Happening today, 8/17:

8:45 AM	Sunday School – All ages
9:30 AM	Blood Pressure Checks Library
10:00 AM	Membership Sunday Sanctuary
11:00 AM	Blood Pressure Checks Library
11:15 AM	Chalk The Block

Happening this week, 8/18-8/24:

MON, 8/18	ALL-DAY	Maggie Christy's First Day			
	4:00 PM	Mt. City Montessori Back to School Night			
	5:45 PM	Theology Pub Village Pub			
TUE, 8/19	ALL-DAY	Regan Duke's Last Day			
	12:00 PM	Dementia Partners AVL Library			
	6:30 PM	Central at Asheville Tourists			
WED, 8/20	6:00 PM	Dementia Partners AVL Haw Creek			
		Congregational Care Council Zoom			
THU, 8/21	8:00 AM	Thursday Morning Prayer Zoom			
	10:00 AM	Circle of Prayer Zoom			
SUN, 8/24 8:45 AM		Sunday School – All ages			
	10:00 AM	Worship Sanctuary			
	11:00 AM	Leadership Central Fellowship Hall			
	11:30 AM	Creation Care Committee Conference Room			

For more information about these activities, go to **CentralUMC.org/Events**.

Eco-Tip: A zero-waste economy and a circular economy both focus on sustainability, reducing harmful gases, and fighting climate change—but they take different approaches to get there. • Curious about how these ideas can help protect creation from harm? Take some time to learn more, and discover ways you can be part of the solution.

SAVE THE DATE! Here are some upcoming events to mark on your calendar!

- Pride Interfaith Worship | SUN, SEP 27
 An interfaith worship service prior to Blue Ridge Pride 2025
- Native Plants: Beauty and Blessing | OCT 2025
 A project to remove invasive species and plant native flora on the south end of our campus by CUMC's Creation Care.
- Three Church Concert & Service, Habitat Fundraiser | FRI, NOV 7

 A joint concert of First Presbyterian Church, Trinity Episcopal Church, and Central United Methodist Church fundraiser for Asheville Area Habitat.
- friendsGIVING | WED, NOV 12
 An evening at Highland Brewing event center to enjoy music, hearty appetizers, and inspiring stories from some of our mission partners.

Deborah Circle Gathering | TUE, SEP 9 | 10:00 AM

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Deborah Circle will meet at the home of a member on **Monday, September 9 at 10:00 AM**. We'll enjoy fellowship after our summer break and plan our programs and service projects for the year, with a special focus on addressing food swamps and food deserts in our area—especially in the

aftermath of the hurricane. All are welcome! For more information, contact Susan Snell at ssnell123@bellsouth.net.



Financial Update through 7/31/25:

- Year to Date Offering: \$802,284.46
- Total Annual Budget: \$1,500,000.00

Ministry Staff

Rev. Dr. Mary Brown, Senior Pastor

MBrown@CentralUMC.org

Rev. Lisa Rettew, Minister of Congregational Care LRettew@CentralUMC.org

Maggie Christy, Director of Children & Youth Discipleship

MChristy@CentralUMC.org

Regan Duke, Children and Youth Summer Intern ChildrensMinistry1@CentralUMC.org

Corey Powell, Organist & Director of Music Ministries

CPowell@CentralUMC.org

Linda Haggard, Director of Choral Music

LHaggard@CentralUMC.org

Richard Provine, Director of Central Brass RProvine@CentralUMC.org

Sermon Discussion Questions

Continue to reflect on today's message by journalling or discussing the following

- What do you worry about? Is it the same thing most of the time, or periodic things depending on your situation?
- "A nail is driven out by another nail; habit is overcome by habit" (Erasmus). How does this quote apply to Jesus' instruction, "Do not worry"?
- How might the habit of a tithe or an offering drive out worry over material needs?
 What does your practice of giving look like now? How could you make it more regular (weekly or monthly; an amount or percentage)?
- Try the habit of giving this fall and pay attention to how it changes your worries over material possessions.

Daily Suggested Scripture Readings

It's been a Summer of Psalms! Although that sermon series has ended, the Psalms still have something to speak to us. As you read a Psalm each day, try reading them out loud. Listen for a line or phrase that feels especially meaningful. Consider re-reading that line out loud and then sitting in silence with it for 5 to 10 minutes.

- Monday: Psalm 53
- Tuesday: Psalm 54
- Wednesday: Psalm 55Thursday: Psalm 56
- Friday: Psalm 57
- Saturday: Psalm 58
 Sunday: Psalm 59

Next week in worship

It's the last Sunday before school! (At least for our Asheville City and Buncombe County students... some are already back at it!) Join us for a special message, an acknowledgement of milestones and blessing for our students, and a big welcome for Maggie Christy our new Director of Children and Youth Discipleship!

UNITED METHODIST CHURCH
Tenth Sunday after Pentecost
August 17, 2025 | 10:00 am

WELCOME Rev. Dr. Mary Brown

CHIMES OF THE TRINITY

VOLUNTARY "Toccata on Old 100th"

Robert Lau

Prayer cards and name tags are available in the attendance pad at the end of each pew. You can also find prayer cards in the pew rack in front of you.

