



# Preschool Lesson



## Lesson 5: Can I Really Be Free?



**Whatchagaddaknow:**  
"I Know God Can Set Me Free!"



**Power Verse:**  
"So if the Son sets you free, you are truly free."

- John 8:36

### Before the Lesson

- \* Collect the items for the activities you plan to use, referring to the Classroom Supplies and Lesson Manual Supplies listed in the chart.
- \* Pray for your students and for God's direction in teaching the class.

### This Lesson at a Glance

Activity	Classroom Supplies	Lesson Manual Supplies
Bible Story – This week, the kids will learn from the story of God setting his people free from slavery in Egypt (Exodus 5-13).		Bible Story Pictures (pg. 5-9)
Hands-On-Learning – The kids will learn that God protects, blesses, and sets his people free!	A bandana or a piece of rope	
Craft Option #1 – Bible Story Coloring Page	Crayons or markers	Bible Story Coloring Page Print Piece (pg. 10)
Craft Option #2 - Frog Craft	Crayons or markers, wiggle eyes, glue cardstock	Frog Craft Print Piece (pg. 11)
Craft Option #3 – Kids And Frogs Coloring Page	Crayons or markers	Kids And Frogs Coloring Page Print Piece (pg. 12)



## Bible Story

**Supplies Needed:** Bible Story Pictures (provided on pg. 5-9)

**Teacher Instruction:** Before class begins, print the Bible Story Pictures. Have the children gathered around so they can see the pictures.

**Say-** God told Moses to go speak to Pharaoh and tell him to let God’s people go. He went straight to Egypt and stood before Pharaoh (*show pic*) and said, “God says, ‘Let my people go!’”

**Say-** Pharaoh said, “No way!” So, Moses decided to show God’s power to Pharaoh. He told his brother, Aaron, to throw his staff out of his hand, (*show pic*) and it instantly became a snake.

**Say-** Pharaoh had his magicians do the same thing. They threw their staffs on the ground, and their staffs became snakes. (*show pic*) But, Moses and Aaron’s snake began to swallow all of Pharaoh’s snakes.

**Ask-** Do you think this made Pharaoh listen?

**-Allow time for responses-**

**Say-** Nope! Pharaoh still refused to listen to Moses. Now it was time for God to really show His power to Pharaoh. God sent a series of terrible plagues upon Egypt. (*show pic*) There were plagues of frogs everywhere, water turning to blood, dying cattle, darkness, you name it! Terrible things kept happening in the land of Egypt, but Pharaoh STILL refused to let God’s people go.

**Say-** While bad things were happening to Pharaoh and the Egyptians, God watched over His people, the Israelites. None of the bad things happened to the Israelites. Isn’t that amazing? God was blessing and protecting His people.

**Say-** The final plague was a visit from the Angel of Death. With the final plague, Pharaoh’s son died. This finally got Pharaoh’s attention. (*show pic*) After his son died, Pharaoh called Moses in and told him, “Take your people and leave! You are FREE!”

**Say-** Finally, after hundreds of years of slavery, God’s people were free to leave Egypt. God had blessed and protected His people through all of the terrible plagues, and now they were set FREE!

**Say-** God can bless, protect, and set you FREE from anything!

**Pray**



# Hands-On Learning

**Supplies Needed:** A bandana or a piece of rope

**Teacher Instruction:** Before class begins, gather classroom materials. Have the children gathered around so they can see any illustration materials.

**Say-** I need a volunteer who knows how to tie a knot. *(Choose a willing helper)*

**Say-** Okay, will you please tie my hands together? *(Allow the volunteer to gently tie your hands)*

**Say-** Look at my hands! They're not free. I can't move them around or do what I want. They're stuck, tied up with this rope. *(Try to move your hands around, showing the kids that they are stuck together)*

**Say-** That's kind of how the Israelites felt. They weren't free either. They were stuck—not with ropes, but with rules and work they didn't choose. They were slaves in Egypt. Pharaoh, the king, made them do whatever he wanted.

**Say-** If Pharaoh said, “Build me a big building,” they had to do it. If Pharaoh said, “No food for a week,” they didn't get to eat.

**Say-** That's not how God wanted His people to live. God loved them so much, and He had a better plan. So, God sent a man named Moses to help set His people free.

**Say-** But Pharaoh didn't want to listen. He kept saying “No!” So, God had to send some really big troubles to get Pharaoh's attention.

**Say-** These troubles were called plagues. Frogs everywhere, flies everywhere, and all sorts of crazy things happened in Egypt. They were scary, but guess what?

**Say-** God protected His people. Even when bad things were happening all around, God kept the Israelites safe! God watched over them because He loved them.

**Say-** And you know what? God watches over you, too! Even when things feel hard or scary, God hasn't forgotten you. He's always working to help you, protect you, and keep you safe.

