



I CAN'T GO ON LIKE THIS

S E R M O N G U I D E

No Limits with Pastor Delman

I Can't Go On Like This

Genesis 32:9-11, 22-28, 31

INTRODUCTION

NOTES

There comes a point in the life of every person, organization, and relationship where you realize that the habits, attitudes, patterns, methods, and sometimes people that got you to one stage in life are not sufficient to get you to the next stage. And oftentimes, when you get to that point, you find yourself feeling stuck, torn, or stagnant. If that's the place you find yourself today, it's time to ask yourself this question: what are the things in your life that need to be addressed, the cycles that need to be broken, and the habits that need to be changed in order for you to achieve what God wants you to achieve? Like Jacob in today's key passage, we all have a place up ahead that God is calling us to. There is a dimension of faith and spirituality that God wants us to experience, but in order to experience it, we must realize that we can't keep going on living like this.

KEY POINTS

1. Recognize Your Need For Healing

If we want to make the changes in life we need to make in order to get unstuck, we need to first recognize our need for healing. That's what Jacob realized in verses 9-12. As he makes this realization, he does three things there that are key: he prays to God for deliverance, he acknowledges his fear, and he comes to terms with his own vulnerability. This powerful, elderly, masculine, man of means tells the Lord he is not worthy, that he is afraid, and he asks the Lord to deliver him. He understands that he needs to be healed and rescued. We must come to the same understanding in order to make progress in our own lives.

2. God Will Reveal What Needs To Be Healed

In striking his hip, God was trying to show Jacob that authenticity is the key to success in this next season, and as such, he needs some surgery on his character. It's been said that character is who you are when no one is looking. It's not who people think you are. It's who you really are. Is it possible that a character adjustment is what some of us need? If that possibility strikes a chord with you, then that might be God revealing to you what needs to be healed in your life.

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3. Commit To Working On Your Wounds

It is your responsibility to commit to working on your wounds. No one else can do that for you. And understand, it's not an easy process. There is a level of healing in which you need to draw upon all of the resources at your disposal to get the breakthrough through that you need: worship, the Word, counseling, a coach, etc. But whatever you have to do, do it, and keep doing it until you get your breakthrough, and when it comes, let your healing be a part of your testimony.

4. Don't Be Shamed To Let Your Healing Be Your Testimony

Some people, when they get better, are inclined to hide their healing, but after wrestling with God, Jacob is left with a limp, a limp he'll have for the rest of his life. It stands for the fact that there are times when God wants us to let what we went through be a part of our testimony. Rather than walking away from our wounds, God wants our wounds to be a part of our witness. So when it comes to your own journey of healing, don't be ashamed of how you've been healed. Let it be a way you point others to Jesus.

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QUESTIONS TO CONSIDER

1. What might God be revealing to you about the healing you need to experience?
2. What are some practical ways you can commit to working on your wounds?
3. How can you allow the healing you've experienced to become part of your testimony?
