

## **5 DAY DEVOTIONAL**

Day 1: God Our Refuge Reading: Psalm 46:1-3

In a world that often feels chaotic and uncertain, Psalm 46 reminds us that God is our ultimate refuge and strength. When the ground beneath us seems to shift and mountains crumble into the sea, we can find solace in the unwavering presence of our Creator. Today, reflect on the areas of your life where you feel most vulnerable or afraid. How can you actively seek God as your refuge in these situations? Remember, God is not just a distant protector, but an "ever-present help in trouble." Take time to be still and acknowledge His presence, allowing His peace to permeate your heart and mind.

## Day 2: The River of Joy Reading: John 7:37-39

The image of a life-giving river flowing through the city of God in Psalm 46 finds its fulfillment in Jesus' words about the Holy Spirit. Just as a river brings life and joy to a city, the Holy Spirit brings spiritual vitality and joy to believers. Today, consider the areas of your life that feel dry or stagnant. Are you allowing the living water of God's Spirit to flow freely through you? Ask God to fill you afresh with His Spirit, and to let rivers of living water flow from within you, bringing life and joy to those around you.

Day 3: Surrendering to God's Sovereignty Reading: Romans 8:28-39

Psalm 46:10 calls us to "Be still, and know that I am God." This is an invitation to surrender our control and trust in God's sovereignty. Paul's words in Romans 8 echo this truth, assuring us that God works all things for the good of those who love Him. Today, identify an area of your life where you're struggling to let go of control. How might your perspective change if you truly believed that God is working for your good, even in difficult circumstances? Practice being still before God, acknowledging His authority over every aspect of your life.



## Day 4: God With Us in the Storm Reading: Matthew 8:23-27

The psalmist declares that God is with us, our fortress even when nations are in uproar and kingdoms fall. This truth is beautifully illustrated in Jesus calming the storm. When life's tempests rage around us, we often react like the disciples – with fear and panic. But Jesus demonstrates His power over chaos, inviting us to trust Him. Today, what "storms" are you facing? How can you invite Jesus into these situations? Remember, the same God who commands the wind and waves is with you in your boat. Let His presence calm your fears and strengthen your faith.

## Day 5: Unshakeable Hope Reading: Hebrews 12:25-29

Psalm 46 concludes with a powerful affirmation of God's presence and protection. The author of Hebrews expands on this, describing a kingdom that cannot be shaken. In a world where so much seems uncertain, we have the promise of an unshakeable hope in Christ. Today, reflect on the temporary things you might be clinging to for security. How can you shift your focus to the eternal, unshakeable kingdom of God? Let this perspective transform how you approach challenges and opportunities. Thank God for the grace that allows you to serve Him with reverence and awe, knowing that your hope is anchored in His unchanging nature.

