



# APPRENTICESHIP GUIDE



## BIBLE READING PLAN

2ND EDITION

## About this Booklet

This booklet is designed to help you understand the process of spiritual growth—and how Thrive’s programming can support you on that journey.

The material in this booklet embraces the natural rhythm of life—our **daily practices** as apprentices of Jesus, the weekly Sabbath, the annual rhythm of church life, and a three-year Apprenticeship to Jesus. You will also see the stages of spiritual development that mark our lifelong journey toward spiritual maturity.

How NOT to use this booklet: This is not a checklist of tasks to complete. Instead, it’s a guide to help you consider what lifelong apprenticeship to Jesus can look like. Thrive’s programming simply provides direction and insight into how the Lord transforms our character over time.

## The Three-Year Apprenticeship at Thrive

In modern Western culture, discipleship is often shaped by a Greek-style model of education: information-based, curriculum-driven, and focused on knowledge retention. While this approach has value for learning doctrine, it does little to transform character. True spiritual growth is about character transformation. We go from who we were to who Jesus is.

In Jesus’ day, a rabbi called people to apprentice under him. Apprenticeship was “learning along the way,” much like how electricians or plumbers learn through hands-on experience. It’s about process, not pass/fail.

Our Three-Year Apprenticeship at Thrive offers a series of intentional spiritual experiences designed to help you grow “along the way,” learning with and from more seasoned followers of Jesus.

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## Thrive Three Year Apprenticeship Journey

### Most people begin in the crowd:

As part of the crowd, you might attend Sunday services regularly or intermittently and join in holiday events like Easter and Christmas. However, you're not actively engaging in the seven spiritual growth ingredients or participating in key events like the Growth Track, Prayer & Fasting Weeks, Spiritual Retreats, Serve Day, or the Bible-in-a-Year discussion group.

### In your first apprenticeship year, we recommend that you:

Complete the four-week Growth Track and engage in key discipleship events: Sunday services, Prayer & Fasting Weeks, Men's Camp or Women's retreat, Serve Day, and Holiday events (Passover Seder, Easter, Christmas). Most importantly, join the Bible-in-a-Year discussion group.

### Year 2:

In your second year of apprenticeship, participate in the same Thrive Apprenticeship calendar events as in year one. **But now**, lead a table at the Bible-in-a-Year discussion group, provided you attended for most of the previous year. Complete Semesters 1 and 2 of the **Thrive Leadership Academy** (TLA).

### Year 3:

Continue participating in the Thrive Apprenticeship calendar of events. Complete Semesters 3 and 4 of the Thrive Leadership Academy (TLA). Attend the Thrive **Small Group Academy** and take on the role of leading a small group.



## Daily Apprenticeship

According to research at the Center for Bible Engagement (Scientific Evidence for the Power of 4; 2012) research shows that people who engage with Scripture at least four times per week experience measurable life change. That's why our Bible-in-a-Year plan is built for daily, lifelong Scripture engagement.

In Jesus' day, Scripture reading was always communal—personal Bibles didn't exist. Transformation happens not only through reading but through wrestling with Scripture together. Our Bible-in-a-Year discussion groups are designed to help you do just that—read, reflect, question, and grow together as apprentices of Jesus.

## Bible in a Year Discussion Groups

Weekly discussion groups accompany the daily readings, creating a space for meaningful conversations and deeper engagement. These groups help bring the Bible to life. We'd love for you to join us! Learn more or sign up by going to [www.wearethrive.org](http://www.wearethrive.org) and click the “**Small Groups**” tab to look for “**Bible in a Year.**”

Questions? Email [aaron@wearethrive.org](mailto:aaron@wearethrive.org).

## What Makes Thrive's Bible Reading Plan Unique?

### **Focus on Intentionality, Not Just a Checklist:**

Unlike traditional one-year Bible plans that prioritize finishing the Bible in a year, our plan emphasizes intentional readings while still covering the entire Bible in one year.

Each day, the Proverbs are the first reading portion. This is because, in the beginning, many people struggle with the volume of reading. Therefore, consider reading just the Proverbs as you begin to develop the habit of opening up the scriptures daily. Once Bible reading has become a daily spiritual discipline, then you can expand the volume of the reading.

### **Balanced Old and New Testament Readings:**

Chronological plans often spend most of the year in the Old Testament, delaying New Testament readings until late in the year. Our plan ensures a balance by including New Testament readings throughout, while still following a chronological order.

### **Gospel Readings Spread Throughout the Year:**

Traditional plans place the Gospels (Matthew, Mark, Luke, and John) back-to-back, which can feel repetitive. Our plan spreads the Gospels across the year, allowing readers to revisit Jesus' life and teachings consistently.



# JANUARY

## JANUARY 1

- ☐ Proverbs 1:1-6
- ☐ Matthew 1:1-2:12
- ☐ Psalm 1:1-6
- ☐ Genesis 1:1-31

## JANUARY 2

- ☐ Proverbs 1:7-9
- ☐ Matthew 2:13-3:6
- ☐ Psalm 2:1-12
- ☐ Genesis 2:1-25

## JANUARY 3

- ☐ Proverbs 1:10-19
- ☐ Matthew 3:7-4:11
- ☐ Psalm 3:1-8
- ☐ Genesis 3:1-24

## JANUARY 4

- ☐ Proverbs 1:20-23
- ☐ Matthew 4:12-25
- ☐ Psalm 4:1-8
- ☐ Genesis 4:1-26

## JANUARY 5

- ☐ Proverbs 1:24-27
- ☐ Matthew 5:1-26
- ☐ Psalm 5:1-12
- ☐ Genesis 5:1-32

## JANUARY 6

- ☐ Proverbs 1:28-33
- ☐ Matthew 5:27-48
- ☐ Psalm 6:1-10
- ☐ Genesis 6:1-22

## JANUARY 7

- ☐ Proverbs 2:1-5
- ☐ Matthew 6:1-24
- ☐ Psalm 7:1-9
- ☐ Genesis 7:1-24

## JANUARY 8

- ☐ Proverbs 2:6-15
- ☐ Matthew 6:25-7:14
- ☐ Psalm 7:10-17
- ☐ Genesis 8:1-22

## JANUARY 9

- ☐ Proverbs 2:16-22
- ☐ Matthew 7:15-29
- ☐ Psalm 8:1-9
- ☐ Genesis 9:1-28

## JANUARY 10

- ☐ Proverbs 3:1-6
- ☐ Matthew 8:1-17
- ☐ Psalm 9:1-12
- ☐ Genesis 10:1-32

## JANUARY 11

- ☐ Proverbs 3:7-8
- ☐ Matthew 8:18-34
- ☐ Psalm 9:13-20
- ☐ Genesis 11:1-32

## JANUARY 12

- ☐ Proverbs 3:9-10
- ☐ Matthew 9:1-17
- ☐ Psalm 10:1-11
- ☐ Genesis 12:1-19

## JANUARY 13

- ☐ Proverbs 3:11-12
- ☐ Matthew 9:18-38
- ☐ Psalm 10:12-18
- ☐ Genesis 13:1-14:24

## JANUARY 14

- ☐ Proverbs 3:13-15
- ☐ Matthew 10:1-23
- ☐ Psalm 11:1-7
- ☐ Genesis 15:1-21

## JANUARY 15

- ☐ Proverbs 3:16-18
- ☐ Matthew 10:24-11:6
- ☐ Psalm 12:1-8
- ☐ Genesis 16:1-18:15

## JANUARY 16

- ☐ Proverbs 3:19-20
- ☐ Matthew 11:7-30
- ☐ Psalm 13:1-6
- ☐ Genesis 18:16-19:38

## JANUARY 17

- ☐ Proverbs 3:21-26
- ☐ Matthew 12:1-21
- ☐ Psalm 14:1-7
- ☐ Genesis 20:1-22:24

## JANUARY 18

- ☐ Proverbs 3:27-32
- ☐ Matthew 12:22-45
- ☐ Psalm 15:1-5
- ☐ Genesis 23:1-24:51

### JANUARY 19

- ☐ Proverbs 3:33-35
- ☐ Matthew 12:46-13:23
- ☐ Psalm 16:1-6
- ☐ Genesis 24:52-26:16

### JANUARY 24

- ☐ Proverbs 4:20-27
- ☐ Matthew 15:29-16:12
- ☐ Psalm 18:37-50
- ☐ Genesis 32:13-34:31

### JANUARY 29

- ☐ Proverbs 6:1-5
- ☐ Matthew 19:13-30
- ☐ Psalm 22:1-18
- ☐ Genesis 42:18-43:34

### JANUARY 20

- ☐ Proverbs 4:1-6
- ☐ Matthew 13:24-46
- ☐ Psalm 16:7-11
- ☐ Genesis 26:17-27:46

### JANUARY 25

- ☐ Proverbs 5:1-6
- ☐ Matthew 16:13-17:9
- ☐ Psalm 19:1-6
- ☐ Genesis 35:1-36:43

### JANUARY 30

- ☐ Proverbs 6:6-11
- ☐ Matthew 20:1-28
- ☐ Psalm 22:19-31
- ☐ Genesis 44:1-45:28

### JANUARY 21

- ☐ Proverbs 4:7-10
- ☐ Matthew 13:47-14:12
- ☐ Psalm 17:1-15
- ☐ Genesis 28:1-29:35

### JANUARY 26

- ☐ Proverbs 5:7-14
- ☐ Matthew 17:10-27
- ☐ Psalm 19:7-14
- ☐ Genesis 37:1-38:30

### JANUARY 31

- ☐ Proverbs 6:12-15
- ☐ Matthew 20:29-21:22
- ☐ Psalm 23:1-6
- ☐ Genesis 46:1-47:31

### JANUARY 22

- ☐ Proverbs 4:11-13
- ☐ Matthew 14:13-36
- ☐ Psalm 18:1-15
- ☐ Genesis 30:1-31:16

### JANUARY 27

- ☐ Proverbs 5:15-21
- ☐ Matthew 18:1-20
- ☐ Psalm 20:1-9
- ☐ Genesis 39:1-41:16

### JANUARY 23

- ☐ Proverbs 4:14-19
- ☐ Matthew 15:1-28
- ☐ Psalm 18:16-36
- ☐ Genesis 31:17-32:12

### JANUARY 28

- ☐ Proverbs 5:22-23
- ☐ Matthew 18:21-19:12
- ☐ Psalm 21:1-13
- ☐ Genesis 41:17-42:17



# FEBRUARY

## FEBRUARY 1

- Proverbs 6:16-19
- Matthew 21:23-46
- Psalm 24:1-10
- Genesis 48:1-49:33

## FEBRUARY 2

- Proverbs 6:20-26
- Matthew 22:1-33
- Psalm 25:1-15
- Genesis 50:1-26

## FEBRUARY 3

- Proverbs 6:27-35
- Matthew 22:34-23:12
- Psalm 25:16-22
- Exodus 1:1-2:10

## FEBRUARY 4

- Proverbs 7:1-5
- Matthew 23:13-39
- Psalm 26:1-12
- Exodus 2:11-3:22

## FEBRUARY 5

- Proverbs 7:6-23
- Matthew 24:1-28
- Psalm 27:1-6
- Exodus 4:1-5:21

## FEBRUARY 6

- Proverbs 7:24-27
- Matthew 24:29-51
- Psalm 27:7-14
- Exodus 5:22-7:25

## FEBRUARY 7

- Proverbs 8:1-11
- Matthew 25:1-30
- Psalm 28:1-9
- Exodus 8:1-9:35

## FEBRUARY 8

- Proverbs 8:12-16
- Matthew 25:31-26:13
- Psalm 29:1-11
- Exodus 10:1-12:13

## FEBRUARY 9

- Proverbs 8:17-21
- Matthew 26:14-46
- Psalm 30:1-12
- Exodus 12:14-13:16

## FEBRUARY 10

- Proverbs 8:22-31
- Matthew 26:47-68
- Psalm 31:1-8
- Exodus 13:17-15:18

## FEBRUARY 11

- Proverbs 8:32-36
- Matthew 26:69-27:10
- Psalm 31:9-18
- Exodus 15:19-17:7

## FEBRUARY 12

- Proverbs 9:1-6
- Matthew 27:11-31
- Psalm 31:19-24
- Exodus 17:8-18:27

## FEBRUARY 13

- Proverbs 9:7-9
- Matthew 27:32-66
- Psalm 32:1-11
- Exodus 19:1-25

## FEBRUARY 14

- Proverbs 9:10
- Matthew 28:1-20
- Psalm 33:1-11
- Exodus 20:1-21:11

## FEBRUARY 15

- Proverbs 9:11-12
- Acts 1:1-26
- Psalm 33:12-22
- Exodus 21:12-23:13

### FEBRUARY 16

- ☐ Proverbs 9:13-18
- ☐ Acts 2:1-47
- ☐ Psalm 34:1-10
- ☐ Exodus 23:14-25:40

### FEBRUARY 21

- ☐ Proverbs 10:8-9
- ☐ Acts 7:1-29
- ☐ Psalm 37:1-11
- ☐ Exodus 32:1-33:23

### FEBRUARY 26

- ☐ Proverbs 10:17
- ☐ Acts 9:26-43
- ☐ Psalm 39:1-13
- ☐ Leviticus 1:1-3:17

### FEBRUARY 17

- ☐ Proverbs 10:1-2
- ☐ Acts 3:1-26
- ☐ Psalm 34:11-22
- ☐ Exodus 26:1-27:21

### FEBRUARY 22

- ☐ Proverbs 10:10
- ☐ Acts 7:30-50
- ☐ Psalm 37:12-29
- ☐ Exodus 34:1-35:9

### FEBRUARY 27

- ☐ Proverbs 10:18
- ☐ Acts 10:1-23
- ☐ Psalm 40:1-10
- ☐ Leviticus 4:1-5:19

### FEBRUARY 18

- ☐ Proverbs 10:3
- ☐ Acts 4:1-37
- ☐ Psalm 35:1-16
- ☐ Exodus 28:1-43

### FEBRUARY 23

- ☐ Proverbs 10:11-12
- ☐ Acts 7:51-8:13
- ☐ Psalm 37:30-40
- ☐ Exodus 35:10-36:38

