

TALK IT OVER

SMALL GROUP SERMON DISCUSSION

Note to the Host: Thanks for leading your group and being willing to create community! Remember, this is your group, and you have the freedom to navigate the conversation that best fits your group's dynamic.

ICEBREAKER:

- What is one thing you would love to smash with a hammer if you wouldn't get in trouble for it and why? Spouses don't count 😊

QUESTIONS:

These questions are based off the sermon that took place on Sunday. In this time, feel free to revisit any of the scripture that was discussed in the message. Answer as many questions as your time allows; don't feel pressed to get through them all.

1. Do you find complaining to be a regular part of how you interact with others? Are there certain situations in which you find yourself complaining more often?
2. Pastor Brian shared four different kinds of complainers-the whiner, the martyr, the cynic, and the perfectionist. Which do you most identify with? Which one rubs you the most?
3. Read Philippians 2:14-15. This verse says to do EVERYTHING without complaining. On a scale of 1-10, 1 being "I complain about everything." and 10 being "I complain about nothing." Where do you fall?
4. As an antidote to complaining, Pastor Brian asked us to create a Gratitude List and review it every day. Have you made your list? If so, share some things you are grateful for with each other. If not, let's do it as a group right now!
5. We were also challenged to capture and counter every complaint for a week. Where every time we complain, we stop and counter with something we're grateful for. How's it going? How can you support each other as a group for the rest of the week? By GroupMe, text, email, etc.? Make a plan!

PRAYER:

Please don't stress about the time of prayer, pray however your group feels comfortable. This can either be one person pray, or you can go in a circle and have each person pray a few sentences. Be sure to change it up so your prayer time stays fresh in your group!

- Make sure that everyone has a chance to share.
- Encourage and welcome all praise reports!
- Have someone type your requests up so the group can recall them throughout the week.

Week #1 My Big Fat Mouth. April 24, 2022