



In our Grow Groups at Spencer Christian Church, we are striving to Reach the Lost, Teach the Found and Repeat the Process.

Real Life Discipleship is the core of our disciple making philosophy.

How do all these disciple making tools fit together?

This document serves to help reinforce Real Life Discipleship principles as you work through intentionally leading your group in the Reproducible Disciple Making Process.

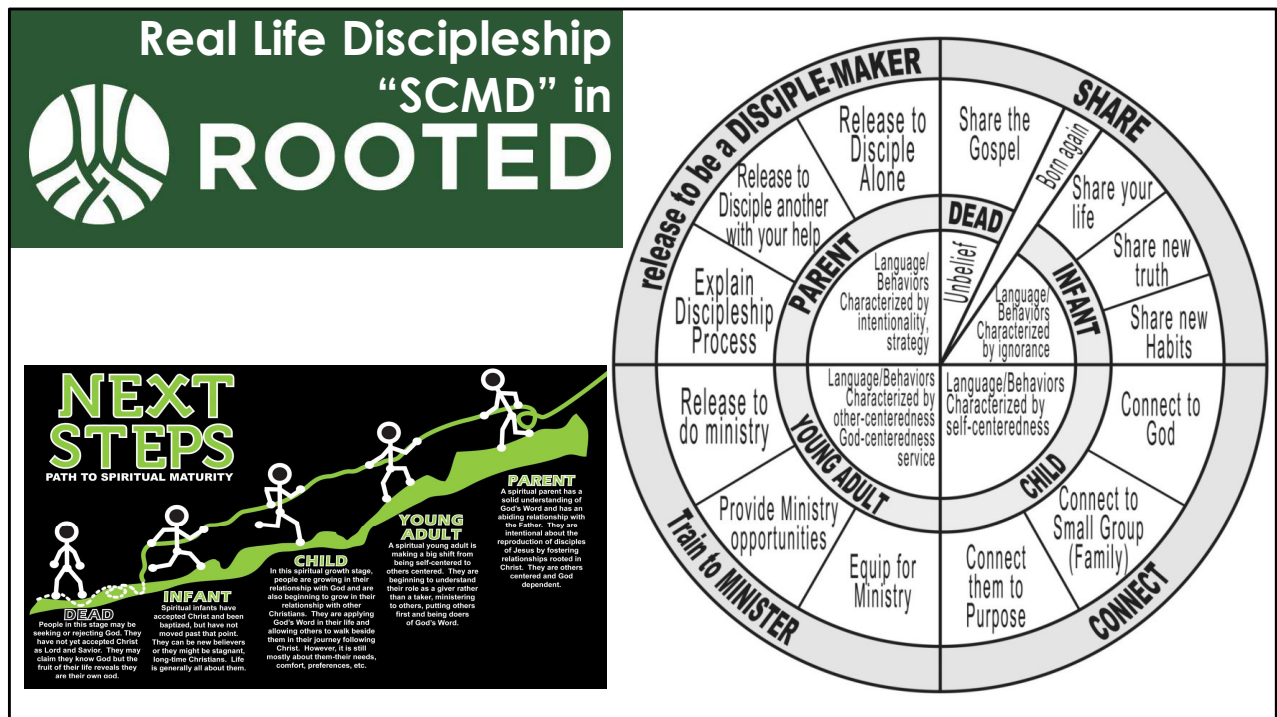
If you want to brush up more of Real Life Discipleship, refer back to your Real Life Discipleship Training Manual from when you were in a group. If you no longer have a copy, let Andy know and he will get a new copy to you.

REMEMBER: you can access other useful tools and tips at...

<https://spencerchristian.org/grow-group-leaders>

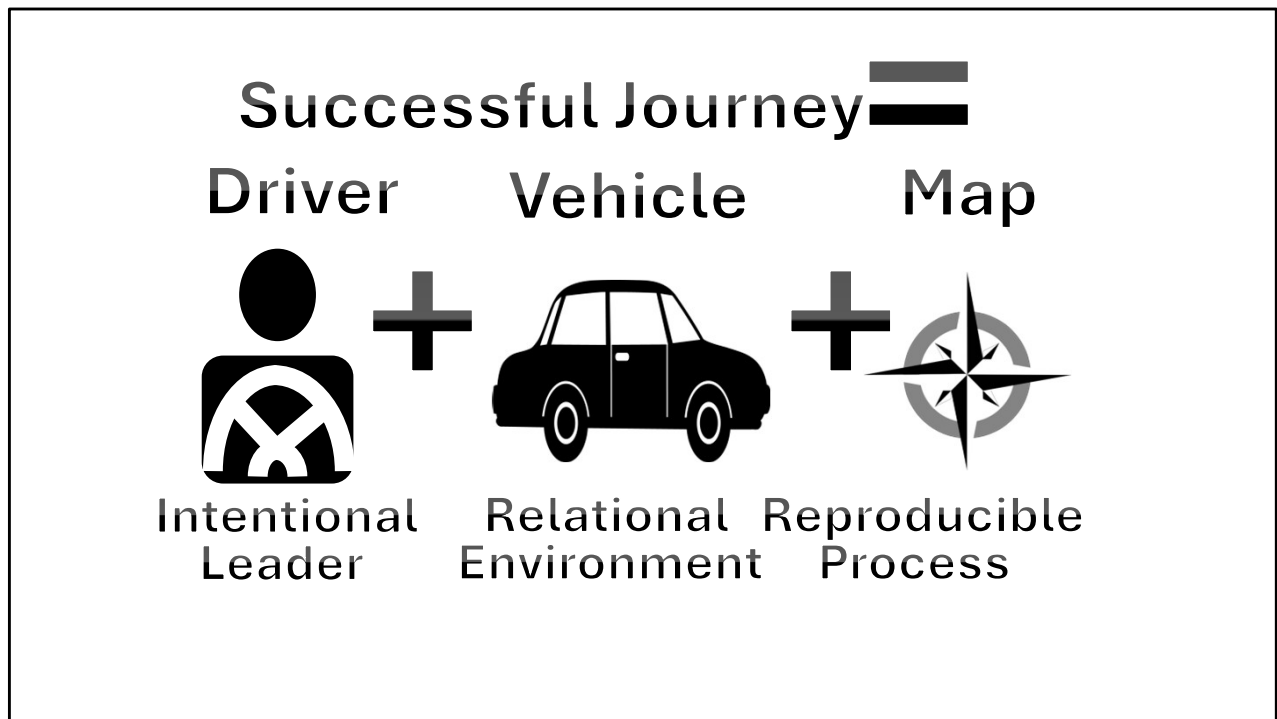
Or specific week by week Rooted tips at...

