

# THE FRUIT OF THE SPIRIT: GENTLENESS

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## OVERVIEW

When Bart's snapping-dragon plant, Chompy, grows to an enormous size and wreaks havoc in town. It's up to Bart to convince Officer Malloy to show gentleness, and save the day. He learns that gentleness, or meekness, is not weakness, but strength that listens, waits, and acts wisely.

## GALATIANS 5:22-23

*"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."*

## WHAT DID WE LEARN?

- Gentleness, or meekness, is not weakness at all. It's power that knows when to hold back.
- When we act without control, like Chompy did, we can hurt others without meaning to.
- When we let God's Spirit guide our strength, like Officer Malloy did, we show true gentleness
- Gentleness is strength that listens, waits, and acts wisely.

## LET'S PRAY

Dear Heavenly Father,

Thank you for showing us that real gentleness is not weakness, it's power under control.

We pray that your Holy Spirit would cause us to have the meekness of Jesus, who had all the power in the world but used it with love, patience, and care.

Teach us to be gentle with our words, our actions, and our strength, so that others can see Your Spirit working in us.

In Jesus' name we pray,

Amen.

## DISCUSSION QUESTION

Can you think of a time when you have had to show gentleness towards someone or something?

**GENTLENESS, OR MEEKNESS,  
is not weakness.  
It's strength that listens,  
waits, and acts wisely.**