### FEBRUARY 28

- ☐ Proverbs 10:19
- ☐ Acts 10:24-48
- ☐ Psalm 40:11-17
- ☐ Leviticus 6:1-7:27

### FEBRUARY 19

- ☐ Proverbs 10:4-5
- ☐ Acts 5:1-42
- ☐ Psalm 35:17-28
- ☐ Exodus 29:1-30:10

### FEBRUARY 24

- ☐ Proverbs 10:13-14
- ☐ Acts 8:14-40
- ☐ Psalm 38:1-12
- ☐ Exodus 37:1-38:31

### FEBRUARY 20

- ☐ Proverbs 10:6-7
- ☐ Acts 6:1-15
- ☐ Psalm 36:1-12
- ☐ Exodus 30:11-31:18

### FEBRUARY 25

- ☐ Proverbs 10:15-16
- ☐ Acts 9:1-25
- ☐ Psalm 38:13-22
- ☐ Exodus 39:1-40:38

# MARCH

## MARCH 1

- ☐ Proverbs 10:20-21
- ☐ Acts 11:1-30
- ☐ Psalm 41:1-13
- ☐ Leviticus 7:28-9:6

## MARCH 2

- ☐ Proverbs 10:22
- ☐ Acts 12:1-19
- ☐ Psalm 42:1-11
- ☐ Leviticus 9:7-10:20

## MARCH 3

- ☐ Proverbs 10:23
- ☐ Acts 12:20-13:12
- ☐ Psalm 43:1-5
- ☐ Leviticus 11:1-12:8

## MARCH 4

- ☐ Proverbs 10:24-25
- ☐ Acts 13:13-41
- ☐ Psalm 44:1-8
- ☐ Leviticus 13:1-59

## MARCH 5

- ☐ Proverbs 10:26
- ☐ Acts 13:42-14:7
- ☐ Psalm 44:9-26
- ☐ Leviticus 14:1-57

## MARCH 6

- ☐ Proverbs 10:27-28
- ☐ Acts 14:8-28
- ☐ Psalm 45:1-9
- ☐ Leviticus 15:1-16:28

## MARCH 7

- ☐ Proverbs 10:29-30
- ☐ Acts 15:1-35
- ☐ Psalm 45:10-17
- ☐ Leviticus 16:29-18:30

## MARCH 8

- ☐ Proverbs 10:31-32
- ☐ Acts 15:36-16:15
- ☐ Psalm 46:1-11
- ☐ Leviticus 19:1-20:21

## MARCH 9

- ☐ Proverbs 11:1-3
- ☐ Acts 16:16-40
- ☐ Psalm 47:1-9
- ☐ Leviticus 20:22-22:16

## MARCH 10

- ☐ Proverbs 11:4
- ☐ Acts 17:1-34
- ☐ Psalm 48:1-14
- ☐ Leviticus 22:17-23:44

## MARCH 11

- ☐ Proverbs 11:5-6
- ☐ Acts 18:1-22
- ☐ Psalm 49:1-9
- ☐ Leviticus 24:1-25:46

## March 12

- ☐ Proverbs 11:7
- ☐ Acts 18:23-19:7
- ☐ Psalm 49:10-20
- ☐ Leviticus 25:47-27:13

## MARCH 13

- ☐ Proverbs 11:8
- ☐ Acts 19:8-41
- ☐ Psalm 50:1-6
- ☐ Leviticus 27:14-34

## MARCH 14

- ☐ Proverbs 11:9-11
- ☐ Acts 20:1-38
- ☐ Psalm 50:7-15
- ☐ Numbers 1:1-54

## MARCH 15

- ☐ Proverbs 11:12-13
- ☐ Acts 21:1-17
- ☐ Psalm 50:16-23
- ☐ Numbers 2:1-3:51

## MARCH 16

- ☐ Proverbs 11:14
- ☐ Acts 21:18-36
- ☐ Psalm 51:1-6
- ☐ Numbers 4:1-5:31

## MARCH 17

- ☐ Proverbs 11:15
- ☐ Acts 21:37-22:16
- ☐ Psalm 51:7-13
- ☐ Numbers 6:1-7:89

## March 18

- ☐ Proverbs 11:16-17
- ☐ Acts 22:17-23:10
- ☐ Psalm 51:14-19
- ☐ Numbers 8:1-9:23



### MARCH 19

- ☐ Proverbs 11:18-19
- ☐ Acts 23:11-35
- ☐ Psalm 52:1-9
- ☐ Numbers 10:1-11:23

### MARCH 20

- ☐ Proverbs 11:20-21
- ☐ Acts 24:1-27
- ☐ Psalm 53:1-6
- ☐ Numbers 11:24-13:33

### MARCH 21

- ☐ Proverbs 11:22
- ☐ Acts 25:1-27
- ☐ Psalm 54:1-7
- ☐ Numbers 14:1-15:16

### MARCH 22

- ☐ Proverbs 11:23
- ☐ Acts 26:1-32
- ☐ Psalm 55:1-8
- ☐ Numbers 15:17-16:40

### MARCH 23

- ☐ Proverbs 11:24-26
- ☐ Acts 27:1-20
- ☐ Psalm 55:9-16
- ☐ Numbers 16:41-18:32

### MARCH 24

- ☐ Proverbs 11:27
- ☐ Acts 27:21-44
- ☐ Psalm 65:17-23
- ☐ Numbers 19:1-20:29

### MARCH 25

- ☐ Proverbs 11:28
- ☐ Acts 28:1-31
- ☐ Psalm 56:1-13
- ☐ Numbers 21:1-22:20

### MARCH 26

- ☐ Proverbs 11:29-31
- ☐ Mark 1:1-28
- ☐ Psalm 57:1-11
- ☐ Numbers 22:21-23:30

### MARCH 27

- ☐ Proverbs 12:1
- ☐ Mark 1:29-2:12
- ☐ Psalm 58:1-11
- ☐ Numbers 24:1-25:18

### MARCH 28

- ☐ Proverbs 12:2-3
- ☐ Mark 2:13-3:6
- ☐ Psalm 59:1-17
- ☐ Numbers 26:1-51

### MARCH 29

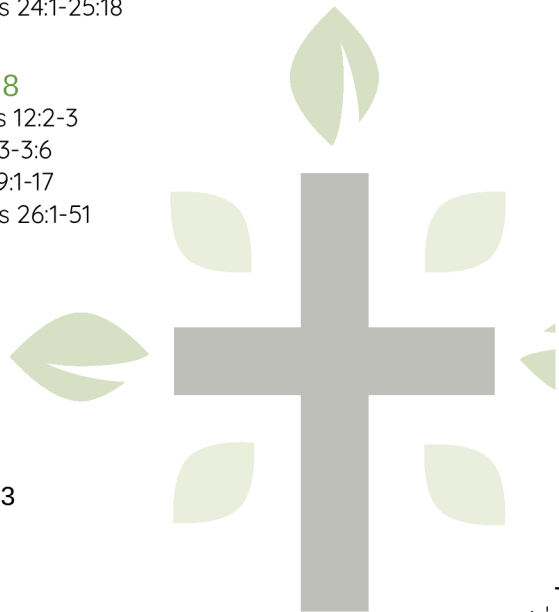
- ☐ Proverbs 12:4
- ☐ Mark 3:7-30
- ☐ Psalm 60:1-11
- ☐ Numbers 26:52-28:15

### MARCH 30

- ☐ Proverbs 12:5-7
- ☐ Mark 3:31-4:25
- ☐ Psalm 61:1-8
- ☐ Numbers 28:16-29:40

### MARCH 31

- ☐ Proverbs 12:8-9
- ☐ Mark 4:26-5:20
- ☐ Psalm 62:1-12
- ☐ Numbers 30:1-31:54



# APRIL

## APRIL 1

- ☐ Proverbs 12:10
- ☐ Mark 5:21-43
- ☐ Psalm 63:1-11
- ☐ Numbers 32:1-33:39

## APRIL 2

- ☐ Proverbs 12:11
- ☐ Mark 6:1-29
- ☐ Psalm 64:1-10
- ☐ Numbers 33:40-35:34

## APRIL 3

- ☐ Proverbs 12:12-14
- ☐ Mark 6:30-56
- ☐ Psalm 65:1-13
- ☐ Numbers 36:1-13

## APRIL 4

- ☐ Proverbs 12:15-17
- ☐ Mark 7:1-23
- ☐ Psalm 66:1-7
- ☐ Deuteronomy 1:1-46

## APRIL 5

- ☐ Proverbs 12:18
- ☐ Mark 7:24-8:10
- ☐ Psalm 66:8-15
- ☐ Deuteronomy 2:1-3:29

## APRIL 6

- ☐ Proverbs 12:19-20
- ☐ Mark 8:11-38
- ☐ Psalm 66:16-20
- ☐ Deuteronomy 4:1-49

## APRIL 7

- ☐ Proverbs 12:21-23
- ☐ Mark 9:1-29
- ☐ Psalm 67:1-7
- ☐ Deuteronomy 5:1-32

## APRIL 8

- ☐ Proverbs 12:24
- ☐ Mark 9:30-10:12
- ☐ Psalm 68:1-6
- ☐ Deuteronomy 6:1-25

## APRIL 9

- ☐ Proverbs 12:25
- ☐ Mark 10:13-31
- ☐ Psalm 68:7-10
- ☐ Deuteronomy 7:1-28

## APRIL 10

- ☐ Proverbs 12:26
- ☐ Mark 10:32-52
- ☐ Psalm 68:11-18
- ☐ Deuteronomy 8:1-20

## APRIL 11

- ☐ Proverbs 12:27-28
- ☐ Mark 11:1-26
- ☐ Psalm 68:19-23
- ☐ Deuteronomy 9:1-10:22

## APRIL 12

- ☐ Proverbs 13:1
- ☐ Mark 11:27-12:17
- ☐ Psalm 68:24-35
- ☐ Deuteronomy 11:1-12:32

## APRIL 13

- ☐ Proverbs 13:2-3
- ☐ Mark 12:18-37
- ☐ Psalm 69:1-12
- ☐ Deuteronomy 13:1-15:23

## APRIL 14

- ☐ Proverbs 13:4
- ☐ Mark 12:38-13:13
- ☐ Psalm 69:13-18
- ☐ Deuteronomy 16:1-17:20

## APRIL 15

- ☐ Proverbs 13:5-6
- ☐ Mark 13:14-37
- ☐ Psalm 69:19-28
- ☐ Deuteronomy 18:1-20:20

#### APRIL 16

- ☐ Proverbs 13:7-8
- ☐ Mark 14:1-26
- ☐ Psalm 69:29-36
- ☐ Deuteronomy 21:1-22:30

#### APRIL 21

- ☐ Proverbs 13:17-19
- ☐ Galatians 1:1-24
- ☐ Psalm 73:1-11
- ☐ Deuteronomy 31:1-32:27

#### APRIL 26

- ☐ Proverbs 14:5-6
- ☐ Galatians 5:1-12
- ☐ Psalm 74:18-23
- ☐ Joshua 3:1-4:24

#### APRIL 17

- ☐ Proverbs 13:9-10
- ☐ Mark 14:27-52
- ☐ Psalm 70:1-5
- ☐ Deuteronomy 23:1-25:19

