

# “Camp Wilderness” - LESSON 6

## “Road Rage”

### Main Focus:

We must not let anger control us.



### Power Verse:

“Don’t sin by letting anger control you.”

– Psalm 4:4a



### Whatchagaddaknow:

“Don’t Be A Fool, Always Keep Your Cool!”

## LEADER’S INFO

Every kid gets angry sometimes. Maybe someone cuts in line, breaks your favorite toy, or says something mean about you. Anger is a normal feeling, but what we do with that anger makes all the difference.

God’s Word tells us, “Don’t sin by letting anger control you.” That means it’s possible to feel angry without letting it take over. Instead of yelling, hitting, or getting even, we can take our anger to God. We can pause, pray, and let the Holy Spirit guide our words and actions.

In this lesson, kids will learn how to spot the signs when their anger is about to boil over—and how to cool down before they hurt themselves or others. They will see that self-control isn’t just about “trying harder,” but about letting God’s Spirit work in their hearts.



### “The Spark” Intro Video

“I’m So Mad!”



### “Whatchagaddaknow” Video

Boudreaux teaches “Whatchagaddaknow”



### Character Skit

“Ranger Rick”



### Offering Time



### Game Time!

“Temper Tantrum”



### Bible Story

“Moses Strikes The Rock”



### Power Verse Video

“Don’t sin by letting anger control you.”

– Psalm 4:4a



### Call To Action

“Road Rage”



### Rewind!

Review Game



### Small Group Experience

**Main Focus:**

We must not let anger control us.



**Power Verse:**

“Don’t sin by letting anger control you.”

– Psalm 4:4a



**Whatchagaddaknow:**

“Don’t Be A Fool, Always Keep Your Cool!”

**Lesson 6 Materials Needed:**

**“The Spark” Intro Video**

- “Lesson 6 - The Spark” Intro Video

**“Whatchagaddaknow” Video**

- “Whatchagaddaknow - Lesson 6 - Teaching” Video

- “Whatchagaddaknow - Lesson 6 - Trigger” Video

**Character Skit**

- “Ranger Rick” Theme Graphic/Music

**Offering Time**

- “Offering Time” Bumper Video

**Game Time!**

- “Game Time!” Bumper Video

- “Temper Tantrum” Graphic

- Four Small Pedometers

- Four Rubber Bands

- A Way To Keep Time

**Bible Story**

- “Lesson 6 - Bible Story” Graphics

**Power Verse Video**

- “Lesson 6 - Power Verse” Video

**Call To Action**

- “Lesson 6 - Call To Action” Graphics

- A Hand Grenade

**Rewind!**

- “REWIND!” Bumper Video

- “REWIND!” Lesson 6 Graphics

**Small Group Experience**

- Bible Story Print Piece

- Crayons, Pencils, Or Markers

- Popped Popcorn

- Plastic Cups

- A Way To Keep Time

- Bible

**“The Spark” Intro Video**

“I’m So Mad!”

**“Whatchagaddaknow” Video**

Boudreaux teaches “Whatchagaddaknow”

**Character Skit**

“Ranger Rick”

**Offering Time**

**Game Time!**

“Temper Tantrum”

**Bible Story**

“Moses Strikes The Rock”

**Power Verse Video**

“Don’t sin by letting anger control you.”

– Psalm 4:4a

**Call To Action**

“Road Rage”

**Rewind!**

Review Game

**Small Group Experience**



## **Introduction to “The Spark” Intro Video**

**Leader:** Hey, kids! We are finishing up our series, “Camp Wilderness.” We have learned a lot from the Israelites as they have wandered all over the wilderness on their way to the Promised Land.

Let me ask you something. Have you ever gotten super angry and totally lost your cool? Like, maybe your little brother “accidentally” ate the last cookie you were saving or somebody cut in line at recess and acted like it was no big deal?

How did you react? Did you yell at them? Maybe stomp off and slam a door? Yeah, we’ve all been there. It’s hard to control your actions when you get super angry. To help you understand a little bit more of what I mean, I want you to check out this video...

