

Preschool Lesson



Lesson 3: When The Family Breaks Down



"When I Don't Know What To Do, God Will See Me Through!"

Power Verse:

"Give your burdens to the Lord, and he will take care of you..."

- Psalm 55:22

Before the Lesson

- * Collect the items for the activities you plan to use, referring to the Classroom Supplies and Lesson Manual Supplies listed in the chart.
- * Pray for your students and for God's direction in teaching the class.

This Lesson at a Glance

Activity	Classroom Supplies	Lesson Manual Supplies
Modern Life Story – This week, the kids will learn from the story of Jeff and how he dealt with his parents' divorce.		Modern Life Story Pictures (pg. 6-9)
Hands-On-Learning – The kids will learn that God helps with the hurt that comes from broken family situations!	Paper grocery sack with a sad face drawn on the front, something heavy	
Craft Option #I – Modern Life Story Coloring Page	Crayons or markers	Modern Life Story Coloring Page Print Piece (pg. 10)
Craft Option #2 - God Will See Me Through Craft	Crayons or markers, scissors, craft sticks, glue	God Will See Me Through Craft Print Piece (pg. 11)
Craft Option #3 – Psalm 55:22 Coloring Page	Crayons or markers	Psalm 55:22 Coloring Page Print Piece (pg. 12)



Modern Life Story

Supplies Needed: Modern Life Story Pictures (provided on pg. (6-9)

Teacher Instruction: Before class begins, print the Modern Life Story Pictures. Have the children gathered around so they can see the pictures.

- **Say-** Today's story is about a young boy named Jeff. (show pic) Jeff was a happy six-year-old. Jeff's parents loved him very much. They did almost everything together.
- **Say-** They had picnics, went to the movies, and went on vacation! Jeff loved his parents, and they loved him. They raised Jeff to know that God loved him, too.
- **Say-** Jeff's parents wanted the best for him, and he knew they would always be there for him. (show pic)
- **Say-** One day, when Jeff got home from school, his parents were talking very seriously to each other in the kitchen. Jeff wondered what was going on, but he didn't say anything. He was very quiet.
- **Say-** Jeff's mom and dad told him about something very serious. His mom and dad had been having trouble getting along for a very long time. Their marriage was ending. Suddenly, they mentioned the word that Jeff hoped he would never hear... "divorce." (show pic)
- **Say-** Jeff couldn't believe it. His parents were getting a divorce. He ran to his bedroom and began to cry. He must have cried for hours.
- **Say-** His family was broken, and he was so sad. He didn't think he would ever be happy again.
- **Say-** So, Jeff decided to pray. He asked God for help because he was so sad. He prayed for God to heal his broken heart and help him be strong through this hard time.
- **Say-** Do you know what? (show pic) As Jeff prayed, God surrounded him with His love, healed his broken heart, and reminded him that He would always be there for him, no matter what.
- **Say-** Even during the saddest time in his family, God helped Jeff make it through.
- **Say-** God will always help you get through!

Pray



Supplies Needed: Paper grocery sack with a sad face drawn on the front, something heavy to go in the grocery sack

Teacher Instruction: Before class begins, gather classroom materials. Have the children gathered around so they can see any illustration materials.

Say- I need a very strong volunteer!

-Choose a volunteer and have them stand next to you-

Say to the volunteer- I have something for you to carry. It's this sack. (Show the sad face sack to the group)

Ask- What do you notice about this sack?

- -Allow time for response-
- **Say-** This sack is very sad. (Volunteer's name) I would like you to help carry this sack. (Carefully hand the heavy sack to the volunteer, staying close by in case they need help with the heavy sack)

Ask the volunteer- What do you notice about this sack?

- -Allow time for response-
- **Say-** This sack is very heavy! It's difficult for you to carry alone. You couldn't hold it for very long without dropping it or the sack falling apart because it's so heavy.
- **Say to the volunteer-** Give the sack to me, and I will help carry the heavy load. (*Take the sack from the volunteer*)
- **Say-** I can carry this heavy sack because I am bigger and stronger. It doesn't mean (*Volunteer's name*) is weak; it simply means I am bigger and stronger.
- **Say to the volunteer-** Thank you, (Volunteer's name). You can sit down. You did a great job!
- **Say-** Sometimes things happen that make us very sad. When a family breaks apart because of divorce, that is very sad. That sadness can be very heavy and too much to carry on your own.
- **Say-** When you are filled with sadness that is too heavy to carry on your own, you need help from someone bigger and stronger.
- **Ask-** Can you think of someone who is bigger and stronger than all of us?

