29 Yogurt and bananas <br> ~~~~ <br> WG Gold Fish Orange Juice | Mar. 1 <br> WG Maple Pancakes Milk $\qquad$ <br> WG Banana Bread Apple Juice |

## First Baptist School ~ Lunch Menu ~ February, 2024

Milk and water are served at every meal.

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 Spaghetti w/ meat sauce Green Beans Enriched Bread Sticks Pineapple Tidbits | 2 Grilled Cheese sandwich <br> Tater Tots <br> Carrot sticks w/Ranch dressing <br> Mangos and Banana slices |
| 5 Steak Fingers w/gravy <br> Mashed Potatoes <br> Baked Apples <br> Enriched bread slice | 6 Salisbury Steak Buttered Egg Noodles Chopped broccoli Diced Pears | 7 Crispy Tacos w/ ground beef and grated cheese Lettuce, tomatoes Pinto Beans Applesauce | 8 Beef Ravioli Green Beans Enriched Bread sticks Fruit Cocktail | 9 Ham and Cheese Sandwich Cucumber and tomato Slices Potato Chips Honeydew melon chunks |
| 12 Chicken Nuggets Egg noodles w/gravy Chopped broccoli Fruit Cocktail | 13 Baked Ham <br> Macaroni and Cheese Sweet Peas Diced peaches | 14 Ash Wednesday <br> Cheese Quesadillas <br> Spanish rice Cucumber and tomato slices Ranch dressing Pears | 15 Spaghetti w/ meat sauce Cut Green Beans Enriched Bread sticks Mandarin oranges | 16 Baked Fish Sticks Cubed Red Potatoes Baked Apples Enriched bread slice |
| 19 Chicken Tenders <br> Egg Noodles w/gravy <br> Steamed Broccoli \& cauliflower <br> Diced Peaches | 20 Steak Fingers <br> Buttered white rice Cucumber and Tomato slices Fruit Cocktail | 21 Chicken Fajitas on flour tortillas <br> Spanish Rice <br> Peas and Carrots <br> Applesauce | 22 Hamburgers w/ lettuce, tomatoes, pickles <br> Carrots w/ ranch <br> Tater Tots Pineapple Tidbits | 23 Cheese Pizza <br> Lettuce and tomato Salad Carrots w/Ranch dressing Potato Chips Mandarin oranges |
| 26 Baked Ham <br> Macaroni and Cheese Steamed Carrots Enriched Bread slice Pineapple tidbits | 27 Chicken Nuggets Egg Noodles w/gravy Chopped Broccoli Diced Pears | 28 Bean \& Cheese Tostadas Spanish Rice Shredded lettuce and diced tomatoes Mandarin oranges | 29 Spaghetti w/ meat sauce Sweet Peas Enriched Bread Sticks Pumpkin Pie | Mar. 1 <br> Baked Fish Sticks <br> Tater Tots Cucumber \& Tomato slices Buttered Cornbread Fruit Cocktail |

