



Family Worship Guide

November 2 - November 8th, 2025

New City Catechism

Question 5: What else did God create?

God created all things and all his creation was very good.

Read Mark 7:14-23 out loud as a family. Use the Questions below to lead your family in discussion

What does it mean to be defiled? Have you ever felt dirty?

Why did God tell the Israelites in the Old Testament that some food was clean and some food was unclean?

Why was Jesus declaring all foods clean a very big deal?

What does Jesus teach us about where true defilement comes from?

Can you make your unclean heart clean by yourself?

What is your only hope of getting a clean heart?

Pray together as a family

Example Prayer:

“Father, thank you for Jesus and your Word that shows us that our hearts are unclean. Please forgive us for our sins that make us unclean and help us to trust Jesus to give us a new and clean heart. In Jesus’ name, Amen.”