# Light vs. Darkness - Parent & Child Take-Home Sheet

This Week 's Lesson: Light vs. Darkness - Walking in the Truth

Bible Passage: 1 John 1:5–7 (CSB)

Memory Verse: "Jesus spoke to them again: 'I am the light of the world. Anyone who follows me

will never walk in the darkness but will have the light of life. ' – John 8:12 (CSB)

#### **Lesson Summary (For Parents)**

Today your child learned that God is light and there is no darkness in Him. We talked about how walking in darkness means hiding sin, but walking in the light means living truthfully, obeying God, and trusting Jesus to cleanse us from sin.

#### Talk About It (Parent–Child Discussion Questions)

- 1. What does it mean that God is light?
- 2. Why can 't we say we follow Jesus but still live in darkness?
- 3. What are some examples of walking in the light at home or school?
- 4. Why is Jesus the only one who can cleanse us from sin?

## **Family Prayer**

God, thank You for being the light. Thank You for sending Jesus so we can be forgiven. Help us to leave behind darkness and live as children of the light every day. In Jesus 'name, amen.

## Challenge for the Week

- Memorize John 8:12 together as a family.
- Share one way you chose to walk in the light this week.
- Parents: Tell your child about a time you had to choose light over darkness.

## **Encouragement for Parents**

Faith sticks best when it is practiced at home. Use moments during meals, rides in the car, or bedtime to ask your child how they are choosing to walk in the light and to pray together as a family.