

Dwell

Part of One Thing
January 4, 2026

TODAY: DWELL

Psalm 27:1 The LORD is my light and my salvation— so why should I be afraid? The LORD is my fortress, protecting me from danger, so why should I tremble? 2 When evil people come to devour me, when my enemies and foes attack me, they will stumble and fall. 3 Though a mighty army surrounds me, my heart will not be afraid. Even if I am attacked, I will remain confident. 4 One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple. 5 For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his sacred tent and set me high upon a rock.

- **THE ONE THING YOU NEED EVERY DAY IS GOD'S PRESENCE**

1. FASTING CLARIFIES YOUR ONE DESIRE

Joel 2:12 But there's also this, it's not too late - God's personal Message! - "Come back to me and really mean it! Come fasting and weeping, sorry for your sins!" 13 Change your life, not just your clothes. Come back to God, your God. And here's why: God is kind and merciful. He takes a deep breath, puts up with a lot, This most patient God, extravagant in love, always ready to cancel catastrophe.

- **IT'S VOLUNTARY AND PURPOSEFUL**
- **IT'S GOD-DIRECTED, NOT PEOPLE-DIRECTED**
- **IT'S USUALLY PAIRED WITH PRAYER AND SEEKING GOD**
- **IT'S AN ACT OF HUMILITY AND DEPENDENCE**

Romans 8: 11 The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.

2. PRAYER MOVES YOU INTO HIS PRESENCE

Matthew 6:10 your kingdom come, your will be done, on earth as it is in heaven.11 Give us today our daily bread.12 And forgive us our debts, as we also have forgiven our debtors.13 And lead us not into temptation, but deliver us from the evil one. 14 For if you forgive other people when they sin against you, your heavenly Father will also forgive you.15 But if you do not forgive others their sins, your Father will not forgive your sins.

1. PRAYER AND FASTING INVITE GOD INTO OUR LIFE

Psalm 91:1 Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty.2 I will say of the LORD, “He is my refuge and my fortress, my God, in whom I trust.”

GOD, YOU ARE MY ONE THING

TEXT GIVING – Text CITYPOINT to 77977 TODAY'S SONGS: Goodbye Yesterday(Elevation RHYTHM), I Know a Name (Elevation Worship), My Hallelujah (Bethel Music)