CALL TO WORSHIP based on Luke 12:22-31 Rev. Lisa Rettew

Who among us doesn't need to hear these words:

"Do not worry about your life, what you will eat, or about your body, what you will wear.

For life is more than food and the body more than clothing."

Who among us doesn't need to hear these words:

"God feeds the ravens and clothes the lilies; how much more will God feed and clothe you?"

Every one of us worries. Every one of us needs to be reminded:

"Instead, seek God's kingdom and these things will be given to you as well."

*HYMN 89 "Joyful, Joyful, We Adore Thee" HYMN TO JOY

PASTORAL PRAYER Rev. Lisa Rettew

Ending with the Lord's Prayer: Hymnal 895

PSALTER Psalm 80, Response 2 Melisse Latini

Hymnal 801

RECEIVING NEW MEMBERS Ken and Lisa Carrig; Steve Reeder;

Michael and Marty Leoce; Rhonda Freeman

Hymnal 37 Laura Bale

OFFERTORY "Open My Eyes, That I May See" Clara Scott

"O Perfect Love" Jospeh Barnby

Sheila Johnson & Rhonda Freeman, handbell duet

While the musicians make their musical offering, the ushers will pass plates for those who wish to offer a financial gift or prayer request. You may also use this QR code to make a financial gift. As you pass the plate—whether or not you give—we invite you to pause and reflect on what you hope to offer God this week.

*DOXOLOGY

"Praise God, From Whom All Blessings Flow"

Hymnal 94

SCRIPTURE READING

Luke 12:32-40

Greg Petersen

CHILDREN'S SERMON

Regan Duke

Following Children's Time, children in $K-5^{th}$ grade are invited to be part of Children's Church in the Chapel. Children ages 5 and under may leave at this time to go to the nursery with our childcare staff. Children Must have name tags on them.

The name tag table is located outside the Sanctuary by the Library.

SERMON "How to Drive Out Worry"

AFFIRMATION OF FAITH

A Statement of Faith of the United Church of Canada

Hymnal 883

*HYMN 451

"Be Thou My Vision"

SLANE

*BENEDICTION

Rev. Dr. Mary Brown

Rev. Dr. Mary Brown

CHIMES OF THE TRINITY

VOLUNTARY

"Tuba Tune"

C.S. Lang

*Please stand, if you are able.

A livestream of the worship service is available in the library for families. Nursery care is available in Room 104 for children ages 0–5.

The flowers in the Chancel this morning are given by Doug and Louisa Combs in honor of a lifetime marriage of 55 years, on August 22.

Doug and Louisa honor their faith, love, and long-term commitment to each other by the grace of God.

If you are interested in providing **flowers for the Chancel**, please contact **Mary Margaret at** <u>marymargaretingle@gmail.com</u>, especially for the weeks of November 9 and November 16

Plainclothes law enforcement officers are present during our services so that all may feel welcome, secure, and free to worship, fellowship, and experience God's grace freely. Our staff members are in direct communication with the officers should you feel the need to ask for assistance or voice a concern.

ANNOUNCEMENTS

Blood Pressure Checks | TODAY | 9:30 AM & 11:00 AM

Take a moment to care for your health! Free blood pressure checks will be offered in the Library at two convenient times: 9:30 AM & 11:00 AM.

Registered Nurses (RNs) will be on hand to provide quick, confidential screenings. Whether you're managing a health condition or staying proactive, this is an easy way to check in on your wellness. All are welcome—no appointment necessary!

Chalk The Block | TODAY | After Worship

The young—and the young at heart—are invited to join the Children's Ministry outside the Fellowship Hall and along the Church Street sidewalks to create positive, encouraging, and affirming **sidewalk art**. Help us bring **beauty and color to our sidewalks** as we cheer on our friends at Mountain City Public Montessori, who head back to school that week!

Mt. City Montessori Back to School Night | MON, AUG 18 | 4:00–6:00 PM We'll have a table with refreshments and flyers about upcoming children and youth events. Want to help? Contact Cameron Smith at clg7498@gmail.com.

Welcome Back Mt. City Montessori School | WED, AUG 20

Over 180 students will return to campus, bringing energy and life to our shared space! **Traffic Alert:** Please note that afternoon carline will resume on Aug. 20, which may cause traffic delays on Church St.: **M–Th:** 2:50–3:10 PM, and **F:** 12:50–1:10 PM. To avoid congestion, consider parking at the **Buncombe Street Parking Garage** during these times.

Thanks for helping us support our neighbors and share our space with grace!

Summer Sunday Singing Is Here!

Ever wanted to sing in the choir—or just love to sing? Join Linda and Corey in the sanctuary at 9:15 AM on Sundays this summer for fun, no-pressure singing. No robes, no procession—just music, fellowship, and joy. All are welcome!

