

Empty Boxes Series

5-Day Devotional: Spiritual Warfare

INTRODUCTION

Day 1 Recognizing the Battle

Scripture: Ephesians 6:10-12

Spiritual warfare begins with awareness. Paul reminds us that the struggles we feel are not merely about people, circumstances, or frustration. There is a deeper battle happening beneath the surface. When we forget this, we misdirect our energy, fighting the wrong enemy and growing weary in the process. God invites us to see clearly so we can stand firmly in His strength rather than our own.raising God before we see the outcome, our hearts settle on the only foundation that never shifts.

- Where do you tend to assume your struggle is purely physical or emotional rather than spiritual?
- How does recognizing the real enemy change the way you view current conflicts in your life?
- What does it look like for you to rely on God's strength instead of your own today?

Prayer: God, open my eyes to the reality of the spiritual battle around me. Help me stop fighting the wrong things and teach me to stand firm in Your strength. Amen.

Day 2 Fighting with the Right Weapons

Scripture: 2 Corinthians 10:3-5

Paul makes it clear that spiritual battles cannot be won with worldly tools. Willpower, control, and self justification may feel effective in the moment, but they lack lasting power. God has given us weapons that can tear down strongholds, starting with the way we think. Spiritual warfare often begins in the mind, where thoughts are either surrendered to Christ or allowed to rule us.

- What kinds of thoughts tend to pull you away from trusting Christ?
- Which worldly weapons are you most tempted to rely on when life feels heavy?
- What would it look like to intentionally take your thoughts captive today?

Prayer: Lord, help me recognize where my thinking needs to change. Teach me to submit every thought to You and trust the power You have given me. Amen.

Day 3 Standing Firm in Truth

Scripture: Standing Firm in Truth

Truth is the foundation of standing firm. Without it, everything else begins to slip. The enemy thrives on lies, half truths, and distortion, especially when we are tired or discouraged. God's truth anchors us when emotions shift and circumstances feel unstable. When we know what is true, we are less easily shaken.

- What lies do you find yourself believing when you feel overwhelmed or discouraged?
- How does God's truth provide stability in uncertain seasons?
- Where do you need to remind yourself of God's truth today?

Prayer: God, ground me in Your truth. Help me recognize lies quickly and cling to what You say is true about You and about me. Amen.

Day 4 Not Fighting Alone

Scripture: Ecclesiastes 4:9-12

Isolation is one of the enemy's most effective strategies. God never intended for us to fight alone. Community provides strength, protection, and encouragement when we feel weak. Spiritual growth and resilience are often formed in relationships where honesty and prayer are present. When we allow others into our struggle, the battle loses much of its power.

- Where have you been tempted to isolate instead of asking for support?
- How has community strengthened your faith in the past?
- Who could you invite to walk alongside you in your spiritual life right now?

Prayer: Lord, help me resist isolation. Give me courage to seek support and wisdom to walk in healthy community. Amen.

Day 5 Victory Begins with Christ

Scripture: Colossians 2:13-15

The outcome of spiritual warfare is not uncertain. Jesus has already secured victory. Through the cross, sin was defeated and the enemy's power was disarmed. We do not fight for victory but from it. When we remember what Christ has already done, fear loses its grip and hope takes its place.

- How does knowing Christ has already won change the way you face spiritual battles?
- Where do you still live as if victory depends on you instead of Jesus?
- What would it look like to live today from a place of confidence in Christ's victory?

Prayer: Jesus, thank You for the victory You have already won. Help me live with confidence, not fear, trusting fully in Your finished work. Amen.