**(play “The Spark - Intro Video Lesson 6”)**

**Leader:** The truth is, everybody gets angry sometimes. But when we let our anger take control, it usually leads to something we regret later. God’s Word tells us we can feel angry without letting that anger control us. That’s called self-control, and it’s something God’s Spirit helps us with.

Today, you’re going to learn the dangers of letting anger control you. But, before we get into that, we need to find out “Whatchagaddaknow.”

**(play “Whatchagaddaknow” Teaching Video)**



## CHARACTER SKIT

**Character:** “Ranger Rick” (*Dressed as a typical forest ranger, Ranger Rick is very confident in his ability to come in and save the day - even if it isn’t needed. He is very upbeat and animated, with lots of energy.*)

**Rick:** (*Enters confidently*) Hello, everyone! Have you been practicing your wilderness survival skills?

**Leader:** (*Cheerful*) Welcome back, Ranger Rick! Ready to share some more of your wilderness wisdom with us today?

**Rick:** (*Excitedly*) Oh, absolutely! I’ve got tons of advice! Did you know if you yell at a bear, it gets scared and runs away?

**Leader:** I’ve read that bears are attracted to noise!

**Rick:** Aha! But if you attract them to you, you can scare them off with your incredible muscles! (*Flexes in a few funny poses*)

**Leader:** Right... But I think I want to keep the bears AWAY!

**Rick:** Maybe that’s a good idea... (*pointing at the leader’s arms*) It doesn’t look like you would scare off a cub!

**Leader:** (*Offended*) Hey! That’s not very nice!

**Rick:** (*To the kids*) We have an angry bear here, today!

**Leader:** I’m not an angry bear! I’m not a bear at all! I’m a person trying to teach the kids an important lesson.

**Rick:** That’s what an angry bear would say right before it eats you!

**Leader:** You know, Rick, this kind of reminds me of our lesson.

**Rick:** We’re talking about bears eating people? Awesome!

**Leader:** No, no, no. We’re talking about anger! We shouldn’t let it control us. Instead, we should choose to keep our cool.

**Rick:** Keep my cool? But what if a squirrel steals my sandwich? Do I just stand there while my delicious lunch goes to the little thief?

**Leader:** (*Laughing*) Well, you could try calmly asking the squirrel to give it back.

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## CHARACTER SKIT

*(Continued)*

**Rick:** Hmm, like this: “Excuse me, Mr. Squirrel, may I kindly have my sandwich back, please?” OR I could just yell at him!

**Leader:** *(Shaking head)* Yelling won’t help! In fact, it might scare the squirrel away, and then your sandwich will really be gone!

**Rick:** You’re right. That would be the worst thing to happen!

**Leader:** Exactly! Anger only makes our situations worse. How about taking a few deep breaths when you feel anger bubbling up?

**Rick:** *(Dramatically breathing in and out)* Like this?

**Leader:** Yes, good!

**Rick:** Okay, deep breaths! *(Breathes exaggeratedly)* Ahhhhh... *(looks to the side of the room)* Uh-oh! I just saw a squirrel!

**Leader:** Remember your breathing! A calm Ranger Rick is better than an angry Ranger Rick.

**Rick:** But what if he’s plotting? Squirrels are sneaky! Maybe it knows my secret snack stash!

**Leader:** If the squirrel wants your snacks, maybe it’s time to share a little!

**Rick:** Share? With a squirrel?! But what if it gathers its friends and forms a squirrel army against me?

**Leader:** Listen, Rick. There are no squirrels here. I promise! Even if there were, you can’t let yourself get too angry and worked up!

**Rick:** You’re right. Anger doesn’t help anything.

**Leader:** Exactly! Remember, give God control! He’ll guide you through all your angry moments.

**Rick:** Woo hoo! I don’t have to be controlled by my anger again! I am Ranger Rick, Guardian of the Wilderness!

*(EXITS WHILE THEME MUSIC PLAYS)*



# **GAME TIME**

## **“Temper Tantrum”**

### **Items Needed For Game:**

Four small pedometers; Four rubber bands; A way to keep time

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### **Preparation:**

Choose two boys and two girls to compete. Place a pedometer on the shoe/foot of each player using the rubber bands.