<https://spencerchristian.org/rooted-leaders>



You may remember what I jokingly call the “Illuminate wheel” from Real Life Discipleship. This wheel is also called

Around the walls of SCC, you see the “mountain climber illustration. This sign is a more visually appealing version of the 3<sup>rd</sup> element of a successful disciple making journey.



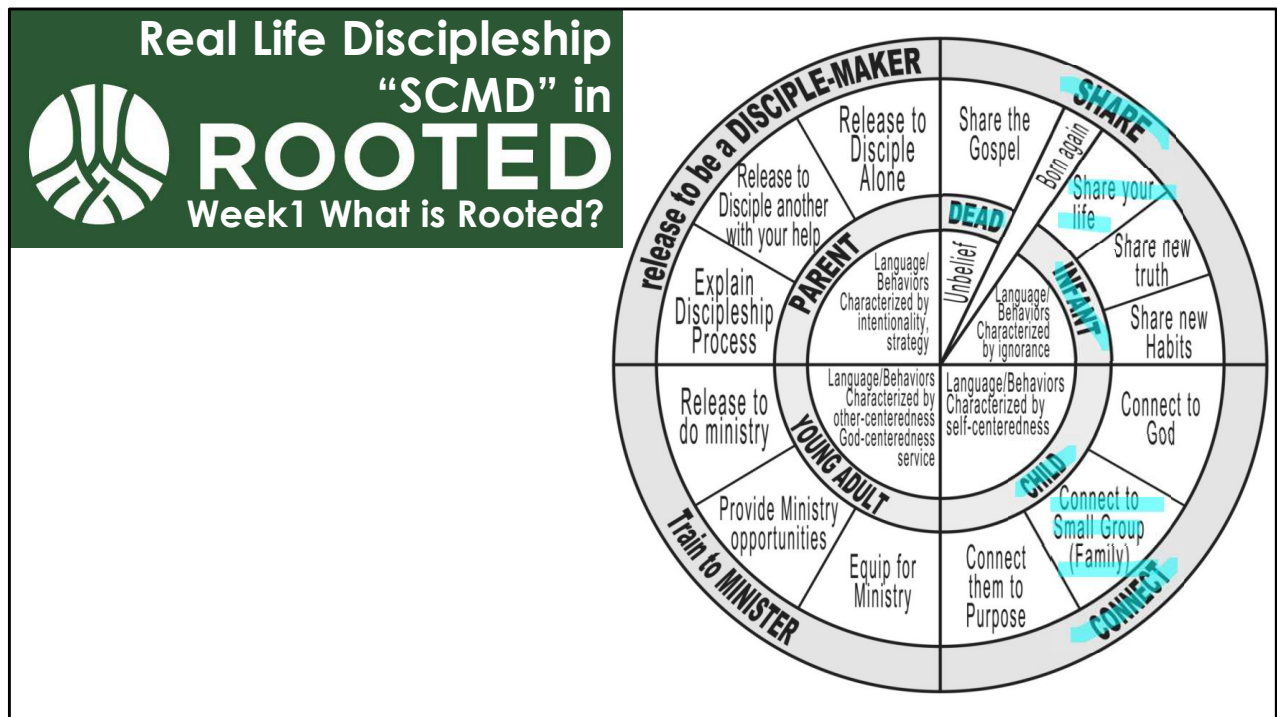
As a refresher, here are the elements of a successful disciple making journey...

Driver → Intentional Leader → YOU!

Vehicle → Relational Environment → Grow Group

Reproducible Disciple Making Process → (SCMD=Share/Connect/Minister/Disciple)  
aka The wheel or Mountain climber illustration ( the wheel gives more detail obviously)