#### APRIL 22

- ☐ Proverbs 13:20-23
- ☐ Galatians 2:1-16
- ☐ Psalm 73:12-20
- ☐ Deuteronomy 32:28-52

#### APRIL 27

- ☐ Proverbs 14:7-8
- ☐ Galatians 5:13-26
- ☐ Psalm 75:1-10
- ☐ Joshua 5:1-7:15

#### APRIL 18

- ☐ Proverbs 13:11
- ☐ Mark 14:53-72
- ☐ Psalm 71:1-24
- ☐ Deuteronomy 26:1-27:26

#### APRIL 23

- ☐ Proverbs 13:24-25
- ☐ Galatians 2:17-3:9
- ☐ Psalm 73:21-28
- ☐ Deuteronomy 33:1-29

#### APRIL 28

- ☐ Proverbs 14:9-10
- ☐ Galatians 6:1-18
- ☐ Psalm 76:1-12
- ☐ Joshua 7:16-9:2

#### APRIL 19

- ☐ Proverbs 13:12-14
- ☐ Mark 15:1-47
- ☐ Psalm 72:1-11
- ☐ Deuteronomy 28:1-68

#### APRIL 24

- ☐ Proverbs 14:1-2
- ☐ Galatians 3:10-22
- ☐ Psalm 74:1-8
- ☐ Deuteronomy 34:1-12

#### APRIL 29

- ☐ Proverbs 14:11-12 1
- ☐ 1 Thessalonians 1:1-2:8
- ☐ Psalm 77:1-12
- ☐ Joshua 9:3-10:43

#### APRIL 20

- ☐ Proverbs 13:15-16
- ☐ Mark 16:1-20
- ☐ Psalm 72:12-20
- ☐ Deuteronomy 29:1-30:20

#### APRIL 25

- ☐ Proverbs 14:3-4
- ☐ Galatians 3:23-4:31
- ☐ Psalm 74:9-17
- ☐ Joshua 1:1-2:24

#### APRIL 30

- ☐ Proverbs 14:13-14
- ☐ 1 Thessalonians 2:9-3:13
- ☐ Psalm 77:12-20
- ☐ Joshua 11:1-12:24

# MAY

## MAY 1

- ☐ Proverbs 14:15-16
- ☐ 1 Thessalonians 4:1-5:3
- ☐ Psalm 78:1-8
- ☐ Joshua 13:1-14:15

## MAY 2

- ☐ Proverbs 14:17-19
- ☐ 1 Thessalonians 5:4-28
- ☐ Psalm 78:9-16
- ☐ Joshua 15:1-63

## MAY 3

- ☐ Proverbs 14:20-21
- ☐ 2 Thessalonians 1:1-12
- ☐ Psalm 78:17-31
- ☐ Joshua 16:1-18:28

## MAY 4

- ☐ Proverbs 14:22-24
- ☐ 2 Thessalonians 2:1-17
- ☐ Psalm 78:32-39
- ☐ Joshua 19:1-20:9

## MAY 5

- ☐ Proverbs 14:25
- ☐ 2 Thessalonians 3:1-18
- ☐ Psalm 78:40-55
- ☐ Joshua 21:1-22:20

## MAY 6

- ☐ Proverbs 14:26-27
- ☐ 1 Corinthians 1:1-17
- ☐ Psalm 78:56-64
- ☐ Joshua 22:21-23:16

## May 7

- ☐ Proverbs 14:28-29
- ☐ 1 Corinthians 1:18-2:5
- ☐ Psalm 78:65-72
- ☐ Joshua 24:1-33

## May 8

- ☐ Proverbs 14:30-31
- ☐ 1 Corinthians 2:6-3:4
- ☐ Psalm 79:1-8
- ☐ Judges 1:1-2:9

## May 9

- ☐ Proverbs 14:32-33
- ☐ 1 Corinthians 3:5-23
- ☐ Psalm 79:9-13
- ☐ Judges 2:10-3:31

## May 10

- ☐ Proverbs 14:34-35
- ☐ 1 Corinthians 4:1-21
- ☐ Psalm 80:1-11
- ☐ Judges 4:1-5:31

## May 11

- ☐ Proverbs 15:1-3
- ☐ 1 Corinthians 5:1-13
- ☐ Psalm 80:12-19
- ☐ Judges 6:1-40

## May 12

- ☐ Proverbs 15:4
- ☐ 1 Corinthians 6:1-20
- ☐ Psalm 81:1-7
- ☐ Judges 7:1-8:17

## May 13

- ☐ Proverbs 15:5-7
- ☐ 1 Corinthians 7:1-24
- ☐ Psalm 81:8-16
- ☐ Judges 8:18-9:21

## May 14

- ☐ Proverbs 15:8-10
- ☐ 1 Corinthians 7:25-40
- ☐ Psalm 82:1-8
- ☐ Judges 9:22-10:18

## May 15

- ☐ Proverbs 15:11
- ☐ 1 Corinthians 8:1-13
- ☐ Psalm 83:1-8
- ☐ Judges 11:1-12:15

## May 16

- ☐ Proverbs 15:12-14
- ☐ 1 Corinthians 9:1-18
- ☐ Psalm 83:9-18
- ☐ Judges 13:1-14:20

## May 17

- ☐ Proverbs 15:15-17
- ☐ 1 Corinthians 9:19-10:13
- ☐ Psalm 84:1-7
- ☐ Judges 15:1-16:31

## May 18

- ☐ Proverbs 15:18-19
- ☐ 1 Corinthians 10:14-33
- ☐ Psalm 84:8-12
- ☐ Judges 17:1-18:31

### MAY 19

- ☐ Proverbs 15:20-21
- ☐ 1 Corinthians 11:1-16
- ☐ Psalm 85:1-7
- ☐ Judges 19:1-20:48

### MAY 20

- ☐ Proverbs 15:22-23
- ☐ 1 Corinthians 11:17-34
- ☐ Psalm 85:8-13
- ☐ Judges 21:1-25

### MAY 21

- ☐ Proverbs 15:24-26
- ☐ 1 Corinthians 12:1-26
- ☐ Psalm 86:1-4
- ☐ Ruth 1:1-22

### MAY 22

- ☐ Proverbs 15:27-28
- ☐ 1 Corinthians 12:27-13:13
- ☐ Psalm 86:5-10
- ☐ Ruth 2:1-4:22

### MAY 23

- ☐ Proverbs 15:29-30
- ☐ 1 Corinthians 14:1-17
- ☐ Psalm 86:11-17
- ☐ 1 Samuel 1:1-2:21

### May 24

- ☐ Proverbs 15:31-32
- ☐ 1 Corinthians 14:18-40
- ☐ Psalm 87:1-7
- ☐ 1 Samuel 2:22-4:22

### May 25

- ☐ Proverbs 15:33
- ☐ 1 Corinthians 15:1-28
- ☐ Psalm 88:1-12
- ☐ 1 Samuel 5:1-7:17

### May 26

- ☐ Proverbs 16:1-3
- ☐ 1 Corinthians 15:29-58
- ☐ Psalm 88:13-18
- ☐ 1 Samuel 8:1-9:27

### May 27

- ☐ Proverbs 16:4-5
- ☐ 1 Corinthians 16:1-24
- ☐ Psalm 89:1-8
- ☐ 1 Samuel 10:1-11:15

### May 28

- ☐ Proverbs 16:6-7
- ☐ 2 Corinthians 1:1-11
- ☐ Psalm 89:9-13
- ☐ 1 Samuel 12:1-13:23

### May 29

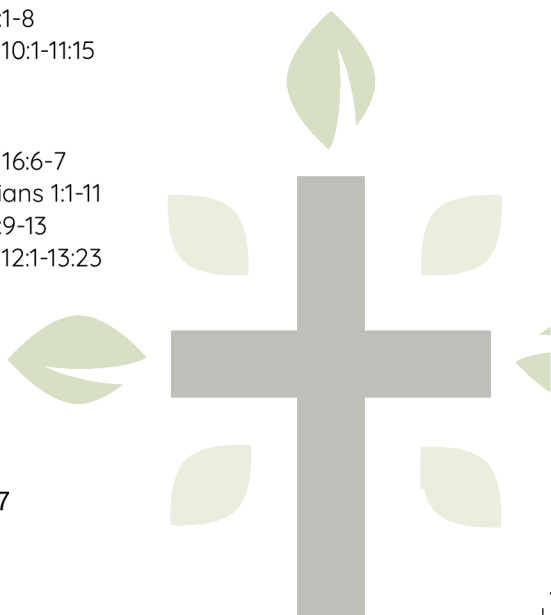
- ☐ Proverbs 16:8-9
- ☐ 2 Corinthians 1:12-2:11
- ☐ Psalm 89:14-18
- ☐ 1 Samuel 14:1-52

### May 30

- ☐ Proverbs 16:10-11
- ☐ 2 Corinthians 2:12-17
- ☐ Psalm 89:19-29
- ☐ 1 Samuel 15:1-16:23

### May 31

- ☐ Proverbs 16:12-13
- ☐ 2 Corinthians 3:1-18
- ☐ Psalm 89:30-37
- ☐ 1 Samuel 17:1-18:4



# JUNE

## JUNE 1

- ☐ Proverbs 16:14-15
- ☐ 2 Corinthians 4:1-12
- ☐ Psalm 89:38-45
- ☐ 1 Samuel 18:5-19:24

## JUNE 2

- ☐ Proverbs 16:16-17
- ☐ 2 Corinthians 4:13-5:10
- ☐ Psalm 89:46-52
- ☐ 1 Samuel 20:1-21:15

## JUNE 3

- ☐ Proverbs 16:18
- ☐ 2 Corinthians 5:11-21
- ☐ Psalm 90:1-10
- ☐ 1 Samuel 22:1-23:29

## JUNE 4

- ☐ Proverbs 16:19-20
- ☐ 2 Corinthians 6:1-13
- ☐ Psalm 90:11-17
- ☐ 1 Samuel 24:1-25:44

## JUNE 5

- ☐ Proverbs 16:21-23
- ☐ 2 Corinthians 6:14-7:7
- ☐ Psalm 91:1-8
- ☐ 1 Samuel 26:1-28:25

## JUNE 6

- ☐ Proverbs 16:24
- ☐ 2 Corinthians 7:8-16
- ☐ Psalm 91:9-16
- ☐ 1 Samuel 29:1-31:13

## JUNE 7

- ☐ Proverbs 16:25
- ☐ 2 Corinthians 8:1-15
- ☐ Psalm 92:1-7
- ☐ 2 Samuel 1:1-2:11

## JUNE 8

- ☐ Proverbs 16:26-27
- ☐ 2 Corinthians 8:16-24
- ☐ Psalm 92:8-15
- ☐ 1 Chronicles 1:1-2:17

## JUNE 9

- ☐ Proverbs 16:28-30
- ☐ 2 Corinthians 9:1-15
- ☐ Psalm 93:1-5
- ☐ 2 Samuel 2:12-3:39

## JUNE 10

- ☐ Proverbs 16:31-33
- ☐ 2 Corinthians 10:1-18
- ☐ Psalm 94:1-11
- ☐ 1 Chronicles 2:18-4:4

## JUNE 11

- ☐ Proverbs 17:1
- ☐ 2 Corinthians 11:1-15
- ☐ Psalm 94:12-16
- ☐ 2 Samuel 4:1-6:23

## JUNE 12

- ☐ Proverbs 17:2-3
- ☐ 2 Corinthians 11:16-33
- ☐ Psalm 94:17-23
- ☐ 1 Chronicles 4:5-5:17

## JUNE 13

- ☐ Proverbs 17:4-5
- ☐ 2 Corinthians 12:1-10
- ☐ Psalm 95:1-11
- ☐ 2 Samuel 7:1-8:18

## JUNE 14

- ☐ Proverbs 17:6
- ☐ 2 Corinthians 12:11-21
- ☐ Psalm 96:1-6
- ☐ 1 Chronicles 5:18-6:81

## JUNE 15

- ☐ Proverbs 17:7-8 2
- ☐ 2 Corinthians 13:1-14
- ☐ Psalm 96:7-13
- ☐ 2 Samuel 9:1-11:27

### JUNE 16

- ☐ Proverbs 17:9-11
- ☐ Romans 1:1-17
- ☐ Psalm 97:1-7
- ☐ 1 Chronicles 7:1-8:40

### JUNE 17

- ☐ Proverbs 17:12-13
- ☐ Romans 1:18-32
- ☐ Psalm 97:8-12
- ☐ 2 Samuel 12:1-31

### JUNE 18

- ☐ Proverbs 17:14-15
- ☐ Romans 2:1-24
- ☐ Psalm 98:1-9
- ☐ 1 Chronicles 9:1-10:14

