

BLUEPRINT READING CHALLENGE (EPHESIANS)

Two simple tracks to help you build a faith that lasts—strong, steady, and rooted in Jesus.

How it works: Pick one track, follow the daily rhythm, check in once a week. That's it.

CHOOSE YOUR TRACK

Foundation (5×5×7): 5 minutes • 5 days/week • 7 weeks.

Read the focus passage repeatedly
so it sinks in for deeper context.

Builder (10×5×7): 10 minutes • 5 days/week • 7 weeks.

Read the focus passage plus the full chapter Use one translation
church-wide (NIV or ESV) across slides, emails, and resources.

WEEKLY SCHEDULE (ALIGNED TO THE BLUEPRINT SERIES)

Week 1 — Sept 11 & 14

Passage: Ephesians 1:1-14

Theme: Knowing God / Living in His Presence

Week 5 — Oct 9 & 12

Passage: Ephesians 4:17-32

Theme: Integrity / Put Off & Put On

Week 2 — Sept 18 & 21

Passage: Ephesians 2:1-10

Theme: Grace & Purpose

Week 6 — Oct 16 & 19

Passage: Ephesians 5:15-17

(with 5:1-2; 5:8-10; 5:18)

Theme: Wisdom & Guidance

Week 3 — Sept 25 & 28

Passage: Ephesians 2:11-22; 3:14-21

Theme: Christ Our Peace / Rooted in Love

Week 7 — Oct 23 & 26

Passage: Ephesians 6:10-18

Theme: Armor / Perseverance

Week 4 — Oct 2 & 5

Passage: Ephesians 4:1-16

Theme: Life Together / Every Part Matters

DAILY RHYTHM (SAME EVERY WEEK—EASY TO REMEMBER)

Foundation Track — 5 minutes, 5 days

Day 1: Read the focus passage slowly; notice a word or phrase.

Day 2: Re-read; underline one phrase to carry all day.

Day 3: Re-read; write one sentence: "What is God saying to me?"

Day 4: Re-read out loud; share one takeaway with someone.

Day 5: Re-read; pray the passage back to God.

Builder Track — 10 minutes, 5 days

Day 1: Read the focus passage.

Day 2: Read the whole chapter (or both, Week 3).

Day 3: Re-read; note 3 observations (What does it say?).

Day 4: Re-read; note 2 applications (What will I do?).

Day 5: Re-read; write 1 prayer (How will I depend on God?).

TIPS TO SUCCEED

- Pick a cue time (coffee, commute, lunch, bedtime).
- Read with someone—accountability wins.
- Carry one phrase from the passage into your day.
- Miss a day? No guilt—just pick it back up.