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- -Allow time for response-
- **Say-** GOD is bigger and stronger than anyone, anywhere!
- **Say-** When you are sad and don't know what to do, ask God for help! He will take your heavy sadness and carry it. The Bible says in Psalm 55:22, "Give your burdens to the Lord, and he will take care of you..."
- **Say-** You don't have to go through sad times alone. Pray and ask for God's help. He will always listen and answer because God loves and cares about you! God will take care of you!
- **Say-** Let's say this together: "When I don't know what to do, God will see me through!" (Say the phrase aloud with the kids)

Pray



Craft #1: Modern Life Story Coloring Page

Supplies Needed: Modern Life Story Coloring Page Print Piece (provided on pg. 10); Crayons or markers

Teacher Instruction: Before class begins, print the Modern Life Story Coloring Page Print Piece. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.

How To Do Craft - Kids can color freely as they choose.



Craft #2: God Will See Me Through Craft

Supplies Needed: God Will See Me Through Craft Print Piece (provided on pg. 11); Crayons or Markers; Scissors; Craft Sticks; Glue

Teacher Instruction: Before class begins, print the God Will See Me Through Craft Print Pieces. Make sure you have enough craft pages for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for crafting.

How To Do Craft - Allow the kids to decorate and cut out one craft piece. Fold the piece in half and use the glue to attach the craft stick between the two halves so the words face out. The kids can turn the craft and practice saying the Whatchagaddaknow. As you help the kids with the craft, talk about how God helps us during sad times.



Craft #3: Psalm 55:22 Coloring Page

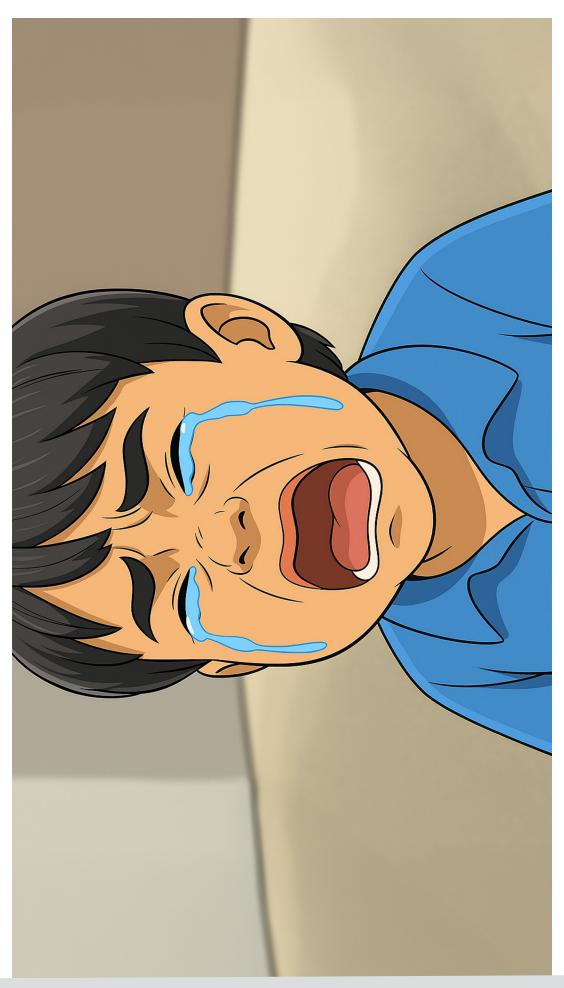
Supplies Needed: Psalm 55:22 Coloring Page Print Piece (provided on pg. 12); Crayons or markers

Teacher Instruction: Before class begins, print the Psalm 55:22 Coloring Page Print Pieces. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.

How To Do Craft - Kids can color freely as they choose.