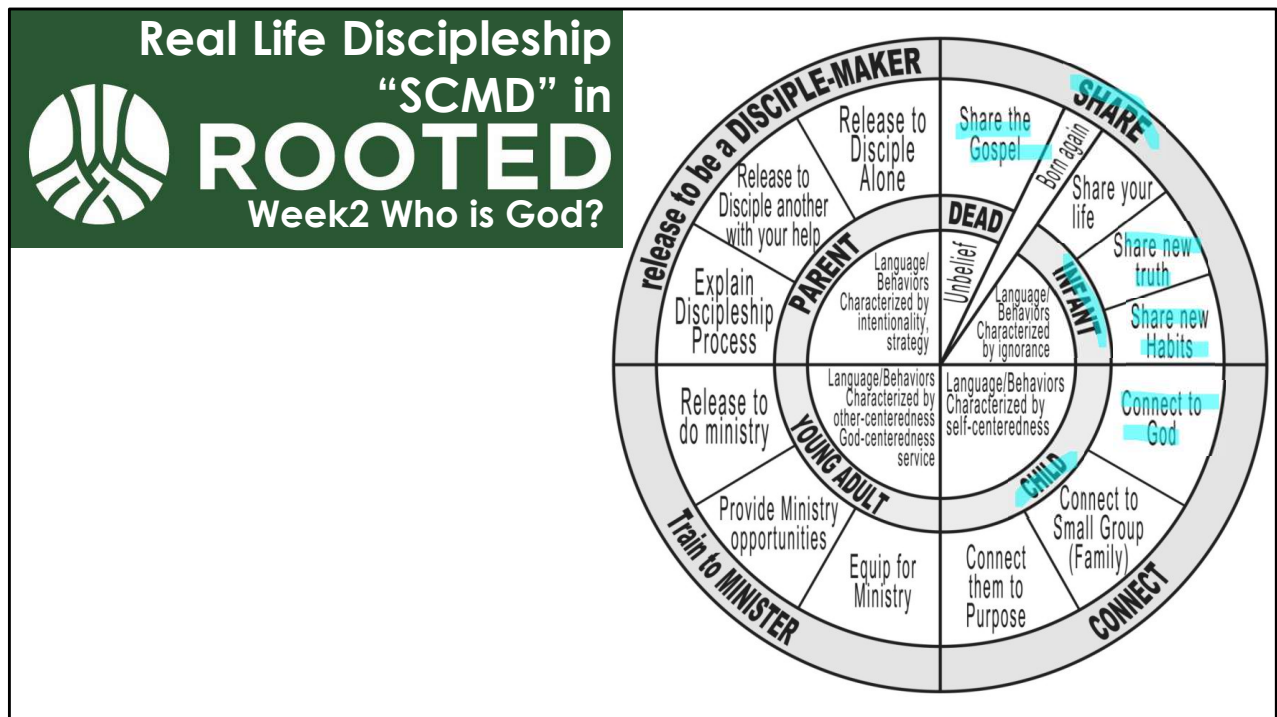
The following pages will help you understand how Rooted achieves some of the key elements of the “SCMD Reproducible Disciple Making Process”.



Entering into your first week of Rooted, you likely don't know most of your group or much about them.

We start with the assumption that all your group members are not disciples of Jesus and are Spiritually DEAD. I know that may sound a little harsh at first. It is through these Relational Environments we call Grow Groups that you will get to know your people better. Week one is important as you pass out your books and establish guidelines and expectations. You also intentionally start SHAR(E)ing your life with the Spiritually DEAD and INFANTS. In week one, you will also begin CONNECTing to you and to this group/Relational Environment.

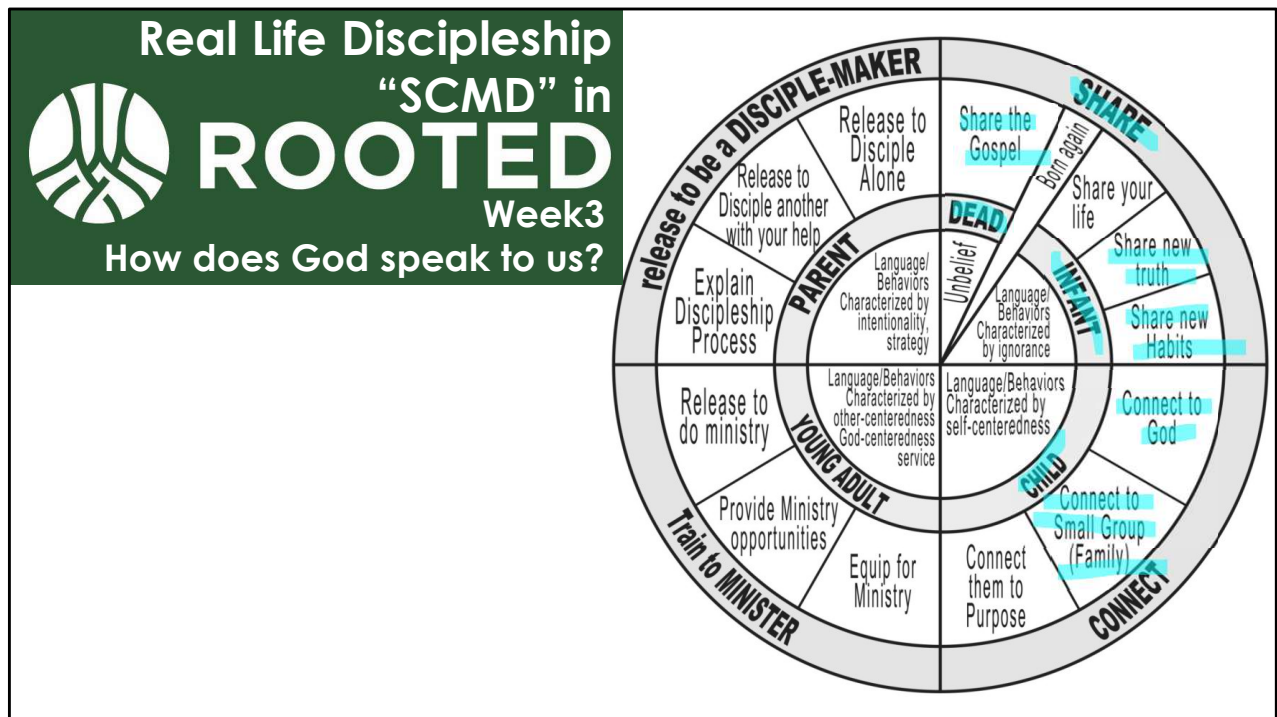
You can do this with silly ice breaker games and questions. Early on a win is if your group laughs together.