**Say-** God had a plan to set His people free, and He did it! Can my volunteer please come back and untie my hands? *(Allow the child to untie your hands)* Thank you! It feels so good to be free!

**Say-** God set His people free, and He can set you and me free too! The Bible tells us that God protects us, loves us, and can set us free from sin and harm.

**Say-** Say this with me: I know God can set me free! *(Say the phrase aloud with the kids)*



## Craft #1: Bible Story Coloring Page

*Supplies Needed: Bible Story Coloring Page Print Piece (provided on pg. 10); Crayons or markers*

*Teacher Instruction: Before class begins, print the Bible Story Coloring Page Print Piece. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.*

**How To Do Craft** - Kids can color freely as they choose.



## Craft #2: Frog Craft

*Supplies Needed: Frog Craft Print Piece (provided on pg. 11); Crayons or Markers; Wiggle Eyes; Glue; Cardstock*

*Teacher Instruction: Before class begins, print the Frog Craft Print Pieces. This will work best if printed on cardstock. Make sure you have enough craft pages for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for crafting.*

**How To Do Craft** - Allow the kids to decorate the frog using crayons or markers. Use glue to attach wiggle eyes to the frog's face. As you help the kids with the craft, talk about how God can set us free.



## Craft #3: Kids And Frogs Coloring Page

*Supplies Needed: Kids And Frogs Coloring Page Print Piece (provided on pg. 12); Crayons or markers*

*Teacher Instruction: Before class begins, print the Kids And Frogs Coloring Page Print Pieces. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.*

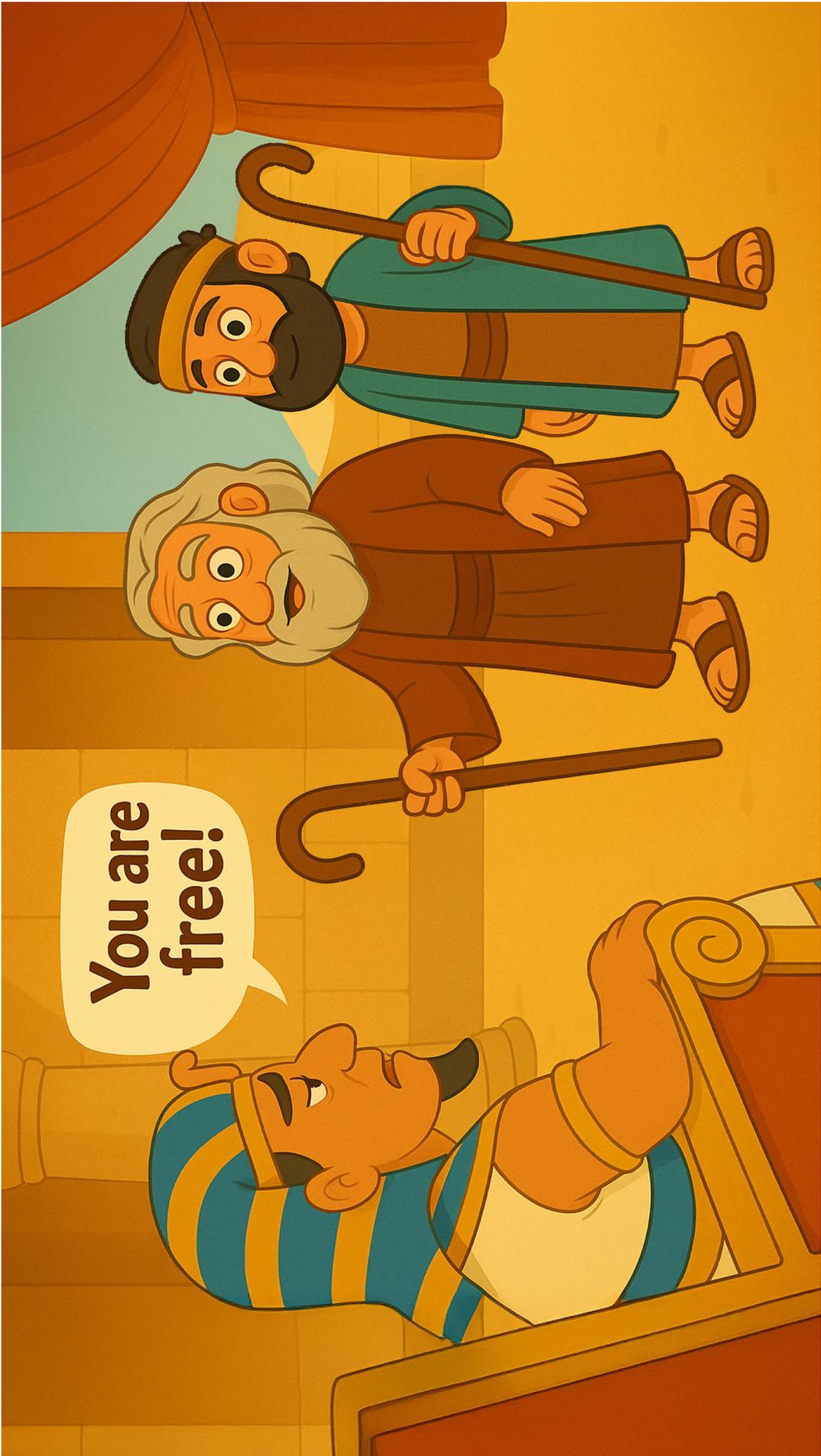
**How To Do Craft** - Kids can color freely as they choose.





