



Small groups at Trinity offer opportunities for in depth Bible study, meaningful fellowship, and the development of supportive communities. We encourage you to enrich your life by joining one (or more!) of these small groups going on at Trinity throughout the week.

### **Sundays**

#### **8:30 a.m.**

- Young Adults | Church Library | This class meets for coffee and conversation on the Word of God.

#### **9:45 a.m.**

- Agape | 301 | This class focuses on sharing the concepts of Agape: selfless, encouraging, and unconditional love.
- Aldersgate | 305 | This class has lively discussions on a wide range of topics. It is definitely not a lecture class.
- Betty Phifer | 307, hybrid | This class focuses on four themes approached from a Christian perspective: devotion to God; theological and Biblical topics and history; social and political issues; and interfaith relations.
- Just Us Gals | 220 | This women's class gathers for Bible study, lively discussions, and laughter!
- Wesley Adult Studies | Library | This class offers fellowship and study for all ages.

#### **11:00 a.m.**

- Son Servants | Library | This class uses curriculum as a jumping-off point for deep discussions and relationship-building.

### **Mondays**

#### **9:30 a.m.**

- Women's Bible Study | Church Library | Start your week with conversation and Bible study led by our Senior Director of Christian Education, Candace Duclos.

#### **6:30 p.m.**

- Centering Prayer and Lectio Divina | High School Room in the Underground | Revitalize your prayer routine with Lectio Divina and Centering Prayer for a fresh take on Scripture and connection to God.

## **Tuesdays**

**7:00 a.m.**

- Men's Daybreak | Moor Hall Join Rev. Williams and Rev. Curry for breakfast and conversation.

**6:30 p.m.**

- Celebrate Recovery Open Share Group for Women | High School Room in the Underground

**7:30 p.m.**

- Young Adult Bible Study | Meeting in private homes |

This group meets for Bible study, snacks, conversation, and fellowship.

## **Wednesdays**

**4:15 p.m.**

- Richard Andrews' Bible Study |Church Library | This class engages in an in depth Bible study covering various topics.

**6:15 p.m. | Lay Academy Classes**

- Parenting Village | Conference Room | These parents meet after Wednesday Night Dinner to support each other while their children are in the care of our Christian Education staff. They also arrange periodic family outings.

Other Lay Academy classes vary by season. See the full schedule below in the Lay Academy section of our Adult Ministries webpage for up-to-date listings.

## **Fridays**

**10:00 a.m.**

- Friday Study Group | Zoom |This group meets for discussion and book studies that relate to our experience as Christians in an imperfect world.

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In addition to these small group studies, many other opportunities for involvement and fellowship are available throughout the week, including the following:

- BFC (Becoming Fit at Church) exercise classes are offered on Tuesdays and Thursdays.
- Wednesday Night Dinners are served at 5:30 p.m. Check the Trinity app or website to see the menu and make your reservation.

We have additional groups that meet monthly and periodically for service, study, and fellowship. For more information, check out our website at [tumct.org](http://tumct.org) or contact Senior Director of Christian Education Candace Duclos at [cduclos@tumct.org](mailto:cduclos@tumct.org).