Again, because we don't yet know where our group members are spiritually at this stage of your new group life cycle, we assume they are spiritually DEAD. So SHAR(E)ing foundational truths of Who God is must be the first step of an INTENTIONAL LEADER.

Additionally, for the Spiritual INFANT, we must SHARE new truth and habits. Through establishing a habitat early in Rooted of Bible study, we are helping establish new Habits. In this lesson, they may also learn new truths about the nature, character and identity of God.

Finally, in week 2, we have the opportunity help spiritual CHILDren connect to God by helping them learn about Him.

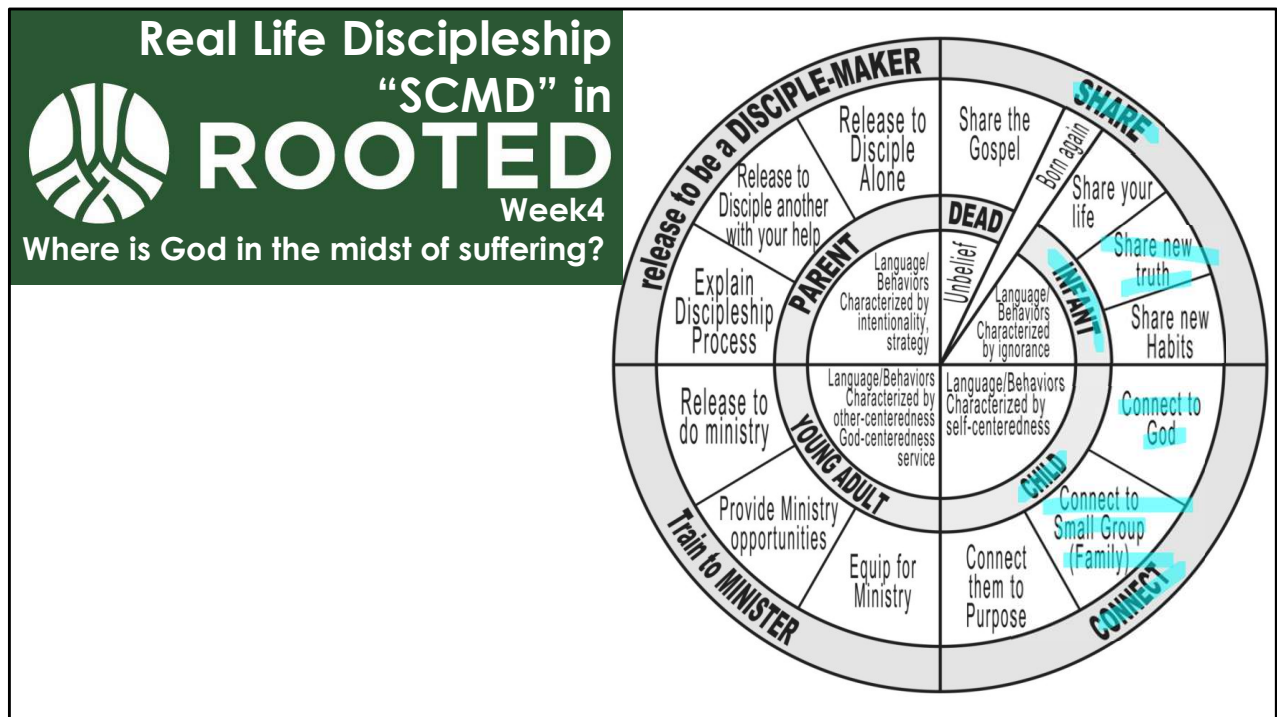


Week 3 again focuses in on SHARE and CONNECT of the SCMD process.

-Reinforcing sharing new habits of Bible Study (day 2), (day 4) Prayer and (day 3) God's Holy Spirit helps the spiritual child Connect to God.

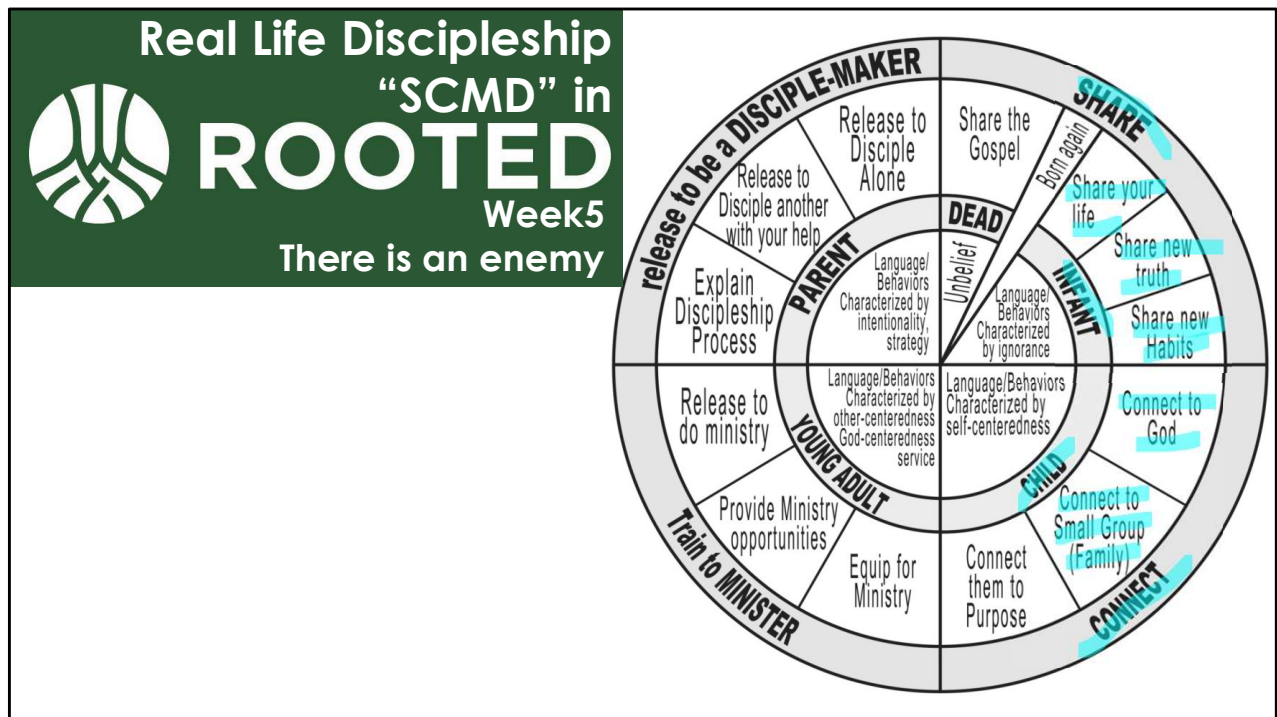
-The Prayer experience which is encouraged to take place during or after this lesson, helps the spiritual CHILD Connect to the Small Group/Relational Environment.