### JUNE 19

- ☐ Proverbs 17:16
- ☐ Romans 2:25-3:8
- ☐ Psalm 99:1-9
- ☐ 2 Samuel 13:1-39

### JUNE 20

- ☐ Proverbs 17:17-18
- ☐ Romans 3:9-31
- ☐ Psalm 100:1-5
- ☐ 1 Chronicles 11:1-12:18

### JUNE 21

- ☐ Proverbs 17:19-21
- ☐ Romans 4:1-12
- ☐ Psalm 101:1-8
- ☐ 2 Samuel 14:1-15:22

### JUNE 22

- ☐ Proverbs 17:22
- ☐ Romans 4:13-5:5
- ☐ Psalm 102:1-11
- ☐ 1 Chronicles 12:19-14:17

### JUNE 23

- ☐ Proverbs 17:23
- ☐ Romans 5:6-21
- ☐ Psalm 102:12-17
- ☐ 2 Samuel 15:23-16:23

### JUNE 24

- ☐ Proverbs 17:24-25
- ☐ Romans 6:1-23
- ☐ Psalm 102:18-22
- ☐ 1 Chronicles 15:1-15:29

### JUNE 25

- ☐ Proverbs 17:26
- ☐ Romans 7:1-13
- ☐ Psalm 102:23-28
- ☐ 1 Chronicles 16:1-16:36

### JUNE 26

- ☐ Proverbs 17:27-28
- ☐ Romans 7:14-8:8
- ☐ Psalm 103:1-5
- ☐ 2 Samuel 17:1-29

### JUNE 27

- ☐ Proverbs 18:1
- ☐ Romans 8:9-25
- ☐ Psalm 103:6-12
- ☐ 1 Chronicles 16:37-18:17

### JUNE 28

- ☐ Proverbs 18:2-3
- ☐ Romans 8:26-39
- ☐ Psalm 103:13-18
- ☐ 1 Chronicles 19:1-21:30

### JUNE 29

- ☐ Proverbs 18:4-5
- ☐ Romans 9:1-24
- ☐ Psalm 103:19-22
- ☐ 1 Chronicles 22:1-23:32

### JUNE 30

- ☐ Proverbs 18:6-7
- ☐ Romans 9:25-10:13
- ☐ Psalm 104:1-9
- ☐ 2 Samuel 18:1-19:10

# JULY

## JULY 1

- ☐ Proverbs 18:8
- ☐ Romans 10:14-11:12
- ☐ Psalm 104:10-23
- ☐ 2 Samuel 19:11-20:13

## JULY 2

- ☐ Proverbs 18:9-10
- ☐ Romans 11:13-36
- ☐ Psalm 104:24-30
- ☐ 1 Chronicles 24:1-26:11

## JULY 3

- ☐ Proverbs 18:11-12
- ☐ Romans 12:1-21
- ☐ Psalm 104:31-35
- ☐ 2 Samuel 20:14-21:22

## JULY 4

- ☐ Proverbs 18:13
- ☐ Romans 13:1-14
- ☐ Psalm 105:1-11
- ☐ 1 Chronicles 26:12-27:34

## JULY 5

- ☐ Proverbs 18:14-15
- ☐ Romans 14:1-23
- ☐ Psalm 105:12-22
- ☐ 2 Samuel 22:1-23:23

## JULY 6

- ☐ Proverbs 18:16-18
- ☐ Romans 15:1-22
- ☐ Psalm 105:23-36
- ☐ 1 Chronicles 28:1-29:30

## JULY 7

- ☐ Proverbs 18:19
- ☐ Romans 15:23-16:9
- ☐ Psalm 105:37-45
- ☐ 2 Samuel 23:24-24:25

## JULY 8

- ☐ Proverbs 18:20-21
- ☐ Romans 16:10-27
- ☐ Psalm 106:1-12

## JULY 9

- ☐ Proverbs 18:22
- ☐ Ephesians 1:1-23
- ☐ Psalm 106:13-23
- ☐ 1 Kings 1:1-53

## JULY 10

- ☐ Proverbs 18:23-24
- ☐ Ephesians 2:1-22
- ☐ Psalm 106:24-31
- ☐ 1 Kings 2:1-3:2

## JULY 11

- ☐ Proverbs 19:1-3
- ☐ Ephesians 3:1-21
- ☐ Psalm 106:32-39
- ☐ 1 Kings 3:3-4:34

## JULY 12

- ☐ Proverbs 19:4-5
- ☐ Ephesians 4:1-16
- ☐ Psalm 106:40-48
- ☐ 1 Kings 5:1-6:38

## JULY 13

- ☐ Proverbs 19:6-7
- ☐ Ephesians 4:17-32
- ☐ Psalm 107:1-9
- ☐ 2 Chronicles 1:1-3:17

## JULY 14

- ☐ Proverbs 19:8-9
- ☐ Ephesians 5:1-33
- ☐ Psalm 107:10-16
- ☐ 1 Kings 7:1-51

## JULY 15

- ☐ Proverbs 19:10-12
- ☐ Ephesians 6:1-24
- ☐ Psalm 107:17-22
- ☐ 2 Chronicles 4:1-6:11

## JULY 16

- ☐ Proverbs 19:13-14
- ☐ Colossians 1:1-17
- ☐ Psalm 107:23-32
- ☐ 1 Kings 8:1-66

## JULY 17

- ☐ Proverbs 19:15-16
- ☐ Colossians 1:18-2:7
- ☐ Psalm 107:33-43
- ☐ 2 Chronicles 6:12-8:10

## JULY 18

- ☐ Proverbs 19:17
- ☐ Colossians 2:8-23
- ☐ Psalm 108:1-5
- ☐ 1 Kings 9:1-10:29



### JULY 19

- ☐ Proverbs 19:18-19
- ☐ Colossians 3:1-17
- ☐ Psalm 108:6-13
- ☐ 2 Chronicles 8:11-10:19

### JULY 24

- ☐ Proverbs 19:27-29
- ☐ Philippians 2:19-3:3
- ☐ Psalm 111:1-10
- ☐ 1 Kings 14:1-15:24

### JULY 29

- ☐ Proverbs 20:8-10
- ☐ Titus 3:1-15
- ☐ Psalm 115:9-18
- ☐ 2 Chronicles 21:1-23:21

### JULY 20

- ☐ Proverbs 19:20-21
- ☐ Colossians 3:18-4:18
- ☐ Psalm 109:1-15
- ☐ 1 Kings 11:1-12:19

### JULY 25

- ☐ Proverbs 20:1
- ☐ Philippians 3:4-21
- ☐ Psalm 112:1-10
- ☐ 2 Chronicles 17:1-18:34

### JULY 30

- ☐ Proverbs 20:8-10
- ☐ Titus 3:1-15
- ☐ Psalm 115:9-18
- ☐ 2 Chronicles 21:1-23:21

### JULY 21

- ☐ Proverbs 19:22-23
- ☐ Philemon 1:1-25
- ☐ Psalm 109:16-20
- ☐ 2 Chronicles 11:1-13:22

### JULY 26

- ☐ Proverbs 20:2-3
- ☐ Philippians 4:1-23
- ☐ Psalm 113:1-9
- ☐ 1 Kings 15:25-17:24

### JULY 31

- ☐ Proverbs 20:12
- ☐ 1 Timothy 2:1-15
- ☐ Psalm 116:12-19
- ☐ 2 Chronicles 24:1-25:28

### JULY 22

- ☐ Proverbs 19:24-25
- ☐ Philippians 1:1-26
- ☐ Psalm 109:21-31
- ☐ 1 Kings 12:20-13:34

### JULY 27

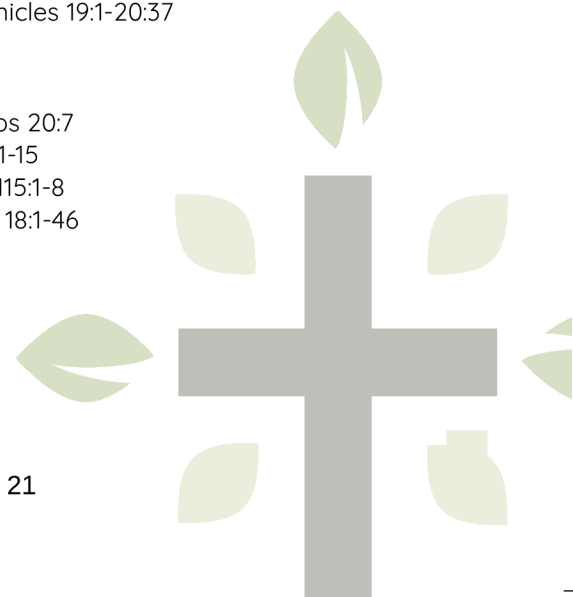
- ☐ Proverbs 20:4-6
- ☐ Titus 1:1-16
- ☐ Psalm 114:1-8
- ☐ 2 Chronicles 19:1-20:37

### JULY 23

- ☐ Proverbs 19:26
- ☐ Philippians 1:27-2:18
- ☐ Psalm 110:1-7
- ☐ 2 Chronicles 14:1-16:14

### JULY 28

- ☐ Proverbs 20:7
- ☐ Titus 2:1-15
- ☐ Psalm 115:1-8
- ☐ 1 Kings 18:1-46



# AUGUST

## AUGUST 1

- ☐ Proverbs 20:13-15
- ☐ 1 Timothy 3:1-16
- ☐ Psalm 117:1-2
- ☐ 1 Kings 20:1-21:29

## AUGUST 2

- ☐ Proverbs 20:16-18
- ☐ 1 Timothy 4:1-16
- ☐ Psalm 118:1-9
- ☐ 2 Chronicles 26:1-28:27

## AUGUST 3

- ☐ Proverbs 20:19
- ☐ 1 Timothy 5:1-25
- ☐ Psalm 118:10-18
- ☐ 1 Kings 22:1-53

## AUGUST 4

- ☐ Proverbs 20:20-21 1
- ☐ 1 Timothy 6:1-21
- ☐ Psalm 118:19-24
- ☐ Isaiah 1:1-2:22

## AUGUST 5

- ☐ Proverbs 20:22-23
- ☐ 2 Timothy 1:1-18
- ☐ Psalm 118:25-29
- ☐ 2 Kings 1:1-2:25

## AUGUST 6

- ☐ Proverbs 20:24-25
- ☐ 2 Timothy 2:1-21
- ☐ Psalm 119:1-8
- ☐ Isaiah 3:1-5:30

## AUGUST 7

- ☐ Proverbs 20:26-27
- ☐ 2 Timothy 2:22-3:17
- ☐ Psalm 119:9-16
- ☐ 2 Kings 3:1-4:17

## AUGUST 8

- ☐ Proverbs 20:28-30
- ☐ 2 Timothy 4:1-22
- ☐ Psalm 119:17-24
- ☐ Isaiah 6:1-7:25

## AUGUST 9

- ☐ Proverbs 21:1-2
- ☐ Luke 1:1-25
- ☐ Psalm 119:25-32
- ☐ 2 Kings 4:18-5:27

## AUGUST 10

- ☐ Proverbs 21:3
- ☐ Luke 1:26-56
- ☐ Psalm 119:33-40
- ☐ Isaiah 8:1-9:21

## AUGUST 11

- ☐ Proverbs 21:4
- ☐ Luke 1:57-80
- ☐ Psalm 119:41-48
- ☐ 2 Kings 6:1-7:20

## AUGUST 12

- ☐ Proverbs 21:5-7
- ☐ Luke 2:1-35
- ☐ Psalm 119:49-56
- ☐ Isaiah 10:1-11:17

## AUGUST 13

- ☐ Proverbs 21:8-10
- ☐ Luke 2:36-52
- ☐ Psalm 119:57-64
- ☐ 2 Kings 8:1-9:13

## AUGUST 14

- ☐ Proverbs 21:11-12
- ☐ Luke 3:1-22
- ☐ Psalm 119:65-72
- ☐ Amos 1:1-3:15

## AUGUST 15

- ☐ Proverbs 21:13
- ☐ Luke 3:23-38
- ☐ Psalm 119:73-80
- ☐ 2 Kings 9:14-10:31

## AUGUST 16

- ☐ Proverbs 21:14-16
- ☐ Luke 4:1-30
- ☐ Psalm 119:81-88
- ☐ Amos 4:1-6:14

## AUGUST 17

- ☐ Proverbs 21:17-18
- ☐ Luke 4:31-5:11
- ☐ Psalm 119:89-96
- ☐ 2 Kings 10:32-12:21

