

# THE FRUIT OF THE SPIRIT: PATIENCE

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## OVERVIEW

Red's worst nightmare comes true when Bart brings his cousin Bartina over from Lupovakia for show and tell. Through rubber chicken singing, annoying national anthems, and... sardine and jelly sandwiches?!— Red finds his patience being tested and has to pray for God to change his heart to see Bartina, and Bart through God's eyes.

## GALATIANS 5:22–23

*“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.”*

## WHAT DID WE LEARN?

- Patience isn't just about waiting or keeping calm—it's about letting God work in our hearts and helping us see others through His eyes.
- Red discovered that even in frustrating or confusing situations, he could show compassion when he remembered what it feels like to be cared for and understood.
- God gives us the fruit of the Spirit so we can respond with love, kindness, and patience, not because we're perfect, but because His grace is at work in us.
- When we rely on Him, even the hardest moments can become opportunities to grow and reflect His heart.

## LET'S PRAY

Dear Heavenly Father,

Thank You for giving us the gift of patience and for teaching us through Your Spirit how to love others, even when it is hard.

Help us to see others with kindness, to remember Your grace, and to trust You when we feel frustrated or overwhelmed.

Please guide our hearts to grow in patience, compassion, and understanding, just as You have shown to us.

In Jesus's Name we pray,

Amen.

## DISCUSSION QUESTIONS

Can you think of a time when you've had to be patient with someone or something?

How can Jesus help you be patient when you feel frustrated?

**PATIENCE isn't just about waiting or  
keeping calm – it's about letting God  
work in our hearts and helping us  
see others through His eyes.**