Week 4 deals with a common question many people (especially INFANT and CHILDren) struggle... Where is God in the midst of suffering.

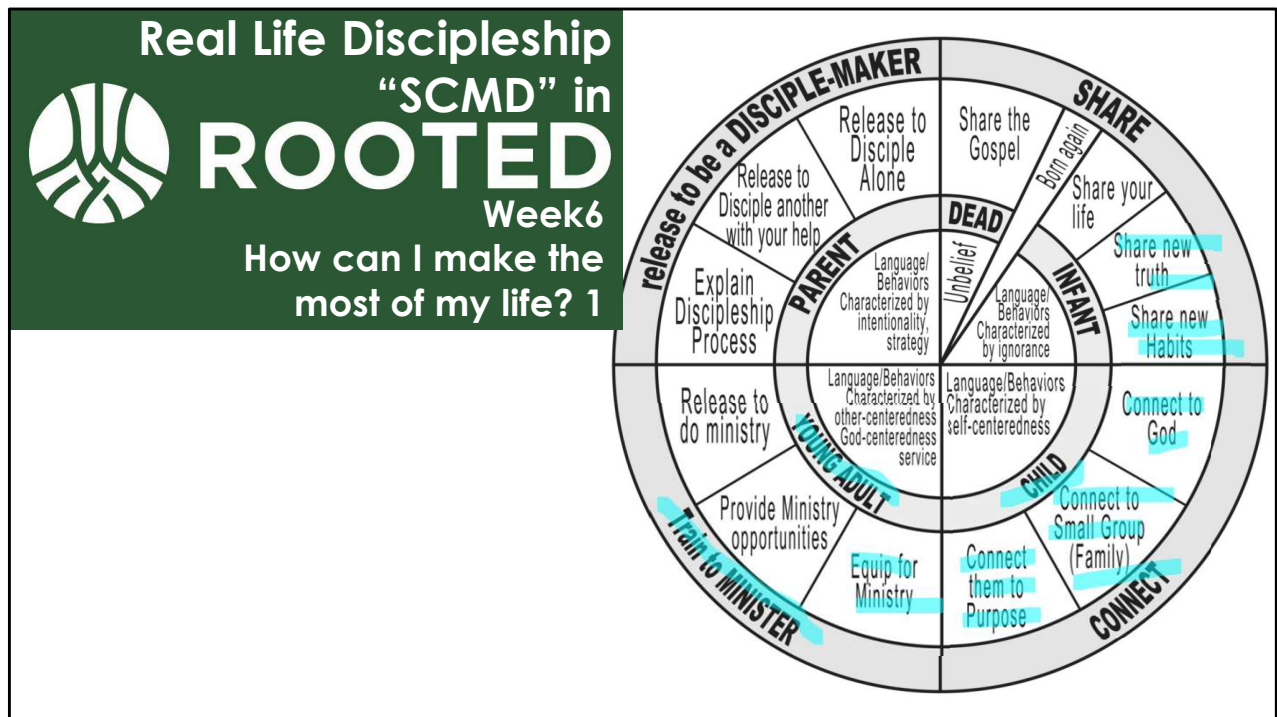
By transparently and openly wrestling with these difficult questions in community, INFANTS will learn new truths and CHILDren will connect to God while connecting to the group in a vulnerable and sincere manner.



The Spiritual INFANT needs to have the truth SHARED with them that there is a very real enemy who is out to kill, steal and destroy. As a physical infant is oblivious to physical threat, so are spiritual INFANTS.

This week along with the accompanying exercise of sharing strongholds aka confession and repentance, helps CONNECT to the group when everyone is open and vulnerable. In the new HABIT that is SHARED of confession and repentance, CHILDren CONNECT with God and with their group who holds them accountable.