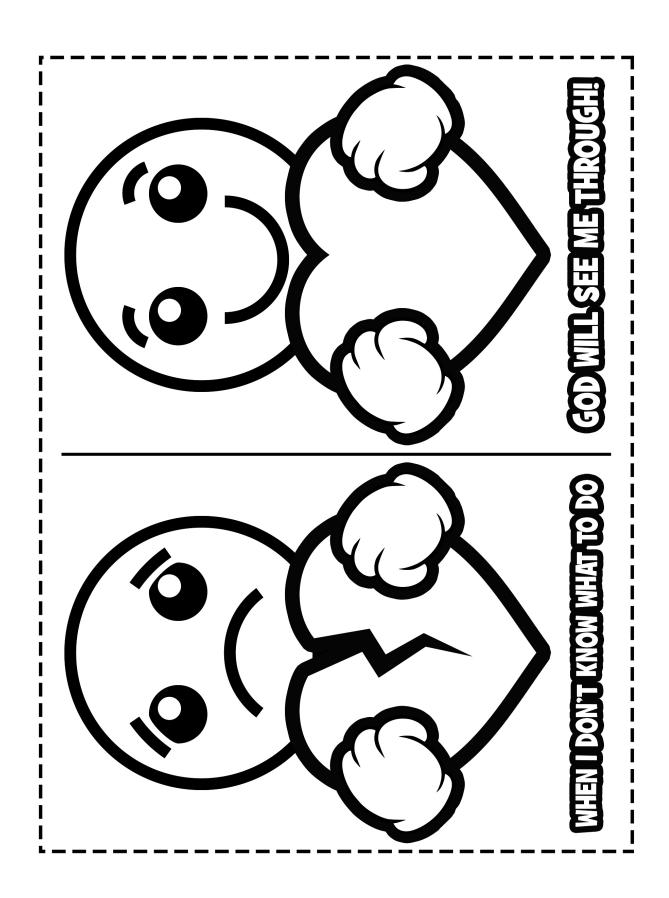


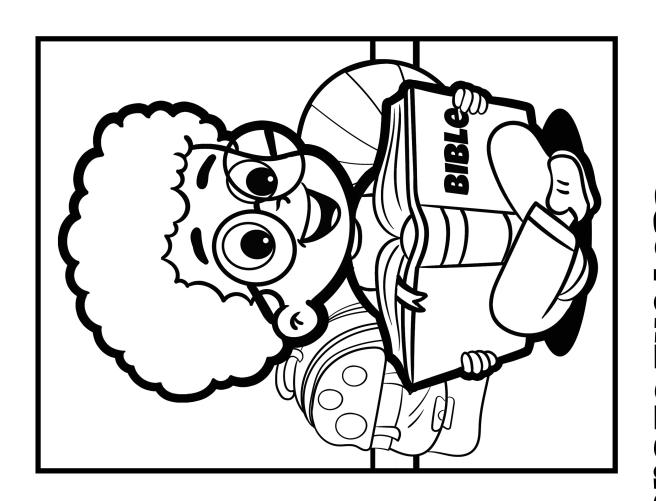


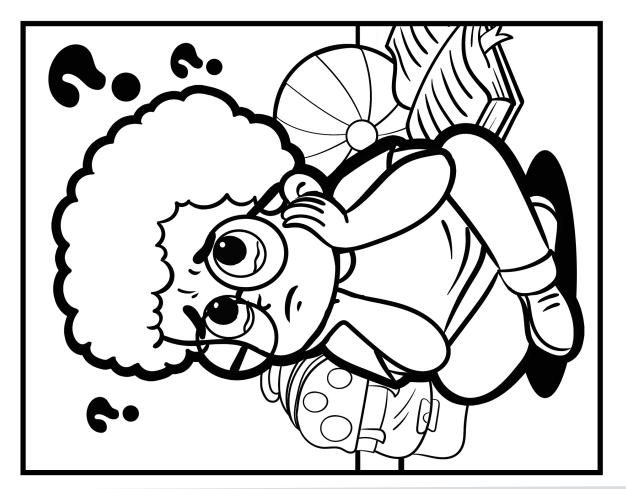




GOD WAS WITH JEFF AND HEALED HIS BROKEN HEART.







AND HE WILL TAKE CARE OF YOU..." PSALM 55:22 GIVE YOUR BURDENS TO THE LORD,