## AUGUST 18

- ☐ Proverbs 21:19-20
- ☐ Luke 5:12-28
- ☐ Psalm 119:97-104
- ☐ Amos 7:1-9:15

### AUGUST 19

- ☐ Proverbs 21:21-22
- ☐ Luke 5:29-6:11
- ☐ Psalm 119:105-112
- ☐ 2 Kings 13:1-14:29

### AUGUST 20

- ☐ Proverbs 21:23-24
- ☐ Luke 6:12-38
- ☐ Psalm 119:113-120
- ☐ Hosea 1:1-3:5

### AUGUST 21

- ☐ Proverbs 21:25-26
- ☐ Luke 6:39-7:10
- ☐ Psalm 119:121-128
- ☐ 2 Kings 15:1-16:20

### AUGUST 22

- ☐ Proverbs 21:27
- ☐ Luke 7:11-35
- ☐ Psalm 119:129-136
- ☐ Hosea 4:1-5:15

### AUGUST 23

- ☐ Proverbs 21:28-29
- ☐ Luke 7:36-8:3
- ☐ Psalm 119:137-144
- ☐ 2 Kings 17:1-18:12

### AUGUST 24

- ☐ Proverbs 21:30-31
- ☐ Luke 8:4-21
- ☐ Psalm 119:145-152
- ☐ Hosea 6:1-9:17

### AUGUST 25

- ☐ Proverbs 22:1
- ☐ Luke 8:22-39
- ☐ Psalm 119:153-160
- ☐ 2 Chronicles 29:1-36

### AUGUST 26

- ☐ Proverbs 22:2-4
- ☐ Luke 8:40-9:6
- ☐ Psalm 119:161-168
- ☐ Hosea 10:1-14:9

### AUGUST 27

- ☐ Proverbs 22:5-6
- ☐ Luke 9:7-27
- ☐ Psalm 119:169-176
- ☐ 2 Kings 18:13-19:37

### AUGUST 28

- ☐ Proverbs 22:7
- ☐ Luke 9:28-50
- ☐ Psalm 120:1-7
- ☐ Micah 1:1-4:13

### AUGUST 29

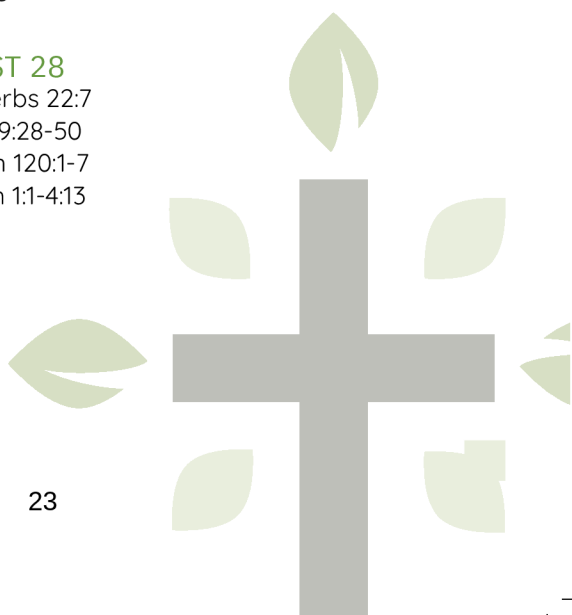
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- ☐ Luke 9:51-10:12
- ☐ Psalm 121:1-8
- ☐ 2 Chronicles 30:1-31:21

### AUGUST 30

- ☐ Proverbs 22:10-12
- ☐ Luke 10:13-37
- ☐ Psalm 122:1-9
- ☐ Micah 5:1-7:20

### AUGUST 31

- ☐ Proverbs 22:13
- ☐ Luke 10:38-11:13
- ☐ Psalm 123:1-4
- ☐ Jonah 1:1-4:11



# SEPTEMBER

## SEPTEMBER 1

- ☐ Proverbs 22:14
- ☐ Luke 11:14-36
- ☐ Psalm 124:1-8
- ☐ Isaiah 12:1-14:32

## SEPTEMBER 2

- ☐ Proverbs 22:15
- ☐ Luke 11:37-12:7
- ☐ Psalm 125:1-5
- ☐ Nahum 1:1-3:19

## SEPTEMBER 3

- ☐ Proverbs 22:16
- ☐ Luke 12:8-34
- ☐ Psalm 126:1-6
- ☐ Isaiah 15:1-18:7

## SEPTEMBER 4

- ☐ Proverbs 22:17-19
- ☐ Luke 12:35-59
- ☐ Psalm 127:1-5
- ☐ Zephaniah 1:1-3:20

## SEPTEMBER 5

- ☐ Proverbs 22:20-21
- ☐ Luke 13:1-21
- ☐ Psalm 128:1-6
- ☐ Isaiah 19:1-21:17

## SEPTEMBER 6

- ☐ Proverbs 22:22-23
- ☐ Luke 13:22-14:6
- ☐ Psalm 129:1-8
- ☐ Jeremiah 1:1-2:30

## SEPTEMBER 7

- ☐ Proverbs 22:24-25
- ☐ Luke 14:7-35
- ☐ Psalm 130:1-8
- ☐ Isaiah 22:1-24:23

## SEPTEMBER 8

- ☐ Proverbs 22:26-27
- ☐ Luke 15:1-32
- ☐ Psalm 131:1-3
- ☐ Isaiah 25:1-28:13

## SEPTEMBER 9

- ☐ Proverbs 22:28-29
- ☐ Luke 16:1-18
- ☐ Psalm 132:1-9
- ☐ Jeremiah 2:31-4:18

## SEPTEMBER 10

- ☐ Proverbs 23:1-3
- ☐ Luke 16:19-17:10
- ☐ Psalm 132:10-18
- ☐ Isaiah 28:14-30:11

## SEPTEMBER 11

- ☐ Proverbs 23:4-5
- ☐ Luke 17:11-37
- ☐ Psalm 133:1-3
- ☐ Jeremiah 4:19-6:15

## SEPTEMBER 12

- ☐ Proverbs 23:6-8
- ☐ Luke 18:1-17
- ☐ Psalm 134:1-3
- ☐ Isaiah 30:12-33:9

## SEPTEMBER 13

- ☐ Proverbs 23:9-11
- ☐ Luke 18:18-43
- ☐ Psalm 135:1-7
- ☐ Jeremiah 6:16-8:7

## SEPTEMBER 14

- ☐ Proverbs 23:12
- ☐ Luke 19:1-27
- ☐ Psalm 135:8-12
- ☐ Isaiah 33:10-36:22

## SEPTEMBER 15

- ☐ Proverbs 23:13-14
- ☐ Luke 19:28-48
- ☐ Psalm 135:13-21
- ☐ Jeremiah 8:8-9:26

### SEPTEMBER 16

- ☐ Proverbs 23:15-16
- ☐ Luke 20:1-26
- ☐ Psalm 136:1-9
- ☐ Isaiah 37:1-38:22

### SEPTEMBER 21

- ☐ Proverbs 23:24
- ☐ Luke 22:35-53
- ☐ Psalm 139:1-6
- ☐ Jeremiah 14:11-16:15

### SEPTEMBER 26

- ☐ Proverbs 24:5-6
- ☐ James 1:1-18
- ☐ Psalm 140:1-5
- ☐ Habakkuk 1:1-3:19

### SEPTEMBER 17

- ☐ Proverbs 23:17-18
- ☐ Luke 20:27-47
- ☐ Psalm 136:10-16
- ☐ Jeremiah 10:1-11:23

### SEPTEMBER 22

- ☐ Proverbs 23:25-28
- ☐ Luke 22:54-23:12
- ☐ Psalm 139:7-12
- ☐ Lamentations 3:1-66

### SEPTEMBER 27

- ☐ Proverbs 24:7
- ☐ James 1:19-2:17
- ☐ Psalm 140:6-13
- ☐ Jeremiah 22:1-23:20

### SEPTEMBER 18

- ☐ Proverbs 23:19-21
- ☐ Luke 21:1-28
- ☐ Psalm 136:17-26
- ☐ Isaiah 39:1-41:16

### SEPTEMBER 23

- ☐ Proverbs 23:29-35
- ☐ Luke 23:13-43
- ☐ Psalm 139:13-16
- ☐ Jeremiah 16:16-18:23

### SEPTEMBER 28

- ☐ Proverbs 24:8
- ☐ James 2:18-3:18
- ☐ Psalm 141:1-4
- ☐ Obadiah 1:1-21

### SEPTEMBER 19

- ☐ Proverbs 23:22
- ☐ Luke 21:29-22:13
- ☐ Psalm 137:1-9
- ☐ Jeremiah 12:1-14:10

### SEPTEMBER 24

- ☐ Proverbs 24:1-2
- ☐ Luke 23:44-24:12
- ☐ Psalm 139:17-22
- ☐ Lamentations 4:1-5:22

### SEPTEMBER 29

- ☐ Proverbs 24:9-10
- ☐ James 4:1-17
- ☐ Psalm 141:5-10
- ☐ Jeremiah 23:21-25:38

### SEPTEMBER 20

- ☐ Proverbs 23:23
- ☐ Luke 22:14-34
- ☐ Psalm 138:1-8
- ☐ Lamentations 1:1-2:22

### SEPTEMBER 25

- ☐ Proverbs 24:3-4
- ☐ Luke 24:13-53
- ☐ Psalm 139:23-24
- ☐ Jeremiah 19:1-21:14

### SEPTEMBER 30

- ☐ Proverbs 24:11-12
- ☐ James 5:1-20
- ☐ Psalm 142:1-7
- ☐ Joel 1:1-3:21

# OCTOBER

## OCTOBER 1

- ☐ Proverbs 24:13-14
- ☐ Hebrews 1:1-14
- ☐ Psalm 143:1-6
- ☐ Jeremiah 26:1-27:22

## OCTOBER 2

- ☐ Proverbs 24:15-16
- ☐ Hebrews 2:1-18
- ☐ Psalm 143:7-12
- ☐ 2 Kings 20:1-22:2

## OCTOBER 3

- ☐ Proverbs 24:17-20
- ☐ Hebrews 3:1-19
- ☐ Psalm 144:1-8
- ☐ Jeremiah 28:1-29:32

## OCTOBER 4

- ☐ Proverbs 24:21-22
- ☐ Hebrews 4:1-16
- ☐ Psalm 144:9-15
- ☐ 2 Chronicles 32:1-33:13

## OCTOBER 5

- ☐ Proverbs 24:23-25
- ☐ Hebrews 5:1-14
- ☐ Psalm 145:1-7
- ☐ Jeremiah 30:1-31:26

## OCTOBER 6

- ☐ Proverbs 24:26
- ☐ Hebrews 6:1-20
- ☐ Psalm 145:8-16
- ☐ Jeremiah 31:27-32:44

## OCTOBER 7

- ☐ Proverbs 24:27
- ☐ Hebrews 7:1-17
- ☐ Psalm 145:17-21
- ☐ 2 Kings 22:3-23:30

## OCTOBER 8

- ☐ Proverbs 24:28-29
- ☐ Hebrews 7:18-28
- ☐ Psalm 146:1-10
- ☐ Jeremiah 33:1-34:22

## OCTOBER 9

- ☐ Proverbs 24:30-34
- ☐ Hebrews 8:1-13
- ☐ Psalm 147:1-6
- ☐ 2 Chronicles 33:14-34:33

## OCTOBER 10

- ☐ Proverbs 25:1-5
- ☐ Hebrews 9:1-10
- ☐ Psalm 147:7-14
- ☐ Jeremiah 35:1-36:32

## OCTOBER 11

- ☐ Proverbs 25:6-8
- ☐ Hebrews 9:11-28
- ☐ Psalm 147:15-20
- ☐ 2 Kings 23:31-25:30

## OCTOBER 12

- ☐ Proverbs 25:9-10
- ☐ Hebrews 10:1-17
- ☐ Psalm 148:1-6
- ☐ Jeremiah 37:1-38:28

## OCTOBER 13

- ☐ Proverbs 25:11-14
- ☐ Hebrews 10:18-39
- ☐ Psalm 148:7-14
- ☐ 2 Chronicles 35:1-36:23

## OCTOBER 14

- ☐ Proverbs 25:15
- ☐ Hebrews 11:1-16
- ☐ Psalm 149:1-9
- ☐ Jeremiah 39:1-41:18

## OCTOBER 15

- ☐ Proverbs 25:16
- ☐ Hebrews 11:17-31
- ☐ Psalm 150:1-6
- ☐ Isaiah 41:17-43:13

## OCTOBER 16

- ☐ Proverbs 25:17
- ☐ Hebrews 11:32-12:13
- ☐ Ecclesiastes 1:1-18
- ☐ Jeremiah 42:1-44:23