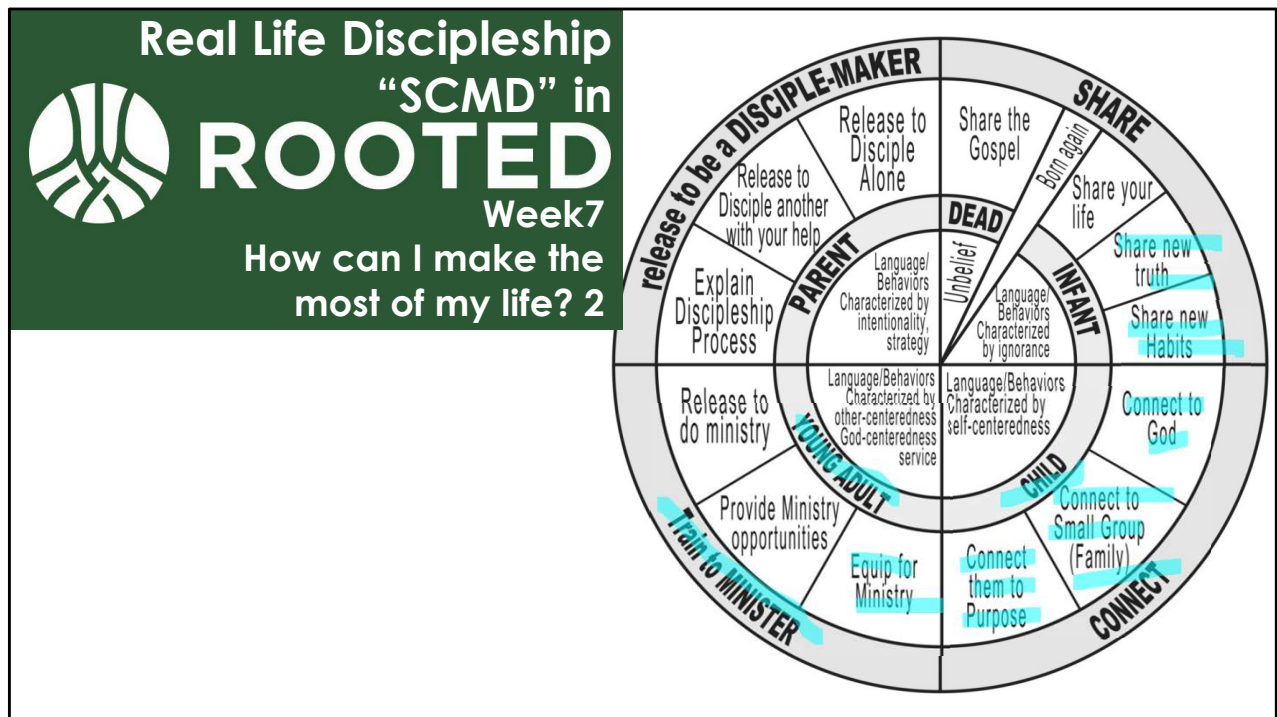




We start moving to the other side of the circle this week as we start SHAR(E)ing the new truth that the walk of faith in Christ is to follow in the footsteps of our Lord as a servant. For the spiritual CHILD in your group you are beginning to teach them how to CONNECT to the purpose God has made for them. Finally, we start training YOUNG ADULTS how to equip to MINISTER.

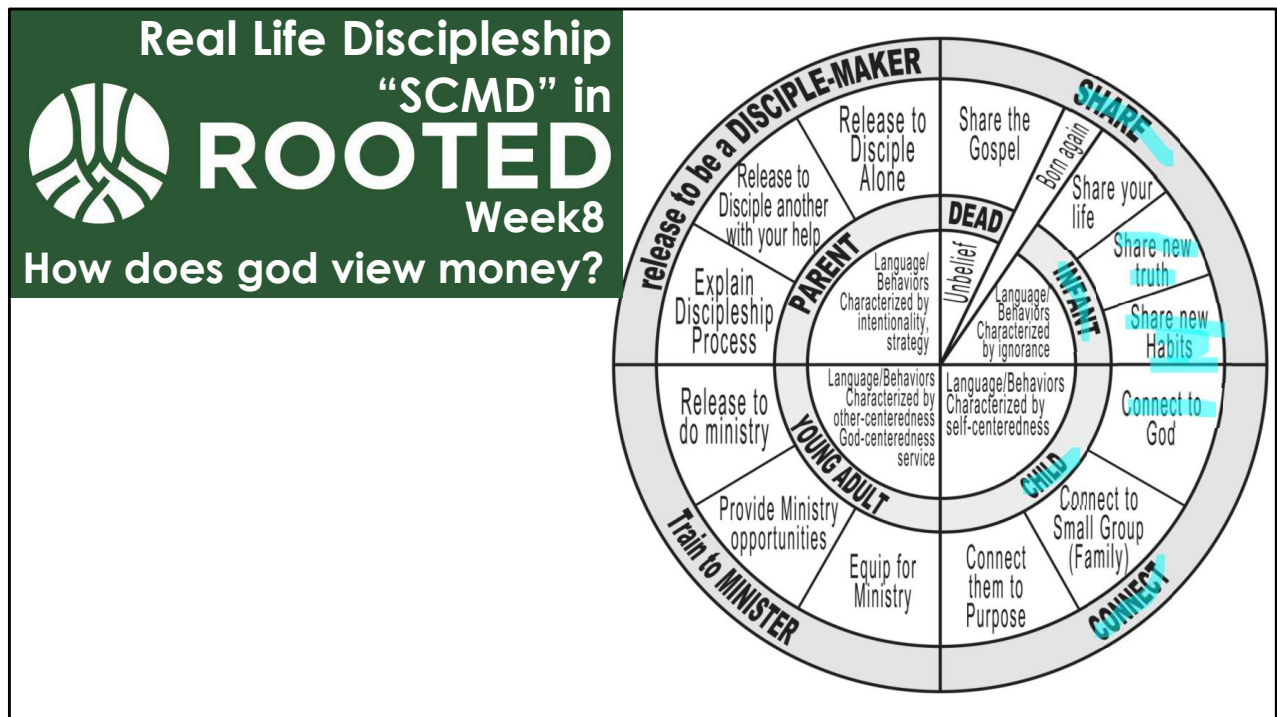
By serving together in the serve exercise, you are helping CHILDren connect to their group as the serve in community. This week and exercise also help SHARE the new habit of service as part of their faith.

