

Family Worship Guide

October 26th - November 1, 2025

New City Catechism

Question 4: How and Why did God create us?

Answer: God created us male and female in his own image to glorify him.

Read Mark 7:1-13 out loud as a family. Use the Questions below to lead your family in discussion

Why do you think washing hands before eating was a big deal to the Pharisees?

Are traditions of man always bad things?

Why had the traditions of the Pharisees (washing hands) become a bad thing?

Why should we seek to obey God's Word above the tradition of man?

Pray together as a family

Example Prayer:

"Father, please forgive us when we seek to honor you with our lips but our hearts are far from you. Help us to trust in you and not in our own works. Give us hearts that trust Jesus and seek to honor you in true obedience.

Amen."