

3. Confession

Genuine confession starts with being sorrowful for the sin in your life. By calling out to God with a broken and contrite heart, you demonstrate a desire to be close to God. Name your sin in prayer. (Dan 9:3-6)

2. Thanksgiving

Pray with a sense of thankfulness for your salvation in the finished work of Christ Jesus. Thank Him for the work He has done in you and continues to do through you. Pray with an understanding He has ordained you for good works. (Eph 2:10)

1. Adoration

Adoration means to love another with deep affection, and in connection with God, it refers to paying homage or worship. Begin your prayer by simply ADORING God, praising Him for His holiness and goodness. He is WORTHY! (Phil 2:9-11)

4. Intercession

Intercessory prayer is simply praying for the needs and well-being of another human being. When you pray this way, you are following the example of Christ Jesus. (John 17)

5. Petition

This is your opportunity to take your needs to God. Share your heart and most intimate thoughts and desires with Him. Ask God for guidance, understanding, strength, and more. Lay everything at the foot of His throne, then trust Him to fulfill His will. (1 Sam 1:9-20)

How to My PRAY

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