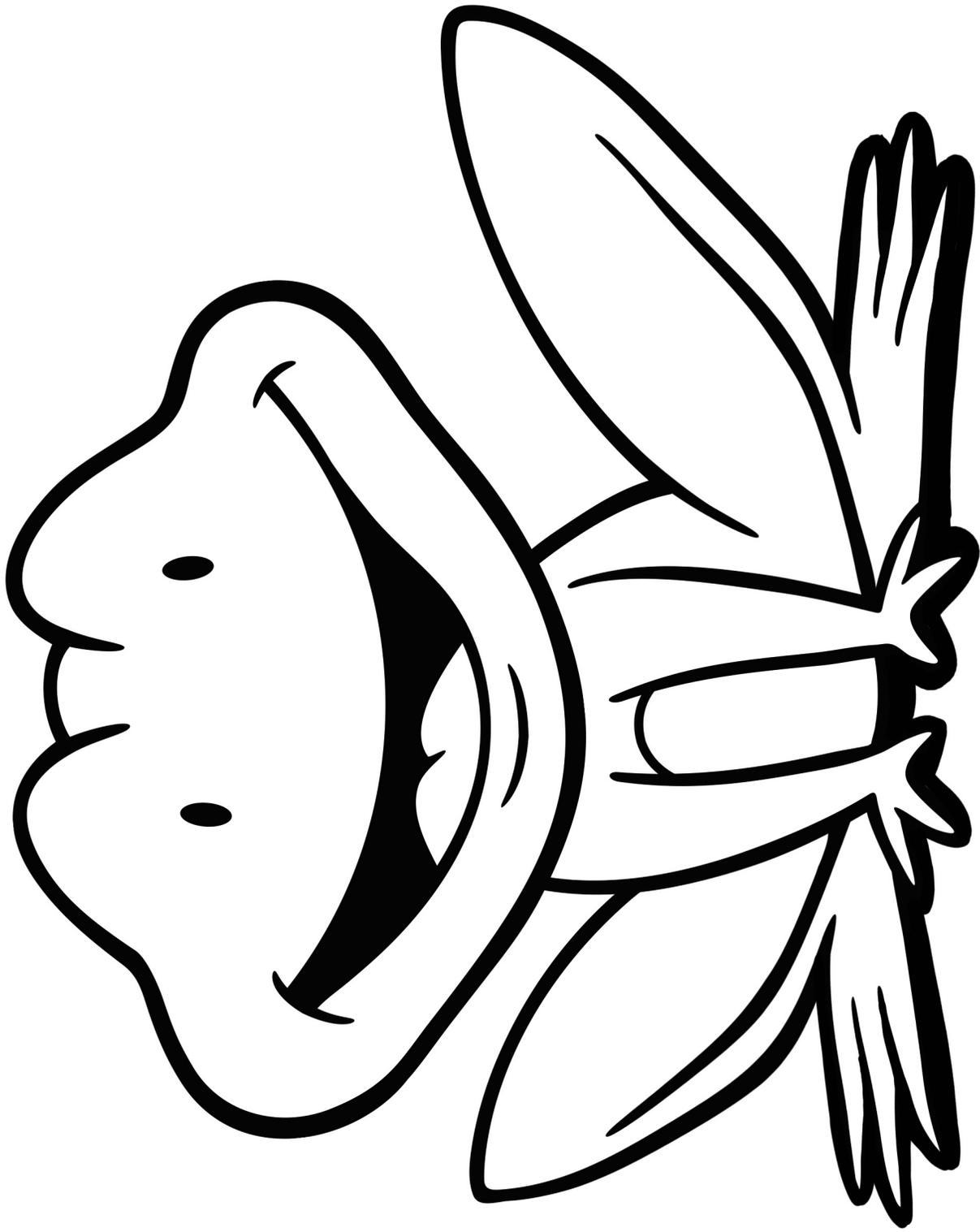








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AND LEAVE EGYPT. GOD'S PEOPLE WERE FREE!**



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