

For the Week Beginning November 2, 2025

“Danger of Unbelief”

✦ Hebrews 3:7-19

⁷So, as the Holy Spirit says:

“Today, if you hear his voice,

⁸do not harden your hearts
as you did in the rebellion,
during the time of testing in the
desert,

⁹where your fathers tested and tried me
and for forty years saw what I did.

¹⁰That is why I was angry with that
generation,
and I said, ‘Their hearts are always
going astray,
and they have not known
my ways.’

¹¹So I declared on oath in my anger,
‘They shall never enter my rest.’”

¹²See to it, brothers, that none of you has a sinful,
unbelieving heart that turns away from the living God. ¹³But
encourage one another daily, as long as it is called Today,
so that none of you may be hardened by sin’s deceitfulness.
¹⁴We have come to share in Christ if we hold firmly till the
end the confidence we had at first. ¹⁵As has just been said:

“Today, if you hear his voice,
do not harden your hearts
as you did in the rebellion.”

¹⁶Who were they who heard and rebelled? Were they not
all those Moses led out of Egypt? ¹⁷And with whom was he
angry for forty years? Was it not with those who sinned,
whose bodies fell in the desert? ¹⁸And to whom did God
swear that they would never enter his rest if not to those
who disobeyed? ¹⁹So we see that they were not able to
enter, because of their unbelief.

Write down 5 significant observations. Raise 2 significant questions and try to answer them.

Observations	Interpretation (Questions)	Applications

✦ Opening Question:

- What’s a random talent or skill you have that most people don’t know about?
- What spiritual discipline (prayer, Scripture, serving, etc.) do you want to grow in?

✦ The Living Word: Please read our text for this week.

- Highlight words or phrases that stand out to you.
- Please narrate using your own words.

Verses 7-11

1. Why is it significant that the author says, "the Holy Spirit says" when he quotes Psalm 95?
 - a. What does the author want to communicate to his readers by citing these verses from Psalm 95? Who were the people who tested God and were punished because of their unbelief?
 - b. What is the relationship between "hearts going astray" and "not known my ways"?
 - c. What does our passage teach us about the seriousness of hardened hearts and unbelief?

Verse 12

2. What are the believers exhorted to do in verse What does "sinful, unbelieving heart that turns away from the living God" look like in our days?

Verse 13

3. How is verse 13 an answer to the exhortation in verse 12? How can we help each other to avoid being "hardened by sin's deceitfulness"?

Verse 14

4. What does verse 14 teach us about the relationship between perseverance and assurance?

Verses 16-19

5. How does the wilderness generation serve as both a warning and a lesson for us today?

✦ Living the Word/Application:

- How can you make space daily to hear God’s voice and respond in faith?
- What are some practical ways you can keep your heart from being hardened?