

UNDER PRESSURE

Part of Summer At City Point '25

July 27, 2025

TODAY: UNDER PRESSURE

1. PRESSURE CAUSES UNREALISTIC FEAR

Psalm 46:1 God is our refuge and strength [mighty and impenetrable],
A very present and well-proved help in trouble. (NKJV)

1 Peter 5:7 ...casting all your cares [all your anxieties, all your worries,
and all your concerns, once and for all] on Him, for He cares about you
[with deepest affection, and watches over you very carefully]. (AMP)

1 Kings 19:5 Then as he lay and slept under a broom tree, suddenly a
angel touched him, and said to him, "Arise and eat." 6 Then he
looked, and there by his head was a cake baked on coals, and a jar of
water. So he ate and drank, and lay down again. 7 And the angel of
the Lord came back the second time, and touched him, and said,
"Arise and eat, because the journey is too great for you."

Psalm 39:4 "Lord, make me to know my end, And what is the measure
of my days, That I may know how frail I am. 5 Indeed, You have made
my days as handbreadths, And my age is as nothing before You;
Certainly every man at his best state is but vapor. Selah 6 Surely
every man walks about like a shadow; Surely the busy themselves in
vain; He heaps up riches And does not know who will gather them. 7
"And now, Lord, what do I wait for? My hope is in You. 8 Deliver me
from all my transgressions; Do not make me the reproach of the
foolish. 9 I was mute, I did not open my mouth, Because it was You
who did it. 10 Remove Your plague from me; I am consumed by the
blow of Your hand. 11 When with rebukes You correct man for iniquity,
You make his beauty melt away like a moth; Surely every man is
vapor. Selah 12 "Hear my prayer, O Lord, And give ear to my cry; Do
not be silent at my tears; For I am a stranger with You, A sojourner, as
all my fathers were.

Matthew 11:28 Come to Me, all you who labor and are heavy laden,

and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light.”

1 Kings 19:11 Then He said, “Go out, and stand on the mountain before the Lord.” And behold, the Lord passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake;

2. GOD’S PEACE IS MIGHTIER THAN THE DISTRACTION

TEXT GIVING - Text CITYPOINT to 77977 TODAY’S SONGS: Goodbye Yesterday (Elevation Rhythm), I Know A Name (Elevation Worship), My Hallelujah (Bethel), Jesus We Love You (Bethel).