

SAIL AWAY SPA & SAUNA

WAIVER OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT

Participant Information

Full Name: _____

Date of Birth: _____

Phone Number: _____

Email: _____

Emergency Contact Name & Phone: _____

1. Acknowledgment of Risk

I understand that the use of spa and sauna facilities, even when used privately and responsibly, involves potential risks, including but not limited to:

- Overheating, dehydration, dizziness, or fainting
- Slips, trips, and falls due to wet or slick surfaces
- Health complications due to underlying medical conditions
- Adverse reactions from prolonged heat exposure
- Use of the facilities without on-site supervision

I acknowledge that I am solely responsible for my health and safety while using the facilities.

2. Self-Service Use

I understand that Sail Away Spa & Sauna operates as a self-service spa, and that:

- I will not be supervised during my session
- I must follow all posted instructions and guidelines
- I am responsible for ensuring the facilities are used safely and respectfully
- I must immediately exit the sauna if I feel unwell.

3. Medical Considerations

I certify that:

☐ I am in good health and have no medical condition that would prevent me from safely using a sauna or spa

☐ I have consulted with my physician, or I voluntarily assume the risk without such consultation

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If pregnant, I confirm that I have consulted my doctor before using the facilities.

☐ I am pregnant (if applicable) and have received medical clearance to participate.

4. Release and Waiver

In consideration for being allowed to use the spa and sauna facilities, I hereby release, waive, and discharge Sail Away Spa & Sauna, its owners, employees, agents, and affiliates from any and all liability, claims, demands, or causes of action for injury, illness, death, or property damage resulting from or related to my use of the facilities.

I voluntarily assume all risks, known or unknown, associated with my use of the spa and sauna, whether caused by negligence or otherwise.

5. Agreement to Rules

I agree to:

- Use the facilities responsibly and respectfully
- Not bring alcohol or drugs into the spa
- Avoid use while under the influence of substances
- Keep all sessions private (no unauthorized guests)
- Notify staff immediately if any issues arise.

6. Legal

This waiver shall be governed by the laws of the State of California. If any portion of this agreement is found to be invalid, the remainder shall continue in full force and effect.

Signature

Participant Signature: _____ Date: _____

Parent/Guardian Signature (if under 18): _____ Date: _____