When asked what is the greatest commandment, you could summarize His answer with "Love God and Love people". How do we love/serve God? By loving/serving people. So this week we help the CHILD learn a very practice way to CONNECT with God.

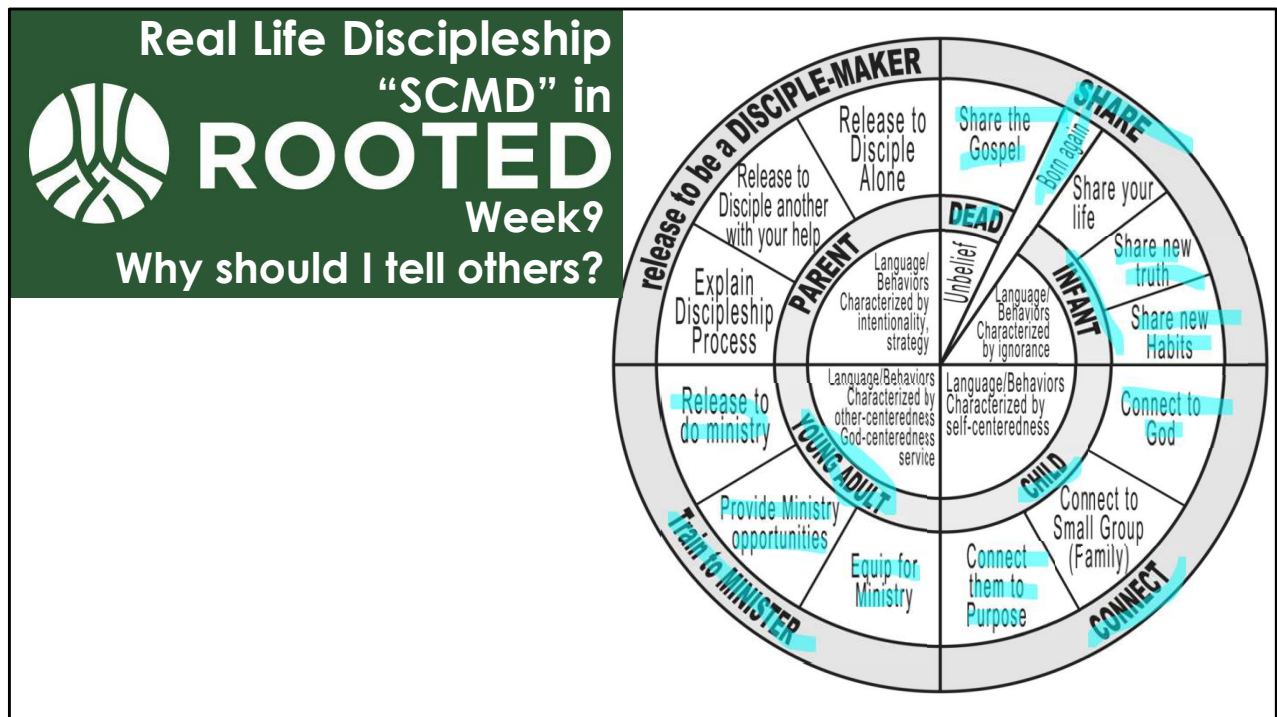


As an Intentional Leader keep in mind week 7 does many of the things week 6 did in the Reproducible Disciple Making Process.

Since this is such an important part of the Christian walk, one that is often neglected by the norm of “consumer Christianity”, this week spends more time reinforcing these important elements of the SCMD Reproducible Disciples Making Process with your Relational Environment aka Grow Group.



Week 8 is “the money talk”. Giving is also a spiritual Habit young believers often struggle with. This lesson helps you as an Intentional Leader SHARE new truths and HABITS in relation to finances. It also help SHARE the truth about God as provider and how the discipling of giving will help them CONNECT to God by trusting in Him more as they learn this new habit of giving.