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### **How To Play:**

When you say, “Go!” each player must throw their best “temper tantrum” by stomping their foot against the ground. Each time their foot hits the ground, their pedometer will register one “step.” At the end of sixty seconds, the player who has the most “steps” registered on their pedometer is declared the winner!



# Bible Story

## “Moses Strikes The Rock”

### Materials Needed:

The graphic slides for Lesson 6; begin with the slide that says “Bible Story”; follow the instructions below, changing the slides to follow along with the story (*as shown*)

### Preparation:

Familiarize yourself with the story in *Numbers 20*; have your open Bible in your hands as you tell the story

### The Story:

Today’s Bible Story is found in Numbers chapter 20. The Israelites had been wandering in the wilderness for a very long time. You can imagine how difficult that must have been on them and on Moses. They came upon a place called Kadesh.

There was no water to drink at Kadesh, and the Israelites became very thirsty. They began to get angry and started complaining to Moses. (*show pic*) They said, “If only we had died already! Why did you bring us out here to this wilderness? You should have just left us in Egypt!”

This made Moses very angry. He had risked his own life to go into Egypt, speak to Pharaoh, and demand that the Israelites be set free. They were slaves back in Egypt and now they are saying they wish they had never left. God had performed miracle after miracle for the Israelites, and now they were complaining because they were thirsty. Moses was very upset. He prayed to ask God what to do.

(*show pic*) God told Moses, “Gather the people together and speak to that rock and it will pour out water. You will provide enough water from the rock to satisfy the whole community and their livestock.” Moses gathered the people together. Then, he let his anger out. (*show pic*) He yelled, “Listen, you complainers! Do I have to bring water out of this rock?” Then, he raised his staff (*show pic*) and struck the rock twice. Water began to gush out so everyone had enough water to drink.

Do you remember what God told Moses to do? He told Moses to SPEAK to the rock, but Moses STRUCK the rock instead of speaking to it. He disobeyed God because he was so angry at the Israelites for complaining. God told Moses, “Because you did not obey me, you will not be able to lead these people into the Promised Land.” Moses paid a huge price for his anger and disobedience. He let his anger control him, and it led him to disobey God.

That’s what you are going to learn about in your lesson today. You are going to learn that when you let your anger control you, it always costs you, and the price is never worth it.





## Call To Action “Road Rage”

### Materials Needed:

The “Lesson 6 - Call To Action” graphics; a hand grenade (*can be real or a toy*)

### Preparation:

Begin with the slide titled, “Lesson 6 - Call To Action - Title”; choose someone to assist you during the message (*prepare them ahead of time for what will happen during the lesson - see below*)



**The Message:** (*title slide*)

Today we are learning about something that MANY of us struggle with - Anger. We all get angry at times. How many of you have ever gotten angry at a brother or sister? (*have a child stand up and tell about a time they got angry at a brother or sister*) Or maybe you got angry at a friend because they did something that hurt you. (*have a child stand up and tell about a time they got angry at a friend*) Or maybe you even got angry at your parents because they wouldn’t let you do something you wanted to do like see a certain movie or spend the night over at someone’s house. There are many things that make us angry. We all get angry. And, there is something you need to understand...



**Anger Is Not A Sin** (*slide*)

It’s true. Anger is an emotion. God created us to have emotion. Anger is an emotion just like happiness is an emotion. Anger is an emotion just like sadness is an emotion. It’s not a sin to be angry anymore than it is a sin to be happy. How do I know? Because the Bible says in *Psalm 4:4*, “Don’t sin by letting anger control you.” That must mean that it is possible to be angry and NOT sin.

