

When we begin to grasp the holiness of God,
we are driven to our knees in a stature of repentance.

STRONGHOLD (area of needed repentance)	FREEDOM (Scripture to assist breaking free)
Bitterness Examples: resentment, hate, unforgiveness, anger, violence, revenge Lie: I have power and protection when I don't forgive others	Forgiveness 2 Corinthians 5:17-19
Control Examples: manipulation, lack of trust, worry, seeking recognition Lie: I can control my own life.	Surrender Matthew 16:24-25
Idolatry Examples: selfishness, greed, apathy, pride, stubbornness, vanity, materialism Lie: If I just had a little more' I would be content.	Contentment Matthew 6:25-26
Despair Examples: hopelessness, self-pity, isolation, addictions, self-harm Lie: Even God has abandoned me.	Hope Psalms 34:17-18
Jealousy Examples: spitefulness, gossip/slander, betrayal, critical/judgement spirit Lie: I am entitled to all that I have.	Gratefulness 1 Chronicles 16:34 Matthew 7:9-11
Sexual Immorality Examples: lust, seductiveness, fornication, adultery, pornography Lie: I am free to satisfy all of my desires.	Purity Galatians 5:13-16, 19-21 Genesis 2:22-25
False Teaching & Religions Examples: occult, Ouija board, invoking evil or dead spirits, fortune telling, astrology, cults Lie: What I believe to be true is more trustworthy than God.	God's Word John 1:1-5 John 14:6-7
Insecurity Examples: inferiority, inadequacy, timidity, withdrawal, people pleasing-not God, lack of trust/worry, wrong relationships Lie: I am less than everyone around me	Security in Christ Ephesians 2:10 Romans 8:38-39
Rejection Examples: seeking acceptance, feeling unworthy, withdrawal, addictions, compulsions Lie: I am unlovable	Acceptance Psalm 139:14 John 3:16
Deceit Examples: lies, rationalizing, wrong doctrine, misuse of Scripture Lie: My actions are justified if it gets me what I want.	Truthfulness John 8:32 Psalm 23:1
Fear Examples: phobias, compulsions, perfectionism, fear of failure Lie: Being afraid keeps me from harm.	Trust in God's sovereignty 2 Chronicles 20:6 Matthew 10:29-31
Pride Ex: controlling, boasting, belittling, selfishness, taking credit Lie: I am where I am because of all I have done.	Humility Matthew 16:24