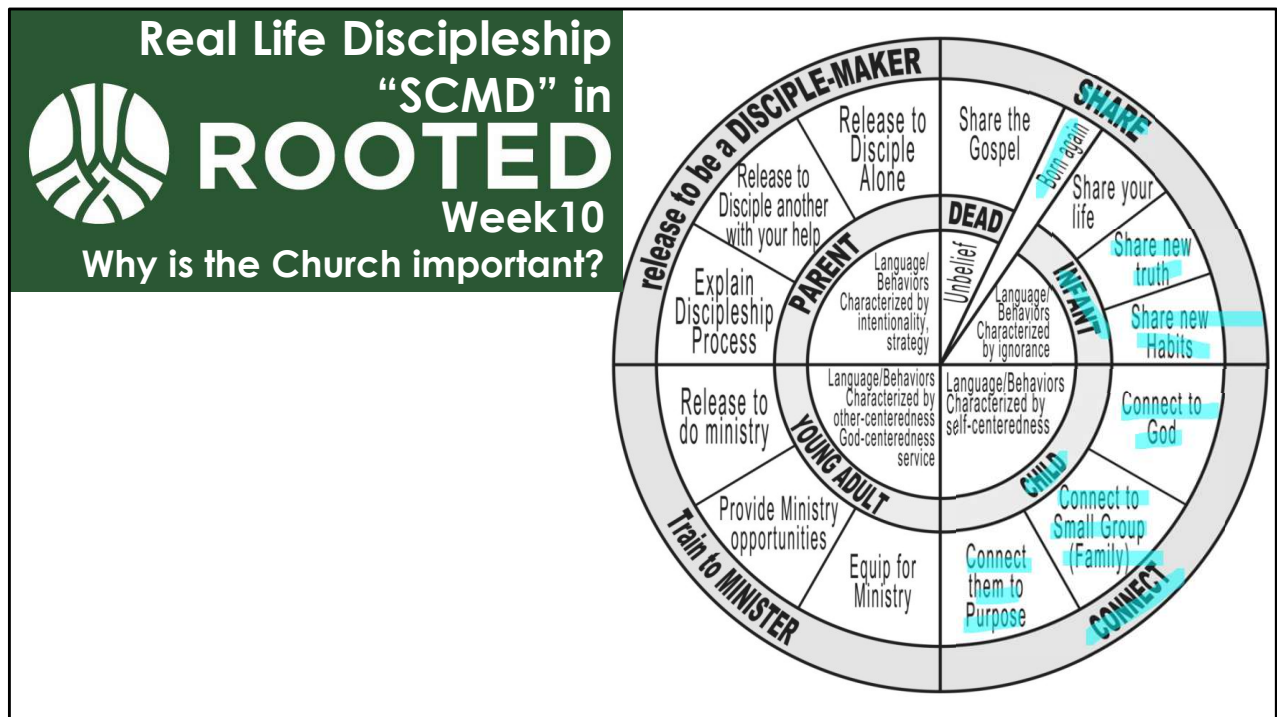
Week 9 is another opportunity for you as an Intentional Leader to start training YOUNG ADULTS how to MINISTER.

One of the greatest way we can display our love for God is by SHAR(E)ing His story so that others may become born again and make the move from spiritual DEAD to INFANT – ALIVE!

This week trains disciples at all levels of spiritual maturity how to share their Faith.

You can also find a lot more tools at <https://spencerchristian.org/rooted-leaders>

After you discuss the lesson this week and explain some of the other tools at <https://spencerchristian.org/rooted-leaders>, take some time to practice sharing the Gospel with each other.



As an Intentional Leader, Week 10 gives you an opening for SHAREing new truths and habits.

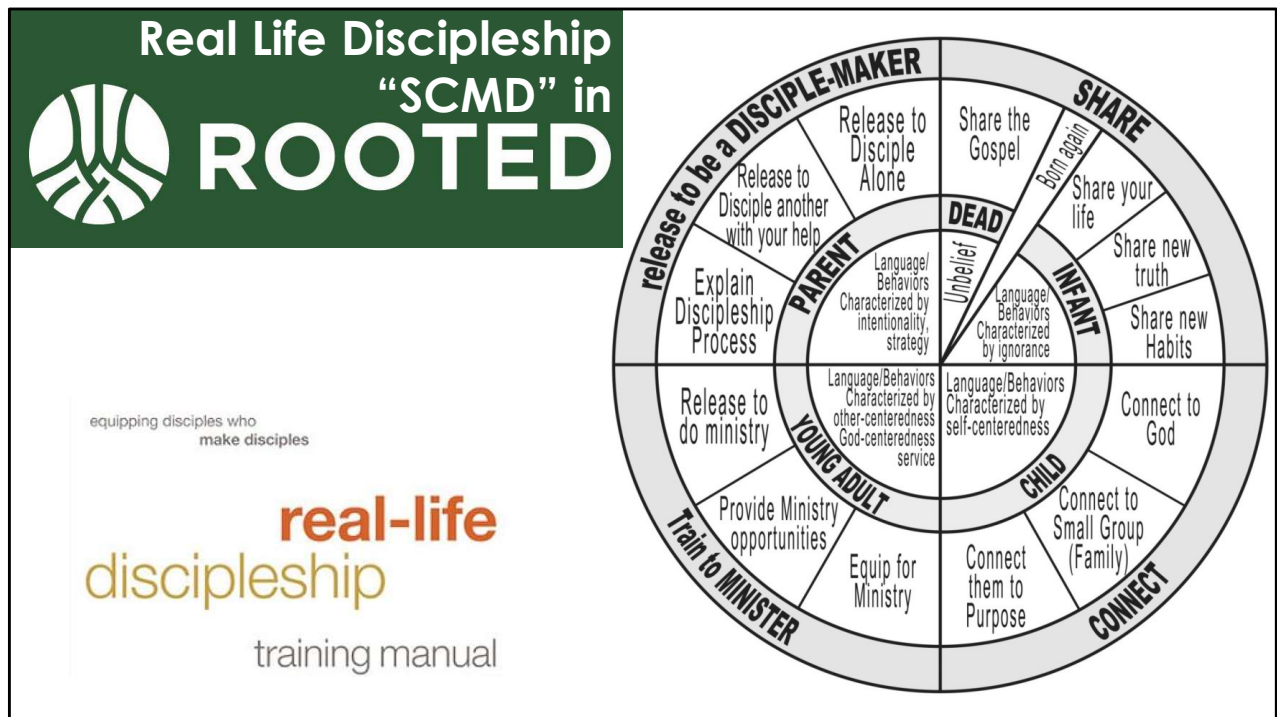
The importance of Community on day 1...

The importance of the spiritual Habit of worship on day 2...

The importance of the spiritual Habit of communion in the ceremony section on day 3...

The efficacy of Baptism also on day 3 and the new of what it means to be immersed into Christ.

Week 10 is a big week... close it out strong!



Rooted primarily focuses on discipling spiritual INFANTs and CHILDren. If, as an Intentional Leader, you think your group is ready for training as Young Adults and Parents, Real Life Discipleship, is the most effective tool I have found.