## OCTOBER 17

- ☐ Proverbs 25:18-19
- ☐ Hebrews 12:14-29
- ☐ Ecclesiastes 2:1-26
- ☐ Isaiah 43:14-45:10

## OCTOBER 18

- ☐ Proverbs 25:20-22
- ☐ Hebrews 13:1-25
- ☐ Ecclesiastes 3:1-22
- ☐ Jeremiah 44:24-47:7

### OCTOBER 19

- ☐ Proverbs 25:23-24
- ☐ 1 Peter 1:1-12
- ☐ Ecclesiastes 4:1-16
- ☐ Isaiah 45:11-48:11

### OCTOBER 24

- ☐ Proverbs 26:6-8
- ☐ 2 Peter 1:1-21
- ☐ Ecclesiastes 8:1-17
- ☐ Jeremiah 51:1-53

### OCTOBER 29

- ☐ Proverbs 26:20
- ☐ 1 John 2:18-3:6
- ☐ Song of Songs 1:1-17
- ☐ Ezekiel 7:1-9:11

### OCTOBER 20

- ☐ Proverbs 25:25-27
- ☐ 1 Peter 1:13-2:10
- ☐ Ecclesiastes 5:1-19
- ☐ Jeremiah 48:1-49:22

### OCTOBER 25

- ☐ Proverbs 26:9-12
- ☐ 2 Peter 2:1-22
- ☐ Ecclesiastes 9:1-18
- ☐ Isaiah 54:1-57:14

### OCTOBER 30

- ☐ Proverbs 26:21-22
- ☐ 1 John 3:7-24
- ☐ Song of Songs 2:1-17
- ☐ Ezekiel 10:1-11:25

### OCTOBER 21

- ☐ Proverbs 25:28
- ☐ 1 Peter 2:11-3:7
- ☐ Ecclesiastes 6:1-12
- ☐ Isaiah 48:12-50:11

### OCTOBER 26

- ☐ Proverbs 26:13-16
- ☐ 2 Peter 3:1-18
- ☐ Ecclesiastes 10:1-20
- ☐ Jeremiah 51:54-52:34

### OCTOBER 31

- ☐ Proverbs 26:23
- ☐ 1 John 4:1-21
- ☐ Song of Songs 3:1-11
- ☐ Ezekiel 12:1-14:11

### OCTOBER 22

- ☐ Proverbs 26:1-2
- ☐ 1 Peter 3:8-4:6
- ☐ Ecclesiastes 7:1-12
- ☐ Jeremiah 49:23-50:46

### OCTOBER 27

- ☐ Proverbs 26:17
- ☐ 1 John 1:1-10
- ☐ Ecclesiastes 11:1-10
- ☐ Ezekiel 1:1-3:15

### OCTOBER 23

- ☐ Proverbs 26:3-5
- ☐ 1 Peter 4:7-5:14
- ☐ Ecclesiastes 7:13-29
- ☐ Isaiah 51:1-53:12

### OCTOBER 28

- ☐ Proverbs 26:18-19
- ☐ 1 John 2:1-17
- ☐ Ecclesiastes 12:1-14
- ☐ Ezekiel 3:16-6:14



# NOVEMBER

## NOVEMBER 1

- ☐ Proverbs 26:24-26
- ☐ 1 John 5:1-21
- ☐ Song of Songs 4:1-16
- ☐ Ezekiel 14:12-16:41

## NOVEMBER 2

- ☐ Proverbs 26:27
- ☐ 2 John 1:1-13
- ☐ Song of Songs 5:1-16
- ☐ Ezekiel 16:42-17:24

## NOVEMBER 3

- ☐ Proverbs 26:28
- ☐ 3 John 1:1-14
- ☐ Song of Songs 6:1-13
- ☐ Ezekiel 18:1-19:14

## NOVEMBER 4

- ☐ Proverbs 27:1-2
- ☐ Jude 1:1-25
- ☐ Song of Songs 7:1-13
- ☐ Ezekiel 20:1-49

## NOVEMBER 5

- ☐ Proverbs 27:3
- ☐ John 1:1-28
- ☐ Song of Songs 8:1-14
- ☐ Ezekiel 21:1-22:31

## NOVEMBER 6

- ☐ Proverbs 27:4-6
- ☐ John 1:29-51
- ☐ Job 1:1-22
- ☐ Ezekiel 23:1-49

## NOVEMBER 7

- ☐ Proverbs 27:7-9
- ☐ John 2:1-25
- ☐ Job 2:1-13
- ☐ Ezekiel 24:1-26:21

## NOVEMBER 8

- ☐ Proverbs 27:10
- ☐ John 3:1-21
- ☐ Job 3:1-26
- ☐ Daniel 1:1-2:23

## NOVEMBER 9

- ☐ Proverbs 27:11
- ☐ John 3:22-4:3
- ☐ Job 4:1-21
- ☐ Ezekiel 27:1-28:26

## NOVEMBER 10

- ☐ Proverbs 27:12
- ☐ John 4:4-42
- ☐ Job 5:1-16
- ☐ Daniel 2:24-3:30

## NOVEMBER 11

- ☐ Proverbs 27:13
- ☐ John 4:43-54
- ☐ Job 5:17-27
- ☐ Ezekiel 29:1-30:26

## NOVEMBER 12

- ☐ Proverbs 27:14
- ☐ John 5:1-23
- ☐ Job 6:1-13
- ☐ Daniel 4:1-37

## NOVEMBER 13

- ☐ Proverbs 27:15-16
- ☐ John 5:24-47
- ☐ Job 6:14-30
- ☐ Ezekiel 31:1-32:32

## NOVEMBER 14

- ☐ Proverbs 27:17
- ☐ John 6:1-21
- ☐ Job 7:1-21
- ☐ Daniel 5:1-31

## NOVEMBER 15

- ☐ Proverbs 27:18-20
- ☐ John 6:22-42
- ☐ Job 8:1-22
- ☐ Ezekiel 33:1-34:31



### NOVEMBER 16

- ☐ Proverbs 27:21-22
- ☐ John 6:43-71
- ☐ Job 9:1-20
- ☐ Daniel 6:1-28

### NOVEMBER 17

- ☐ Proverbs 27:23-27
- ☐ John 7:1-30
- ☐ Job 9:21-35
- ☐ Ezekiel 35:1-36:38

### NOVEMBER 18

- ☐ Proverbs 28:1
- ☐ John 7:31-53
- ☐ Job 10:1-22
- ☐ Daniel 7:1-28

### NOVEMBER 19

- ☐ Proverbs 28:2
- ☐ John 8:1-20
- ☐ Job 11:1-20
- ☐ Ezekiel 37:1-38:23

### NOVEMBER 20

- ☐ Proverbs 28:3-5
- ☐ John 8:21-30
- ☐ Job 12:1-25
- ☐ Daniel 8:1-27

### NOVEMBER 21

- ☐ Proverbs 28:6-7
- ☐ John 8:31-59
- ☐ Job 13:1-12
- ☐ Ezekiel 39:1-40:27

### NOVEMBER 22

- ☐ Proverbs 28:8-10
- ☐ John 9:1-41
- ☐ Job 13:13-28
- ☐ Daniel 9:1-11:1

### NOVEMBER 23

- ☐ Proverbs 28:11
- ☐ John 10:1-21
- ☐ Job 14:1-22
- ☐ Ezekiel 40:28-41:26

### NOVEMBER 24

- ☐ Proverbs 28:12-13
- ☐ John 10:22-42
- ☐ Job 15:1-16
- ☐ Daniel 11:2-35

### NOVEMBER 25

- ☐ Proverbs 28:14
- ☐ John 11:1-54
- ☐ Job 15:17-35
- ☐ Ezekiel 42:1-43:27

### NOVEMBER 26

- ☐ Proverbs 28:15-16
- ☐ John 11:55-12:19
- ☐ Job 16:1-22
- ☐ Daniel 11:36-12:13

### NOVEMBER 27

- ☐ Proverbs 28:17-18
- ☐ John 12:20-50
- ☐ Job 17:1-16
- ☐ Ezekiel 44:1-45:12

### NOVEMBER 28

- ☐ Proverbs 28:19-20
- ☐ John 13:1-30
- ☐ Job 18:1-21
- ☐ Isaiah 57:15-59:21

### NOVEMBER 29

- ☐ Proverbs 28:21-22
- ☐ John 13:31-14:14
- ☐ Job 19:1-29
- ☐ Ezekiel 45:13-46:24

### NOVEMBER 30

- ☐ Proverbs 28:23-24
- ☐ John 14:15-31
- ☐ Job 20:1-29
- ☐ Isaiah 60:1-62:5

# DECEMBER

## DECEMBER 1

- ☐ Proverbs 28:25-26
- ☐ John 15:1-27
- ☐ Job 21:1-16
- ☐ Ezekiel 47:1-48:35

## DECEMBER 2

- ☐ Proverbs 28:27-28
- ☐ John 16:1-33
- ☐ Job 21:17-34
- ☐ Isaiah 60:6-65:25

## DECEMBER 3

- ☐ Proverbs 29:1
- ☐ John 17:1-26
- ☐ Job 22:1-18
- ☐ Esther 1:1-3:15

## DECEMBER 4

- ☐ Proverbs 29:2-4
- ☐ John 18:1-24
- ☐ Job 22:19-30
- ☐ Isaiah 66:1-24

## DECEMBER 5

- ☐ Proverbs 29:5-8
- ☐ John 18:25-19:22
- ☐ Job 23:1-17
- ☐ Esther 4:1-7:10

## DECEMBER 6

- ☐ Proverbs 29:9-11
- ☐ John 19:23-42
- ☐ Job 24:1-25
- ☐ Ezra 1:1-2:70

## DECEMBER 7

- ☐ Proverbs 29:12-14
- ☐ John 20:1-31
- ☐ Job 25:1-26:14
- ☐ Esther 8:1-10:3

## DECEMBER 8

- ☐ Proverbs 29:15-17
- ☐ John 21:1-25
- ☐ Job 27:1-23
- ☐ Ezra 3:1-4:23

## DECEMBER 9

- ☐ Proverbs 29:18
- ☐ Revelation 1:1-20
- ☐ Job 28:1-28
- ☐ Nehemiah 1:1-3:14

## DECEMBER 10

- ☐ Proverbs 29:19-20
- ☐ Revelation 2:1-17
- ☐ Job 29:1-25
- ☐ Ezra 4:24-6:22

## DECEMBER 11

- ☐ Proverbs 29:21-22
- ☐ Revelation 2:18-3:6
- ☐ Job 30:1-15
- ☐ Nehemiah 3:15-5:13

## DECEMBER 12

- ☐ Proverbs 29:23
- ☐ Revelation 3:7-22
- ☐ Job 30:16-31
- ☐ Ezra 7:1-8:20

## DECEMBER 13

- ☐ Proverbs 29:24-25
- ☐ Revelation 4:1-11
- ☐ Job 31:1-23
- ☐ Nehemiah 5:14-7:73

## DECEMBER 14

- ☐ Proverbs 29:26-27
- ☐ Revelation 5:1-14
- ☐ Job 31:24-40
- ☐ Ezra 8:21-9:15

## DECEMBER 15

- ☐ Proverbs 30:1-4
- ☐ Revelation 6:1-17
- ☐ Job 32:1-22
- ☐ Nehemiah 7:32-9:21

## DECEMBER 16

- ☐ Proverbs 30:5-6
- ☐ Revelation 7:1-17
- ☐ Job 33:1-22
- ☐ Ezra 10:1-44

## DECEMBER 17

- ☐ Proverbs 30:7-9
- ☐ Revelation 8:1-13
- ☐ Job 33:23-33
- ☐ Nehemiah 9:22-10:39

## DECEMBER 18

- ☐ Proverbs 30:10
- ☐ Revelation 9:1-21
- ☐ Job 34:1-20
- ☐ Haggai 1:1-2:23

### DECEMBER 19

- ☐ Proverbs 30:11-14
- ☐ Revelation 10:1-11
- ☐ Job 34:21-37
- ☐ Nehemiah 11:1-12:26

### DECEMBER 20

- ☐ Proverbs 30:15-16
- ☐ Revelation 11:1-19
- ☐ Job 35:1-16
- ☐ Nehemiah 12:27-13:31

### DECEMBER 21

- ☐ Proverbs 30:17
- ☐ Revelation 12:1-17
- ☐ Job 36:1-15
- ☐ Zechariah 1:1-21

### DECEMBER 22

- ☐ Proverbs 30:18-20
- ☐ Revelation 13:1-18
- ☐ Job 36:16-33
- ☐ Zechariah 2:1-3:10

