



First Baptist School Lunch Menu ~ September 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
		(Nutritional attachment: "Tips for Picky Eating")	Milk and water are served with every meal.		
	September 1 Closed for Labor Day Holiday	2 Chicken Nuggets Egg Noodles w/gravy Chopped Broccoli Applesauce	3 Cheese Quesadillas Spanish rice Cucumber and tomato slices Ranch dressing Cantaloupe	4 Spaghetti w/ meat sauce Green Beans Enriched Bread Sticks Diced Pears	5 Mini Corndogs Carrot sticks w/ranch dressing Baked Tater Tots Mandarin Oranges
	8 Fish sticks Macaroni and cheese Green Peas Fruit Cocktail	9 Steak Fingers Mashed Potatoes Baked Apples Enriched Bread slice	10 Crispy Tacos w/ ground beef , grated cheese, lettuce, and tomatoes Pinto Beans Diced Peaches	11 Chicken Alfredo w/rotini Steamed Chopped Broccoli Enriched Bread sticks Pineapple tidbits	12 Grilled Cheese Sandwiches Potato chips Cucumber slices & Carrot sticks w/Ranch Honeydew Melon
	15 Sweet & Sour Chicken Steamed Rice Sugar Snap Peas Mandarin oranges	16 Salisbury Steak w/gravy Buttered Egg Noodles Chopped Spinach Diced Pears	17 Chicken Fajitas on flour tortillas Spanish Rice Tomato slices & Carrot sticks w/Ranch dressing Pineapple tidbits	18 Cheese Pizza Lettuce, tomato, & cucumber salad w/Ranch Dressing Potato Chips Fruit Cocktail	19 Hamburgers w/ lettuce, tomatoes, pickles Baked Tater Tots Diced Peaches
	22 Steak fingers w/ gravy Buttered White Rice Steamed Chopped Broccoli Fruit Cocktail	23 Chicken Nuggets Egg Noodles w/gravy Steamed Carrots Diced Peaches	24 Cheese Quesadillas Pinto Beans Lettuce and tomato salad Honeydew Melon	25 Ham & Cheese Sandwich Baked Tater Tots Mandarin Oranges	26 Johnny Appleseed Day Spaghetti w/meat sauce Green Beans Enriched Bread Sticks Johnny Appleseed Cake to be enjoyed by everyone!

First Baptist School ~ September 2025 ~ Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Closed for Labor Day HOLIDAY	2 WG Maple Pancakes Milk ~~~~~ Yogurt & WG Grahams	3 WG Cinnamon Toast Crunch Cereal w/milk ~~~~~ WG Cheez-it Crackers Grape Juice	4 WG Blueberry Muffins Milk ~~~~~ String Cheese WG crackers	5 WG Pop-tarts and milk ~~~~~ WG Goldfish & Carrot Sticks	
	8 Cream of Wheat w/milk ~~~~~ WG Apple Muffins Grape Juice	9 WG Mini Blueberry Pancakes and milk ~~~~~ WG Baked Cheetos Apple juice	10 WG Cheerios Cereal w/milk ~~~~~ WG Soft Pretzel Cheese Dip	11 Enriched Raisin Bread Milk ~~~~~ Cheddar Cheese cubes w/WG Crackers	12 WG Banana Bread and milk ~~~~~ Yogurt & WG Grahams	
	15 Oatmeal w/milk ~~~~~ WG Nutri Grain Fruit Bars Apple Juice	16 Buttered Biscuits w/ grape jelly and Milk ~~~~~ WG Cheez-it crackers Carrot Sticks	17 WG Golden Graham Milk ~~~~~ String Cheese WG crackers	18 WG Blueberry Muffins Milk ~~~~~ Yogurt and Bananas	19 WG Maple Waffles Milk ~~~~~ WG Baked Cheetos Orange Juice	
	22 Cream of Wheat w/milk ~~~~~ WG Goldfish Apple Juice	23 WG Triple Berry Blast French Toast & Milk ~~~~~ WG Nutri Grain Fruit Bars and Grape Juice	24 WG Cheerios Cereal Milk ~~~~~ WG Soft Pretzel Cheese Dip	25 Yogurt and bananas ~~~~~ WG Cheez-it crackers Carrot Sticks	26 WG Apple Muffins Milk ~~~~~ Applesauce WG Graham crackers (Johnny Apple seed Day!)	
	29 WG French Toast Sticks w/sugar-free syrup Milk ~~~~~ WG Baked Cheetos Orange Juice	30 WG Blueberry Bread and milk ~~~~~ WG Pop Tarts Grape Juice				