



3/3 Group Meeting Pattern

A 3/3 Group (PRONOUNCE AS "Three-Thirds") is one that divides their time together into 3 parts. The format focuses on faithfulness to past leadings of the Lord, hearing together from the Lord, and planning obedience in the near future to any guidance given by the Lord.

This 3/3 pattern is a great way to lead your Grow Group.

This is how it works:

- Look Back - The first third of the group's time is spent looking back at what's happened since they've been together.
- Look Up - The middle third of the group's time is spent Looking Up for God's wisdom and direction through scripture (ask for suggested scriptures, set a passages you think will most benefit your group or ask Grow Group Minister for a list of good scriptures), discussion and prayer.
- Look Forward - The final third of the group's time is spent Looking Forward to how they can each apply and obey what they've learned.

Watch 3/3rd Video at spencerchristian.org/grow-group-leaders

Outline of 3/3 Meeting

LOOK BACK [1/3 of your time]

Care and Prayer: Take time to have each person share something they are thankful for. Then each person should share something they are struggling with. Have the person to their right pray for them about the items they share. If anyone is struggling with something that requires more attention, stay after to care for that person.

Vision: As an Intentional Grow Group Leader be sure to repeat key attributes of a disciple of loving God, loving others, sharing Jesus with others, starting new Grow Groups, and helping others do the same. Alternatively, people could share Bible passages that communicate these themes.





LOOK BACK cont. [1/3 of your time]

Check-in: Have each person share how they did regarding the commitments they wrote down from the previous week:

1. How have you obeyed what you have learned?
2. Who have you trained in what you have learned?
3. With whom have you shared your story or God's story?

If they forgot to follow through on a commitment or did not have the opportunity to do so, then those commitments from the prior week should be added to this week's commitments. If someone simply refuses to obey something they clearly heard from God the Grow Group leader should have a one on one conversation to help and if need be the Grow Group Leader could ask for advice from the Grow Group Minister or an Elder.

LOOK UP [1/3 of your time]

Pray: Talk with God simply and briefly. Ask God to teach you this passage.

Read and Discuss: Read this week's passage. Discuss the following questions:

1. What did you like about this passage?
2. What did you find challenging or hard to understand about this passage?

Read this week's passage again.

1. What can we learn about people from this passage?
2. What can we learn about God from this passage?

LOOK FORWARD [1/3 of your time]

Obey. Train. Share. : Take at least five minutes in silent prayer. Have everyone in the group pray for the Holy Spirit to show them how to answer these questions, then make commitments. Everyone should write the commitments down so they can pray for people knowledgeably and hold them accountable. They may not hear something related to every question every week. They should note if they share a response which they are not sure they heard from God, but they think





LOOK FORWARD cont. [1/3 of your time]

may be a good idea since the accountability will be handled at a different level in that case.

1. How will I apply and obey this passage?
2. Who will I train or share with about this passage?
3. Who does God want me to share my story [testimony] and/or God's story with this week?

Practice: In groups of two or three, practice what you have committed to do in question the questions above. For example, role-play a difficult conversation or facing a temptation; practice teaching today's passage, or practice sharing the Gospel.

Talk With God: In the same groups of two or three, pray for every member individually. Ask God to prepare the hearts of the people who will be hearing about Jesus this week. Ask Him to give you the strength and wisdom to be obedient to your commitments. This is the conclusion of the meeting.

Here are some passages from www.zume.training that help to frame a series of discussions...

I. START TRACK SERIES: THE FIRST 8 MEETINGS

This is appropriate for people who are already Christians but have not been in this type of group before the practice portion is guided and generic for these 8 sessions individualized practice is begun in subsequent meetings.

