

21 DAYS OF PRAYER & FASTING

Why This Matters?

Parents are the first and most important Biblical teachers for their children. These 21 days are a wonderful opportunity to model prayer, teach God's Word, and grow together as a family.

Simple Ideas for Your Family



Start Each Day with Prayer

Gather for 5 minutes each morning. Thank God for His blessings and ask Him to guide your family



Choose a Family Fast

Skip dessert or sugary drinks. Limit screen time and use that time for reading the Bible or worship.



Prayer Jar

Write prayer requests on slips of paper. Let kids take turns choosing one and leading the prayer.

NewHope Kids is cheering you on! We love partnering with you to help your children grow in faith. Let's make these 21 days a time of joy, learning, and spiritual strength for the whole family!