### DECEMBER 23

- ☐ Proverbs 30:21-23
- ☐ Revelation 14:1-20
- ☐ Job 37:1-24
- ☐ Zechariah 4:1-5:11

### DECEMBER 24

- ☐ Proverbs 30:24-28
- ☐ Revelation 15:1-8
- ☐ Job 38:1-18
- ☐ Zechariah 6:1-7:14

### DECEMBER 25

- ☐ Proverbs 30:29-31
- ☐ Revelation 16:1-21
- ☐ Job 38:19-41
- ☐ Zechariah 8:1-23

### DECEMBER 26

- ☐ Proverbs 30:32
- ☐ Revelation 17:1-18
- ☐ Job 39:1-12
- ☐ Zechariah 9:1-17

### DECEMBER 27

- ☐ Proverbs 30:33
- ☐ Revelation 18:1-24
- ☐ Job 39:13-30
- ☐ Zechariah 10:1-11:17

### DECEMBER 28

- ☐ Proverbs 31:1-7
- ☐ Revelation 19:1-21
- ☐ Job 40:1-24
- ☐ Zechariah 12:1-13:9

### DECEMBER 29

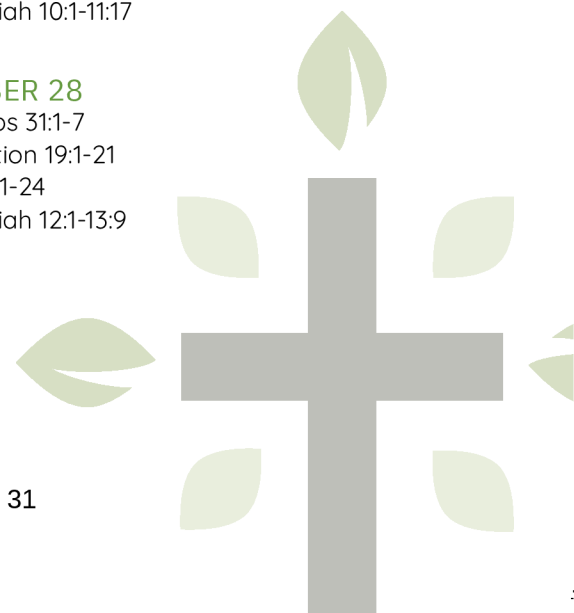
- ☐ Proverbs 31:8-9
- ☐ Revelation 20:1-15
- ☐ Job 41:1-11
- ☐ Zechariah 14:1-21

### DECEMBER 30

- ☐ Proverbs 31:10-24
- ☐ Revelation 21:1-27
- ☐ Job 41:12-34
- ☐ Malachi 1:1-2:17

### DECEMBER 31

- ☐ Proverbs 31:25-31
- ☐ Revelation 22:1-21
- ☐ Job 42:1-16
- ☐ Malachi 3:1-4:6



## Year 1 Review

List the things that you have seen God do in your life.

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## Year 2 Look-Ahead

List the things you're asking God to do in the future.  
What next steps are you considering in the coming year?

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## Year 2 Review

List the things that you have seen God do in your life.

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## Year 3 Look-Ahead

List the things you're asking God to do in the future.  
What next steps are you considering in the coming year?

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### Year 3 Review

List the things that you have seen God do in your life.

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### Year 4 Look-Ahead

List the things you're asking God to do in the future.  
What next steps are you considering in the coming year.

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## Weekly Discipleship Observances

The weekly Sabbath was a cornerstone of Jewish discipleship—and it remains vital today. In fact, the command to remember the Sabbath is not only one of the Ten Commandments but also the one given the most attention. It's as if God is saying, "If you keep this commandment, you'll be able to keep the others."

We can't love God or people well when we're hurried, burned out, or overextended. The Sabbath is God's built-in rhythm for rest and renewal after six days of doing too much in too little time.

Our Sabbath Devotional is designed to help you grow in your understanding of what makes this day holy and why God blesses this day uniquely.

### Suggestions on How You Might Observe the Sabbath

First, remember—there is no legalism in observing the Sabbath. This day is a gift from the Lord to refresh and renew us. We get to choose how we receive and use that gift. We can ignore it (to our detriment), or embrace it with joy—which nourishes our souls and accelerates our spiritual growth. That's exactly what Jesus desires for us.

Start by choosing a day that fits your life rhythm to "remember the Sabbath." This will be a 24-hour period set aside to appreciate the life Jesus has given you. Think of it like a mini Thanksgiving—a day of gratitude, feasting, and celebration!

Life happens, and sometimes your Sabbath day may need to shift. That's okay. There's no legalism in the gift of Sabbath. For most people who work during the week, Saturday evening to Sunday evening works best. Here's what that might look like for you:

## Preparing for the Sabbath

Use Saturday as your day of preparation—finish yard work, household chores, and any tasks that might distract you. Plan or prep your special Sabbath meal in advance.

Once preparation is complete, enter into your Sabbath rest from Saturday evening through Sunday evening. To truly receive God's gift of rest, set boundaries to protect the peace He wants to give you.

- To let your soul rest: avoid anything related to your profession or work.
- To let your attitude rest: stay away from media or social media that might steal your joy. If the news stirs frustration or anger, turn it off for 24 hours.
- To let your emotions rest: skip tense or corrective conversations with family. There are six other days for tough talks—this day is for delighting in those God has placed in your life.
- To let your body rest: hold off on big DIY projects or strenuous tasks that drain your energy.

## How the Keirstead Family Remembers the Sabbath

Our family rhythm may give you a starting point for your own. Don't feel pressured to copy it—use it as inspiration to find what fits your family best.

We begin by gathering around the dinner table. One of the ladies of the house lights the two Sabbath candles while the other recites the candle-lighting prayer. The two candles traditionally represent the words “remember” and “observe” from Exodus 20:8 and Deuteronomy 5:12.

In Jewish tradition, the Sabbath (Shabbat) is often personified as a queen or bride, symbolizing beauty, holiness, and relationship. Lighting the candles honors that sacred presence—welcoming the Sabbath with grace and joy.



**Candle-Lighting Prayer:**

“Blessed are You, O Lord our God, King of the universe, who created the Sabbath as Your gift to us—to strengthen our spirit through worship, renew our souls through gratitude, and restore our bodies through rest.”

After lighting the candles, one person reads a Bible verse and another shares the Sabbath devotional connected to it. Then, each person prays for both our natural and spiritual family’s needs.

When we finish praying, we light an LED candle that stays on until the 24-hour Sabbath ends. As we blow out the real candles, we say, “There go our worries and our stress.” Then we joyfully proclaim in our best Hebrew, “Shabbat Shalom!”—which means “peaceful Sabbath.”

Saturday night we either go out together or order in dinner to celebrate.

**Sunday on the Sabbath**

Sunday is for worship, prayer, generosity, and service. We not only tell the Lord we’re grateful—we show Him through our participation in the life of the Church.

After church, we enjoy our special Sabbath meal. In our house, that means homemade pizzas! Then we rest, relax, swim, enjoy dessert, laugh, and sometimes walk on the beach. These quiet family moments become lifelong memories.

**Concluding the Sabbath**

As the sun sets on Sunday, we say “goodbye for now” to the Sabbath. We relight the candles, turn off the LED light, and pray a final blessing of gratitude:

**Sabbath Conclusion Prayer:**

“Blessed are You, O Lord our God, King of the universe, who separates the holy from the ordinary, light from darkness, Your people from the nations. Blessed are You, O Lord, who distinguishes the holy seventh day from the six days of labor.”

We blow out the candles and say, “Goodbye, Sabbath,” already looking forward to the next time we can joyfully shout, “Shabbat Shalom!”

## Sabbath Devotionals

Included following are four brief devotionals to help you kick off your Sabbath. For more, visit our website: [wearethrive.org/sabbath](http://wearethrive.org/sabbath)

### Week 1

Genesis 2:2–3 – On the seventh day God had finished His work of creation, so He rested from all his work. And God blessed the seventh day and declared it holy, because it was the day when He rested from all His work of creation.

“The Hebrew word Shabbat means “to stop,” but it can also be translated “to delight,” It has the dual idea of stopping and also of enjoying God and our lives in this world. The Sabbath is an entire day set aside to follow God’s example to stop and to delight: To delight in the world... to delight in our lives in it and above all, to delight in God himself” (Ruthless Elimination of Hurry, by John Mark Comer, p. 155).

### Week 2

Matthew 5:17 – “Don’t misunderstand why I have come. I did not come to abolish the law of Moses or the writings of the prophets. No, I came to accomplish their purpose.”

“The Sabbath is not merely a good idea; it is one of the 10 Commandments. Jesus did not cancel or annul the idea of the Sabbath. In the 10 Commandments, the 4th (Sabbath) is the bridge that takes us from the first three which focus on God, to the final five, which concentrate on our relationships with other others” (Sabbath, by Dan Allender, p. 5).

### **Week 3**

Matthew 11:28-30 – “Come to Me, all of you who are weary and carry heavy burdens, and I will give you rest... For My yoke is easy and my burden is light.”

“The Sabbath is not a time for personal anxieties or care or any activity that might dampen in the spirit of joy. The Sabbath is not a time to remember sins, to confess or to repent. It is a day of praise, not a day of petitions. Fasting and mourning and demonstrations of grief are forbidden. It is a sin to be sad on the Sabbath. For the Sabbath is a day of harmony and peace between man and man, peace within man, and peace with all things” (Sabbath, by Abraham Joshua Herschel, p. 30-31).

### **Week 4**

Psalms 19:1 – The heavens proclaim the glory of God. The skies display His craftsmanship. Day after day they continue to speak; night after night they make Him known. They speak without a sound or word; their voice is never heard. Yet their message has gone throughout the earth, and their words to all the world.

“The true meaning of Sabbath is ecological. Only someone who comes to rest and has nothing planned is able to perceive the beauty of creation around him. He or she sees the flowers and the sunset or a beloved person. We are called to adore and honor the Earth as God’s Art, especially on the day He set aside to marvel at His own creation” (Sabbath, by Dan Allender, p. 67-68).

## Thrive Annual Apprenticeship Calendar (with Spiritual Growth Ingredients)

The backbone of our three-year apprenticeship plan is the rhythm of our Annual Apprenticeship Calendar. In Jesus' day, God's people observed annual festivals and pilgrimages that taught them about their story, their community, and their God. These experiences were not merely educational—they required sacrifice of time, energy, and resources. That's because education changes the mind, but sacrifice transforms the character.

Likewise, through our annual rhythm of engaging with all seven Spiritual Growth Ingredients, you will be provided with an opportunity for education and encountering age-old spiritual disciplines that can feel like a sacrifice. Our hope is that you'll join your church family "along the way" in shared experiences that shape our hearts to live as Jesus lived.

The seven Spiritual Growth Ingredients come to us from the description of the early church in the book of Acts.

Acts 2:42-47 (NLT) – All the believers devoted themselves to the apostles' teaching (**personal study**), and to **fellowship**, and to sharing in meals and to prayer (**prayer and fasting**). A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders (**service**). And all the believers met together in one place and shared everything they had. They sold their property and possessions and shared the money with those in need (**generosity**). They **worshiped together** at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity ... And each day the Lord added to their fellowship (**evangelism**) those who were being saved.

## The Seven Spiritual Growth Ingredients Defined

**Personal Study** A continual approach to spiritual transformation that includes Scripture reading, study, memorization and application. This is the role of the Bible in a Year reading plan and discussion groups.

**Christian Fellowship** Life-giving relationships with other believers marked by authenticity and accountability. This is the role of small groups.

**Prayer and Fasting** Intentional, dedicated seasons of prayer and meditation, along with skipping meals and stepping away from anything that influences us—such as media or social media.

**Service** Intentionally and consistently serving God by serving His body, the church. This is the role of the Thrive Dream Team

**Generosity** An attitude of open-handedness, especially in finances, but also includes our time and talents.

**Evangelism** Inviting people into a relationship with Jesus by sharing your personal story, inviting others to church, and serving the lost in Jesus' name.

**Worship Together** A gathering with other believers to collaboratively connect with God.

# Thrive Church Annual Apprenticeship Calendar

## January

Prayer and Fasting

Personal Study and Christian Fellowship: Bible in a Year discussion groups

Christian Fellowship: The Winter/Spring Small Group semester kicks off

## March

Christian Fellowship: Spiritual Retreat at Man Camp \*

## April - Holy Week!

Prayer and Fasting, Personal Study & Evangelism throughout Holy Week

## June

Spiritual Retreat: Student Camps, Mission Trips

## July

Service: Serve Saturday/Sabbath Sunday

## August

Prayer and Fasting

## September

Christian Fellowship: The Fall Small Group semester kicks off

## October

Personal Study: Solitude Retreats\*

Christian Fellowship: Spiritual Retreat at Women's Retreat\*

Spiritual Retreat: Sukkot Camping

## December - Advent!

Personal Study & Evangelism throughout the four weeks of Advent

Ongoing opportunities:

Worship Together, Generosity, Service

\*Dates may change as needed\*

## The Lifelong Discipleship Journey

All life grows through stages. The mighty oak begins as an acorn, becomes a seedling, and eventually matures into a strong, reproducing tree. Likewise, we move from infancy to childhood, adolescence, and finally to mature adulthood. Each stage has distinct characteristics that define it.