1. Tell your story: Mark 5:1–20. Pay particular attention to verses 18–20.
2. Tell Jesus' Story: 1 Corinthians 15:1–8; Romans 3:23; Romans 6:23
3. Follow and Fish: Mark 1:16–20
4. Baptism: Romans 6:3–11; Acts 8:26–40
5. The Bible: 2 Timothy 3:14–16
6. Talk with God: Matthew 6:9–13
7. Hard Times: Acts 5:17–42; Matthew 5:43–44
8. Become a church: Acts 2:42–47; 1 Corinthians 11:23–34



II. HOPE SERIES [FOR SEEKERS]

Use the following passages for the “LOOK UP” portion of your group Your group may need more than one meeting for some of the passages

1. Hope for the sinner: Luke 18:9–14
2. Hope for the poor: Luke 12:13–34
3. Hope for the runaway: Luke 15:11–32
4. Hope for the lost: Luke 19:1–10
5. Hope for the grieving: John 11:1–44
6. Hope for the seeker: John 3:1–21

III. SIGNS OF JOHN SERIES [FOR SEEKERS]

Use the following passages for the “LOOK UP” portion of your group Your group may need more than one meeting for some of the passages

1. Turning of water into wine: John 2:1–12
2. Healing of the royal official's son: John 4:46–54
3. Healing of the paralytic: John 5:1–17
4. Feeding of the five thousand: John 6:1–14
5. Walking on water: John 6:16–24
6. Healing of the man born blind: John 9:1–41
7. Raising Lazarus from the dead: John 11:1–46

IV. DISCOVER SERIES [For those who Need Bible Background]

Discover God

Who God is and what He is like

- 1 Creation—Genesis 1
- 2 Creation of People—Genesis 2
- 3 Disobedience of People—Genesis 3
4. Noah and the Flood—Genesis 6:5–8:14
5. God's Promise with Noah—Genesis 8:15–9:17
6. God Speaks to Abraham—Genesis 12:1–7; 15:1–6
- 7 David becomes King of Abraham's Descendants—1 Samuel 16:1–13; 2 Samuel 7:1–28
8. King David and Bathsheba—2 Samuel 11:1–27
9. Nathan's Story—2 Samuel 12:1–25
- 10 God Promises Savior will come—Isaiah 53



Discover Jesus

Who Jesus is and why He came

1. Savior Born—Matthew 1:18–25
2. Jesus' Baptism—Matthew 3:7–9, 13–15
3. Crazy Man Healed—Mark 5:1–20
4. Jesus Never Loses Sheep—John 10:1–30
5. Jesus Heals the Blind—Luke 18:31–42
6. Jesus and Zaccheus—Luke 19:1–9
7. Jesus and Matthew—Matthew 9:9–13
8. Jesus is the Only Way—John 14:1–15
9. Holy Spirit Coming—John 16:5–15
10. Last Supper—Luke 22:14–20
11. Arrest and Trial—Luke 22:47–53; 23:13–24
12. Execution—Luke 23:33–56
13. Jesus is Alive—Luke 24:1–7, 36–47; Acts 1:1–11
14. Believing and Doing—Philippians 3:3–9

V. STRENGTHEN SERIES [For New Believers or Groups That Need Discipling Focus]

Jesus Says—Learn to obey the basic commands of Jesus

Keep sharing Jesus with people on your list

- 1.1 Learn and do—John 14:15–21
- 1.2 Repent, Believe, Follow—Mark 1:14–17; Ephesians 2:1–10
- 1.3 Be baptized—Matthew 28:19; Acts 8:26–38
- 1.4 Love God, Love People—Luke 10:25–37

Jesus Also Says—Learn to obey the basic commands of Jesus Keep sharing Jesus with people on your list

- 2.1 Talk with God—Matthew 6:9–13. Learn and practice Jesus' model of prayer
- 2.2 Remember and Commemorate Jesus—Luke 22:14–20; 1 Corinthians 11:23–32
- 2.3 Give—Acts 4:32–37
- 2.4 Pass it on—Matthew 28:18–20

Follow as I Follow—Make disciples Pass on to others what you have learned Teach these people to pass it on too.

