



## **ROAD TO RENEWAL:**

A JOURNEY WITH JESUS

LENT with GRACE 2021

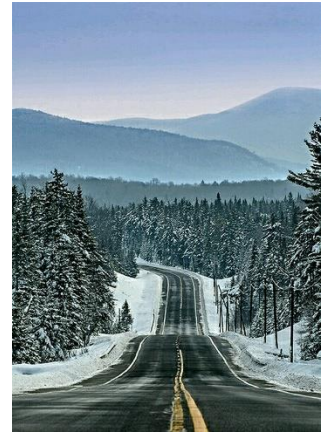
6:30 PM Wednesdays on Zoom

*Each Wednesday those who gather will speak to the Sunday texts through their daily lives and faith experiences. Together share in faith where Jesus is leading.*

### **AS YOU ENTER**

*When you enter the Zoom Room/ or in person greet those who are there with your name, i.e. "Mary & Joe say hello everyone!"  
Then place yourself on mute, especially if you are eating.*

*When you want to speak, take yourself off mute, type in chat box or "raise your hand."*



### **GATHERING TIME (Assessing where you have you been)**

*Spend the first 5-10 mins each week as people come in sharing highs or lows of each week. Consider sharing things that have affected you personally. Remember others will want to share as well, so keep to a nutshell.*

### **OPENING PRAYER (Idling with Jesus)**

*Leader will pray with thanksgiving or petition over the things shared and the things going on in the world around us.*

### **SCRIPTURE STOP (Parking in the Word)**

- *Focus on one or more of the weekly lessons from our Sunday service. Someone should just start.*
- *Talk about how the verse/ story relates to highs and lows.*
- *Unpack the verse a bit. What does it mean in your own words? How might it relate to where you are today in your highs and lows?*
- *Consider what God is saying to you as individuals and as a church through the scripture.*

### **PRAYING TOGETHER (Refueling with the Spirit)**

*Pray for one another's highs and lows, for your family, and for the world.*

*Simply talk to God, thank Jesus for the good, and ask the Holy Spirit for guidance in specific problems.*

*Leader will begin/close and others can add in.*

### **LAUNCH TIME (Marked for the journey)**

*Bless one another.*

*Choose a person in the gathering, call their name and trace the sign of the cross for them as a reminder that they belong to God and to one another.*

*Each person takes a turn so all receive a blessing.*

# NOTESFOR THE JOURNEY





## **ROADWORK**

***Spend time each day doing at least one of these three things:***

- **MARCH/CALL TO ACTION** - Serve God's people in some way –
  - Writing letters to local healthcare workers
  - Drawing cards for shut-in members
  - Creating a fund or food-raiser
  - Reading to our young worshippers
  - Tutoring with Lily Lake grade school online
  - *Perhaps the Angel Tree goes back in our Narthex for the season. On it hang paper hearts that will have a variety of ways to live one's faith larger. They may be things to donate to different agencies (food of Interfaith Community Services, toiletries Lazarus House, towels for Lutheran Social Services, mask making, etc.) but they might also be spiritual exercises and activities.*
  - YOUR IDEAS
  
- **CARE FOR YOUR GOD -GIVEN BODY –**
  - Walk. Better yet go prayer walking.
  - Sit but stretch your limbs. • Go for a run
  - Drink water
  - YOUR IDEAS
  
- **PRAYER-WALKING** (choose from among these or your own ideas)
  - Walk prayer path at Grace
  - Walk your neighborhood or home praying
  - Using beads or your fingers - If you don't have beads, count on your fingers. Think of at least three people or causes you wish to pray for. Share your desires with God. Intercede for these people using the beads. Hold the first bead, and say a short prayer that you know well. Repeat on another bead and so on up to 10.
  - Create prayer footprints for a week (or more) Bring them to church when next together and link them with other's prayer prints to display at church or film and put on social media
  - Use your GPS – God-Prayer-System – Talk to God. Learn your location and your direction; keep a journal of the "journey."
  - YOUR IDEAS