The same is true in our spiritual lives. In the New Testament, the Apostle Paul urged believers to grow from “babes in Christ” to mature disciples. The question is: Where am I in my discipleship journey? I might have attended church for 20 years, but has there been 20 years of transformation—from who I was to who Jesus is? More specifically, when I face adversity or pressure, how closely does my life reflect the Beatitudes (Matthew 5:3–12) and the fruit of the Spirit (Galatians 5:22–23)?

The accompanying infographic highlights key characteristics of each stage of spiritual growth to help you identify where you are and where God may be leading you next.

# SPIRITUAL GROWTH STAGES

1



DISCIPLESHIP STAGE

## SEEKER

CONSIDERING CHRIST, BUT NOT ACCEPTED HIM AS LORD

**Stage Focus:** Know God

**Character:**

No awareness of the Fruit of the Spirit. No Spiritual zeal.

**Spiritual Growth Ingredients:**

None at this time.

**Identity in Christ:**

Unknown

**Spiritual Leadership:**

None

**Danger Zone:**

**The need to understand**

*Matt 13:19 "The seed that fell on the footpath represents those who hear the message about the Kingdom and don't understand it. Then the evil one comes and snatches away the seed that was planted in their hearts."*

**Your Next Steps @ Thrive:**

- Sunday Service
- Join a Small Group



2



DISCIPLESHIP STAGE

## NEW BELIEVER

DECIDED TO ACCEPT CHRIST AS LORD

**Stage Focus:** Find Freedom

**Character:**

Little awareness of the Fruit of the Spirit. Spiritual zeal is ruled by emotions.

**Spiritual Growth Ingredients:**

Beginning to become aware of the seven Spiritual Growth Ingredients. Acts 2:42-47.

**Identity in Christ:**

Beginning to identify with Christ, yet may be inauthentic due to insecurity.

**Spiritual Leadership:**

Inviting others to Church, but little spiritual mentorship.

**Danger Zone: Adversity**

*Matt 13:20-21 "The seed on the rocky soil represents those who hear the message and immediately receive it with joy. But since they don't have deep roots, they don't last long. They fall away as soon as they have problems or are persecuted."*

**Your Next Steps @ Thrive:**

- Baptism
- Growth Track
- Small Groups
- Do the Church Calendar

[wearethrive.org](http://wearethrive.org)



3



DISCIPLESHIP STAGE



## GROWING BELIEVER

LIVING OUT A DECISION TO ACCEPT CHRIST AS LORD

**Stage Focus:** Discover Purpose

**Character:**

Fruit of the Spirit is pursued.  
Spiritual Zeal is beginning to be disconnected from emotions.

**Spiritual Growth Ingredients:**

Intentionally implementing next steps in the seven Spiritual Growth Ingredients. *Acts 2:42-47*

**Identity in Christ:**

Becoming more authentic as Christ's identity in the individual is healing & removing insecurity.

**Spiritual Leadership:**

Learning to lead and disciple others.

**Danger Zone: Burnout**

*Matt 13:22 "The seed that fell among the thorns represents those who hear God's word, but all too quickly the message is crowded out by the worries of this life and the lure of wealth, so no fruit is produced."*

### Your Next Steps @ Thrive:

- Continue the Growth Ingredients
- Thrive Leadership Academy
- Retreat Group Leader
- Mission Trip
- Small Group Leader



4

DISCIPLESHIP STAGE



## DISCIPLE

FOLLOWING CHRIST IN A WAY THAT HAS TRANSFORMED THEIR LIFE

**Stage Focus:** Make a Difference

**Character:**

Fruit of the Spirit is Natural.  
Spiritual Zeal is beyond emotions.  
Unoffendable.

**Spiritual Growth Ingredients:**

The seven Spiritual Growth Ingredients are a part of the natural rhythm of life. They are living out *Acts 2:42-47*.

**Identity in Christ:**

Able to be truly authentic because self-will and insecurity are low.

**Spiritual Leadership:**

Selflessly leading and developing other leaders.

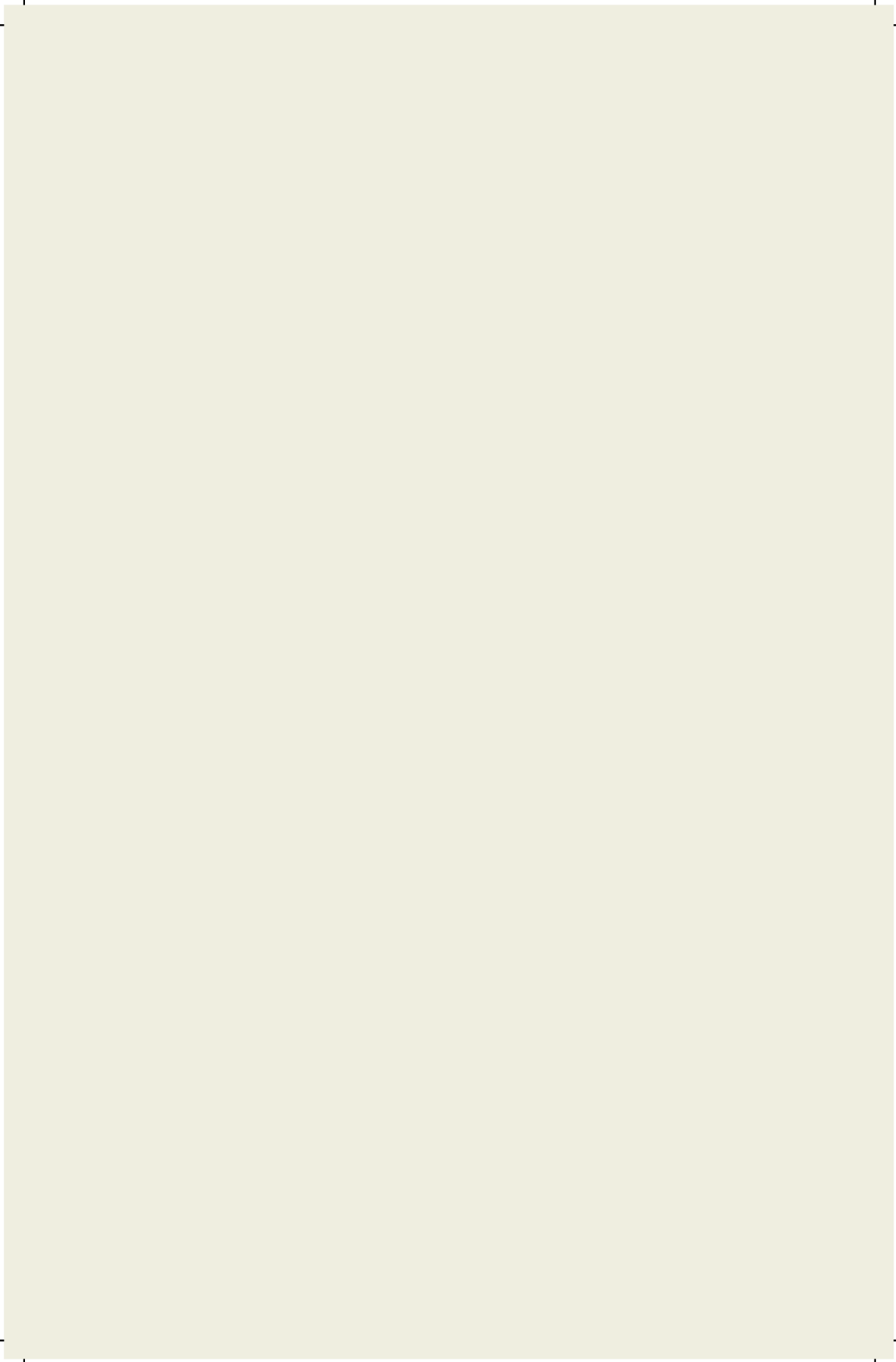
**Danger Zone: Complacency**

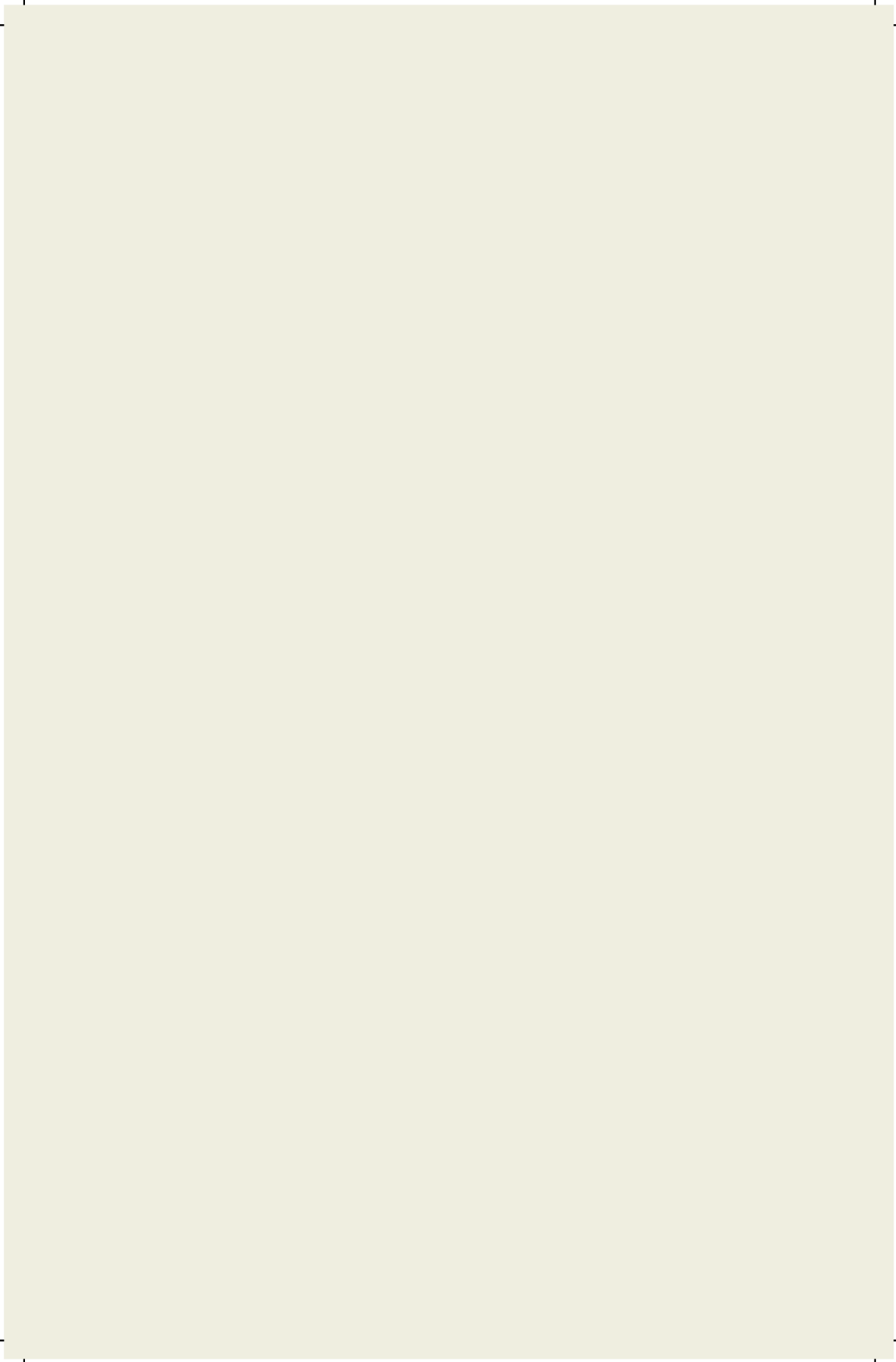
*Matt 13:23 "The seed that fell on good soil represents those who truly hear and understand God's word and produce a harvest of thirty, sixty, or even a hundred times as much as had been planted!"*

### Your Next Steps @ Thrive:

- TLA Teaching Assistant
- Retreat/ Mission Lead Team
- Thrive Elder Team
- Ministry Leader (New/Existing)

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