

THE FRUIT OF THE SPIRIT: KINDNESS

Listen to the full episode on the Greybobby Bedtime Devotionals podcast.

OVERVIEW

Sheila Slyfox surprises everyone at the class bake sale when she shows up with news reporters looking for the scoop on her world-famous muffins, and her supposed kindness to others. After a ill-advised bite from Bart's snoreberry cakes, Sheila falls asleep and it's up to Greybobby and friends to finish her muffin recipe, showing kindness to her, even if she doesn't deserve it.

GALATIANS 5:22-23

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."

WHAT DID WE LEARN?

- Kindness can look like a lot of things — a smile, a helping hand, or even baking muffins for someone who hasn't been very kind to you.
- Real kindness, the kind that lasts, comes from the Holy Spirit. It isn't about getting attention or looking good in front of others. It's about showing others the love that Jesus first showed us — even when they don't deserve it.
- When we let God grow that kind of kindness in our hearts, we become more like Jesus, and the world around us becomes a little brighter and a lot more loving.

LET'S PRAY

Dear Heavenly Father,

Thank You for showing us what true kindness looks like through Jesus.

Help us to be kind, not for praise or rewards, but because Your Spirit lives in us.

Teach us to love others the way You love us — freely, patiently, and from the heart.

In Jesus's Name we pray,

Amen.

DISCUSSION QUESTIONS

Have you ever had someone be kind to you even when you didn't deserve it?

How can you be kind to people in your life?

**KINDNESS is about showing
others the love that Jesus
first showed us.**

