



**God, help me take the first step You are asking of me  
— even when it feels small.**

## FIRST STEPS:

### WITH GOD

- TALK TO GOD
- LISTEN TO GOD'S WORD

### BECAUSE OF GOD

- TELL THE TRUTH
- OBEY RIGHT AWAY

## MEMORY VERSE: PROVERBS 3:5

Trust in the Lord with all  
your heart; do not depend  
on your own understanding.

**\*\*AFTER YOU COMPLETE THE DAY'S READING OR ACTIVITY, TURN TO THE BACKSIDE  
FOR YOUR PRAYER RESPONSE.**

**Day 1** Read: **2 Kings 5:15-27**. Circle the answer:

1. Did Gehazi tell the truth? **YES** **NO**      2. Did Gehazi do what God wanted? **YES** **NO**

**Day 2** Read: **Luke 12:15**. Circle the picture that shows wanting too much:



**Say together: Trust God.**

**Day 3** Choose a worship song to listen to today.

What song did you choose? \_\_\_\_\_

Circle one: The song makes me think about...

**trusting God**

**obeying God**

**Draw a picture of you choosing God's way:**

**Day 4** Review and meditate on your memory verse, **Proverbs 3:5**.

Where am I tempted to trust  
myself instead of God?

**Draw one way you can trust God  
instead of yourself:**

# PRAYER JOURNAL

This week we encourage you to free-write prayers as you read and study. Remember, there is not a right or wrong way to pray. The important thing is to take that first step. You can remember our prayer tools (C.H.A.T. and our prayer posture) to help get you started:

## C.H.A.T.

**C - Confess** - Admit To God What You Did Wrong

**H - Honor** - Tell God He's More Important Than Anything Else

**A - Ask** - Ask God For What You Need

**T - Thank** - Tell God What You're Grateful For

## WE GIVE GOD OUR **best** IN PRAYER

1



EYES CLOSED

2



MOUTH QUIET

3



HEART OPEN

4



HANDS TOGETHER

5



FEET STILL

ONE+kids

Day 1

Day 2

Day 3

Day 4