



## #CRAZYMAKERS WEEK 4

**Note to the Host:** Thank you so much for leading your group and being willing to create community! We are so excited to be unpacking the weekly message with this discussion guide, if you need anything else to help facilitate your group let us know! Remember, this is your group, and you have the freedom to navigate the conversation that best fits your group's dynamic. Thank you for all you do!

### ICEBREAKER:

- Do you like cold desserts or hot desserts, and what is your favorite?

### QUESTIONS:

*These questions are based off the sermon that took place on Sunday, April 18, 2021. In this time as a group feel free to revisit any of the scripture that was discussed on Sunday.*

- 1) Pastor Brian defined boundaries as "the chosen set of behaviors that I will and will not except from other", do you agree with this definition? Is there anything you would change?
- 2) When you have a boundary invader in your life do you feel discomfort (resent the relationship), disadvantaged (feel taken advantage of), disempowered (unable to say no without punishment), or disproportionate (feel inferior to them)?
- 3) Out of the steps to set boundaries do you need to work on? Believe you deserve it, learn to love without rescuing, care enough to confront boundary invasion, protect yourself, or rinse and repeat?
- 4) Do you struggle with the assertive aggressive balance? Are you able to be assertive at all, or is that would you need to work on? Can you say no?
- 5) When it came to the 5 cones where do you need to set up new/more boundaries, emotions, ideas, physical, relational, or time?
- 6) (Takeaway) No one can grow without truth, what do you need to be truthful to yourself with, and what do you need to be truthful with others about?

### PRAYER:

- Make sure that everyone has a chance to share.
- Have someone type your requests up so the group can recall them throughout the week.
- Encourage and welcome all praise reports!
- Do not get overwhelmed about the time of prayer, pray however your group feels comfortable. This can either be one person pray, or you can go in a circle and have each person pray a few sentences! Be sure to change it up so your group grows together.