- 3.1 Find a Disciple—2 Timothy 1:1–14
- 3.2 Pass it on—2 Timothy 2:1–4, 14–16
- 3.3 Teach them to teach others—2 Timothy 3:1–17



3.4 Hard times—2 Timothy 4:1–22

Multiply Your 3/3 Group—Gather your disciples into new groups

4.1 Get Started and make a plan—Luke 10:1–11.

Listen to Jesus' instructions as you start a new group

4.2 Gather Together—Acts 2:14–47

4.3 Person of Peace—Mark 5:1–20; 6:53–56. Look for people willing to share their story about Jesus Start a group with that person & their friends & family

4.4 Who is ready—Matthew 13:1–9, 18–23

Lead—Learn how to lead a 3/3 Group

5.1 Model [lead like this]—John 13:1–17

5.2 Model [don't lead like this]—3 John 5–14

5.3 Assist—Mark 4:35–41

5.4 Watch—Luke 10:1–11, 17, 20

5.5 Leave—Matthew 25:14–30

Go: Local—Learn how to reach your local community

6.1 Go local—Acts 1:1–8

6.2 Help the poor. Share the good news—Luke 7:11–23

6.3 Go where God sends—Acts 10:9–48

6.4 Go with a plan—Acts 13:1–3; 32–33; 38–39; 4:21–23; 26–27

Go: Global—Learn how to reach the ends of the earth

7.1 Go: Global—Acts 1:1–8; Matthew 28:19–20

7.2 Go where God sends—Acts 8:26–38

7.3 God loves every people group—John 4:4–30; 39–41

7.4 Go with a plan—Acts 13:1–3; 32–33; 38–39; 14:21–23; 26–27

Remember the Basics—Learn what to do when you meet

8.1 Jesus is First—Philippians 2:1–11

8.2 Talk with God—Matthew 6:9–13

8.3 Community—Hebrews 10:23–25

8.4 The Bible—2 Timothy 3:10–17

Commit—Learn to stay strong and keep following Jesus

9.1 Disobedience—Jonah 1

9.2 Commit—Jonah 2

9.3 Obey—Jonah 3

9.4 Obey all the way—Jonah 4

9.5 Use it or Lose it—Matthew 25:14–30



VI. BIG PICTURE SERIES [For those who Need Bible Background]

Passages of Scripture

1. God Creates – Genesis 1:1-31, 2:1-4
2. God Creates Man and Woman – Genesis 2:4-25
3. Man and Woman Eat the Fruit – Genesis 3:1-13
4. God's Curses – Genesis 3:14-24
5. God Regrets His Creation – Genesis 6:5-8
6. God Saves Noah and His Family – Genesis 6:9-22, 7:1-24, 8:1-14
7. God's Covenant with Noah – Genesis 8:15-22, 9:1-17
8. God's Covenant with Abram – Genesis 12:1-8, 15:1-6, 17:1-7
9. Abraham Gives His Son as an Offering – Genesis 22:1-19
10. God Spares His People – Exodus 12:1-28
11. The Commands of God – Exodus 20:1-21
12. The Sin Offering – Leviticus 4:1-35
13. God's Righteous Servant – Isaiah 53:1-12
14. Jesus is Born – Luke 1:26-38, 2:1-20
15. Jesus is Baptized – Matthew 3, John 1:29-34
16. Jesus is Tested – Matthew 4:1-11
17. Jesus and the Religious Leader – John 3:1-21
18. Jesus and the Samaritan Woman – John 4:1-26, 39-42
19. Jesus and the Paralyzed Man – Luke 5:17-26
20. Jesus Calms the Storm – Mark 4:35-41
21. Jesus and the Man with Evil Spirits – Mark 5:1-20
22. Jesus Raises a Man from the Dead – John 11:1-44
23. Jesus Talks about His Betrayal and the Covenant – Matthew 26:17-30
24. Jesus is Betrayed and Faces Trial – John 18:1-40, 19:1-16
25. Jesus is Crucified – Luke 23:32-56
26. Jesus is Resurrected – Luke 24:1-35
27. Jesus Appears to the Disciples and Ascends to Heaven – Luke 24:36-53
28. Enter into the Kingdom of God – John 3:1-21 (Acts 2:1-41)

