

For the Week of December 28, 2025

“Growing Up”

✿ Hebrews 5:11-6:3

¹¹We have much to say about this, but it is hard to explain because you are slow to learn. ¹²In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God’s word all over again. You need milk, not solid food! ¹³Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. ¹⁴But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

¹Therefore let us leave the elementary teachings about Christ and go on to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God, ²instruction about baptisms, the laying on of hands, the resurrection of the dead, and eternal judgment. ³And God permitting, we will do so.

Write down 5 significant observations. Raise 2 significant questions and try to answer them.

Observations	Interpretation (Questions)	Applications

✿ Opening Questions:

- What is one word you hope will describe your walk with God this year—and why?

✿ The Living Word: Please read our text for this week.

- Highlight words or phrases that stand out to you.
- Please narrate using your own words.

Verses 11-12

1. In verse 11, what does the author mean by saying his readers are “slow to learn” (or “dull of hearing”)? Why is he addressing this?
2. Why do you think the author expected these believers to be teachers by now? What differences exist between teachers and students?
3. What does our text teach us about the danger of spiritual stagnation?

Verses 12-14

1. What is the contrast between “milk” and “solid food”?
2. What does it mean that mature believers have trained themselves “to distinguish good from evil”?

Verses 6:1-2

1. In 6:1–2, these six elementary truths are listed. Why do you think these are named?
 - a) "Repentance from dead works and of faith toward God."
 - b) "Instruction about Baptisms (washings) and laying on of hands/"
 - c) "The resurrection of the dead and eternal judgment."
2. What does the phrase “leave the elementary teachings and go on to maturity” mean?

✿ Living the Word/Application:

- Is there an area where God may be calling you to grow—knowledge, obedience, or discernment?
- Is there someone younger in the faith you can begin discipling?