HOW TO WAVE THE LULAV

The *lulav*, is made up of four species of trees. (See description on the previous two pages.) It is waved during Tabernacles (*Sukkot*) each day before or during the morning service. The only day it is not waved is on the Sabbath (*Shabbat*). Hold the entire *lulav* in the right hand and the citron fruit (*etrog*) in the left hand with your hands touching. With the arms outstretched, everyone shakes the *lulav* three times in each direction: first to the front while facing Jerusalem (east), then to the right (south), over the shoulder to your back (west), to the left (north), above to heaven, and then down towards the earth. The following prayer is said while waving the *lulav*:



TRANSLITERATED AND IN ENGLISH (FACE EAST)

I (FACE EAST)
UP x3 DOWN x3 (to Heaven) (to earth)
l'oh-LAHM <u>h</u> ahs-DOH. all eternity His love endures
DOWN x3
<u>h</u> ahs-DOH. His love endures."
P x3 DOWN x3
ah nah. ah nah. us now. us now.