*(About this time, have your assistant accidentally knock over a drink or a chair or something like that. When they do, act annoyed and ask them to pick it up. When they go to pick it up, have them actually make it worse by knocking something else over. While they apologize over and over, begin to show your anger. When they appear to be taking too much time cleaning up, begin to yell at them. Say, “Why do you pick NOW of all times to knock something over? Can’t you see I am trying to teach a lesson. All you ever do is mess things up. You are such a loser!” By this time, your kids will probably be sitting with their jaws hanging to the ground. Freeze, turn to them and say...)*

Kids, it’s OK. I planned this with \_\_\_\_\_ (*name of your assistant*). I wanted you to see the difference between being angry and letting anger gain control over you. Did you notice at the beginning, I was angry, but I was patient. I didn’t lose control until later when I began to yell at them. That’s when my anger gained control

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## Call To Action (Continued)

over me and it became sin. You see, getting angry is not a sin, but...



### Letting Anger Control You Is A Sin (slide)

We have all seen people lose control and yell hurtful things at someone, hit someone, throw something across the room, or something like that. When you lose control and let your anger gain control over you, you end up doing things you wish you never would have done, say things you wish you never would have said, and hurt people you wish you never would have hurt. That’s why losing control is a sin.

Ever heard of “Road Rage?” It’s when someone is on the road, perhaps driving, and someone cuts them off or makes them angry. They start to lose control. Sometimes they ram their car into the person they are mad at or do something even worse. Well, Moses had a pretty bad case of “Road Rage” himself. He had been traveling with the Israelites a long time. He was sick of hearing their complaining. He lost control and his anger led him to disobeying God. He paid a high price for his anger.

So, what should you do when YOU get angry? Do you have a choice? Do you HAVE to lose control? You sure don’t. Instead...



### Give God Control (slide)

You don’t have to lose control. You can choose to give God control. You might say, “But, I can’t control my anger. It’s just too much for me to handle.” That may be true, but God can help you handle it!

You see, kids, our anger is like this hand grenade (*hold up the hand grenade*). By itself, just sitting here it is pretty harmless. But, if I were to pull this pin...within moments it would explode and do a whole lot of damage. It could even kill a person. Anger is a lot like a hand grenade. When you get angry and lose control, you explode all over everyone around you, hurting people in the process.

What you have to do when we get angry is NOT “pull the pin.” Don’t allow that anger to become sin by losing control. When you are angry, stop, pray, and ask God to help you. Take some deep breaths and pray while you do it. Then, God can take control and help you handle your anger before you lose control, explode, and hurt those around you with your words and actions.

### ALTAR RESPONSE: (*play soft music*)

There are probably several children present who have lost control when they were angry and hurt those they love and care about. Some of them have lost friends because they allowed anger to gain control over them. Pray with them that God will help them not “pull the pin” the next time they are angry. Pray that God will help them to be angry without losing control!



## **REWIND!**

### **Materials Needed:**

“REWIND!” Lesson 6 Graphics; “REWIND!” Bumper Video

### **Preparation:**

Play the “REWIND!” Bumper Video; Begin with the slide titled “REWIND!”; there is a slide for each question

**1. Whatchagaddaknow today?**

**Answer:** “Don’t Be A Fool, Always Keep Your Cool!”

**2. Where were the Israelites in our Bible Story?**

**Answer:** Kadesh

**3. Why were the Israelites complaining?**

**Answer:** They Were Thirsty

**4. What did God tell Moses to do to the rock?**

**Answer:** Speak To It

**5. Did water come out of the rock?**

**Answer:** Yes

**6. True or False: Moses obeyed God.**

**Answer:** False

**7. According to our lesson today, “\_\_\_\_\_ Is Not A Sin.”**

**Answer:** Anger

**8. According to our lesson today, “Letting Anger \_\_\_\_\_ You Is A Sin.”**

**Answer:** Control

**9. According to our lesson today, “Give \_\_\_\_\_ Control.”**

**Answer:** God

**10. Where was our Power Verse found?**

**Answer:** Psalm 4:4