Chancel Choir Fall Kickoff | SAT, AUG 23 | 5:00 PM

Join us for dinner and fellowship at the home of Lauralee and Mike Bailey as we kick off the fall season! All Chancel Choir members, along with their families and friends, are invited. Questions? **Contact Linda Haggard**.

A Big Day at Central! | SUN, AUG 24

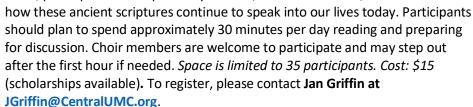
Join us for a special day of welcome, celebration, and preparation:

- Welcome Breakfast for Maggie Christy | 8:45 AM
 Come meet and greet Maggie Christy, our new Director of Children and Youth Discipleship, during a breakfast in her honor during the Sunday School hour.
- Promotion Sunday | During Worship
 We'll celebrate all children and youth moving into new age groups and
 classes. Families are encouraged to attend as we bless our young people
 and the adults who guide them.
- Leadership Central | 11:15 AM 3:30 PM
 All committee and ministry leaders are invited to this important miniretreat to connect, plan, and set direction for the coming year. Lunch provided!

Old Testament 101 | WEDNESDAYS, SEP 3-DEC 17 | 5:30 PM

Ever wished you knew the Bible better? This fall, Rev. Mary Brown and Rick Kuenning will co-lead a 12-week in-person group study titled Old Testament

101. Whether you're new to the Bible or simply looking to deepen your understanding, this accessible overview will help you become more confident in reading and interpreting the Old Testament. Each week, participants will explore key themes, historical context, and



United Women in Faith Circles Resume!

<u> </u>						
	Eve Circle	TUE, SEP 2	10:00 AM			
	Ruth Circle	TUE, SEP 2	10:00 AM			
	Anna Circle	TUE, SEP 3	9:30 AM			
	Deborah Circle	TUE, SEP 9	10:00 AM			
	Martha Circle	TUE, SEP 9	6:30 PM			
	Unnamed Women's Circle	TUE, SEP 10	6:00 PM			

Children & Youth Fall Kickoff | SUN, SEP 7

Celebrate the start of Fall Programming! After Worship, join us for our Table 2
Table all-church meal provided by Equal Plates Project. Suggested donation: \$10
per person. Kids 4 and under eat free. Max family cost: \$30. Everyone is
welcome—whether you can cover the meal or not. Plus, Kona Ice will be on site
for a sweet treat! Program Kickoff Times; Youth Choir & Kids Club | 11:15
AM, Children's Choir | 11:45 AM

Youth Group and Cookout with Maggie Christy | SUN, SEP 7 | 5:00 PM

All middle and high school students—and their families—are invited to Haw Creek for an evening of youth group fun, food, and fellowship as we kick off the year and welcome our new Director of Children & Youth Discipleship, Maggie!

PUSHOUT Documentary | SAT, SEP 13 | 10:00 AM: Join us for a special screening of Pushout. This film challenges stereotypes and sheds light on the barriers Black girls face in our education system. All are welcome to attend and participate in a post-screening discussion.

Upper Room Cost Update

The cost for The Upper Room devotional has increased. Starting July 28, the price will be \$2.00 for the regular print edition and \$3.00 for the large print edition. Copies are available in the reception area.

Equal Plates Project Fundraiser | THU, SEP 18 | 5:00 PM: Join Equal Plates Project (EPP) for a seasonal dinner & creative mocktails featuring local ingredients by James Beard – nominate chef, John Fleer along with EPP chefs. For tickets and pricing scan the QR Code:

A Service of Remembrance for Hurricane Helene | FRI, SEP 26 | 4:00 PM On September 27, 2024, our community experienced the devastating impact of Hurricane Helene. In the days that followed, we came together—neighbor to neighbor—to survive, recover, and begin to rebuild. Now, one year later, we invite you to gather once again for A Service of Remembrance, a joint offering from First Presbyterian Church, Trinity Episcopal Church, and Central.

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Through prayer, Scripture, and song, we will grieve what was lost, remember what we endured, and find hope in what still unites us. All are welcome.

College Student Care Ministry: Central UMC sends our college students a note, devotional, and small gift card four times a year to remind them they're loved. If you'd like your student included, email their current mailing address to Jan at JGriffin@CentralUMC.org by late September. First mailing goes out in October.

Central.Congregational Care.



Recovering from a medical event? Maybe Recovery Care Resources can be of help!

Recovery Care Resources (RCR) is a unique care ministry offered by Central to support both our church members and the wider community. RCR is designed for individuals

returning home after a hospital or rehab stay, or recovering from a medical event, who may not have easy access to help from family, friends, or neighbors. RCR provides assistance in connecting with appropriate community resources to help ensure a smooth recovery. If this sounds like a service that could benefit you or someone you know, please contact Pastor Lisa for more information.



Pastoral Care Ministry

Taking care of our church family is important to our pastoral staff. It is important to *let them know* if you are homebound, facing surgery, other medical procedures or treatment so that phone calls, visits, and Communion can be arranged.

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