



KEY SCRIPTURE

Galatians 5:22 & 23 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things.

TAKEAWAYS

- IN THE MIDST OF FEAR, GOD COMMANDS PEACE
- IN ASSIGNMENT, GOD COMMANDS PEACE
- IN OUR DOUBTS, HE COMMANDS PEACE

QUESTIONS

1. Scripture defines peace as being free from the effects of our circumstances. When have you personally experienced that kind of peace?
2. Brandon said, “peace belongs to us because we belong to Christ.” How does that truth shape the way you face challenges?
3. Peace isn’t the absence of the storm, but the presence of the Lord. What practical ways help you stay reminded of His presence in the middle of life’s chaos?

PUT IT IN ACTION

In Matthew 8:23–27, the disciples panicked while Jesus rested in the storm. His peace wasn’t the absence of the wind and waves, it was the presence of the Lord. This week, take a “peace break” by pausing to focus on His presence. That might look like a quick prayer, a worship song, a prayer walk, or reading Scripture. As you invite the Holy Spirit into your moment, remember: peace isn’t just a feeling, it’s God Himself with you in the midst of your chaos.