



KEY SCRIPTURE

Galatians 5:22 & 23 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things.

TAKEAWAYS

- PROBLEMS ARE EXPECTED, BUT JOY IS THE ANSWER
- JOY FLOWS FROM CONNECTION
- JOY MUST BE REJOYED

QUESTIONS

1. Ps Eddie spoke of how choosing joy isn't pretending the reality of the situation doesn't exist, but rather choosing to look at the situation from a different perspective. Can you think of a time where you chose joy in the midst of a difficult situation?
2. Pastor Eddie shared about Joseph who was betrayed by his brothers and several others, but chose joy in the midst of offense and persecution. Choosing joy comes from having unity with the Holy Spirit and staying connected to "the true vine" (John 15:5). If choosing joy means staying in purposeful relationship with Jesus, how might this change the way we approach difficult circumstances in our lives?
3. Pastor Eddie's final point was that we need to rejoice often, or rather find ways to abide in Christ and choose joy each day. What are some ways you can start choosing joy regularly in your life?

PUT IT IN ACTION

It's not difficult to see the negative in the world around us. But if we are called to abide in Christ and choose the joy of the Holy Spirit daily, we must be intentional in doing so. This week, set aside 5 minutes at the end of your day to pray and reflect on 3 things that were good about your day. Write them down and think about why they were good, and thank God for His goodness in your life.