

Cultivate a spiritually-rich Advent season in your CoreGroups and/or within your family

## 1. Advent Question of the Week Jar

Create a jar with weekly prompts like:

- Where am I longing for God?
- What am I noticing about peace in my body this week?
- Where is joy showing up in small ways?
  Open one each week and share stories.

# 2. "Pray the News" Together

Pick one headline

- What does God's kingdom look like in this situation?
- How might we pray for hope, peace, joy, or love here?
  This deepens compassion and awareness.

#### 3. Shared Advent Playlist

Have each member add 1–2 songs (Advent hymns, Christmas carols, or secular songs). Listen at home or begin group time with a few minutes of music and quiet.

#### 4. The "Less Is Sacred" Week

Pick one week where the group chooses a simple gathering: tea, soup, calm lighting. Write or speak blessings over one another.

Example: "This Advent, I see God's light in you when..." — and offer that to someone else in the group. \*Families can do this too: one tech-free night with candles and a short prayer.

## 5. Party!!

White elephant gifts, mock tails, or encourage folks to only bring store-brought items so no one is inconvenienced to cook. The Gathering Staff does this at Thanksgiving and it's a potluck party like none other! You could also do a cookie/cookie recipe exchange. Yum!

# **6. Peace Stories Night**

Ask everyone to bring a small object that represents **peace**. Share the story behind it. Tie it back to the sermon series or the Advent/Christmas season.

# 7. Candle Lighting with Personal Intentions

Each week light an Advent candle and invite members to name:

- One thing they're laying down
- One thing they're lifting up
- One thing they're longing for You can close with a blessing. NOTE: This works great in text threads too.

# 8. Advent Photo Challenge (Simple + Meaningful)

Give your group/family a weekly theme:

• Week 1: Light

• Week 2: Road/Path/Peace

Week 3: Joy

• Week 4: Love

Each person shares one photo that captures their theme.

## 9. Use the Church's Advent Devotional Collectively

• Read one reflection before each meeting and discuss what stood out.

#### 10. Serve or Give Together

- Serve at one of the Christmas Eve Services
- Give to Mozambique
- Select a local charity to support or serve as a group

