



THE JOURNEY
to the Cross

STATION 1

The Table

DO

Come sit at the table, take some bread, feel it, this unleavened substance made in a hurry.

REFLECT

Read ***Luke 22:14-20***

- Imagine what it would have felt like to sit at the table with Jesus.
- Where are you at the table?

As you reflect on this reading, sit, take the bread, break it, dip it into the wine and eat it.

As you do remember his body broken for you and His blood shed for you, his follower.

STATION 1 READING

Luke 22:14-20

When the hour came, Jesus and his apostles reclined at the table. And he said to them, "I have eagerly desired to eat this Passover with you before I suffer.

For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God."

After taking the cup, he gave thanks and said, "Take this and divide it among you. For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes."

And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."

In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.

STATION 2

The Garden

DO

Lectio Divina (Latin for "Divine Reading") is a traditional practice of reading Scripture, reflecting on it, and prayer. Walk the road and as you do reflect on the reading.

REFLECT

Read **Luke 22:39-46** slowly, three times.

Reading 1: As you read the passage slowly, meditate and pay attention to see if there is a word or phrase that stands out to you.

Reading 2: As you read the passage slowly, ask Jesus why that word or phrase is sticking out to you.

Reading 3: As you read the final time. Take time after to pray to Jesus.

STATION 2 READING

Luke 22:39-46

Jesus went out as usual to the Mount of Olives, and his disciples followed him. On reaching the place, he said to them, "Pray that you will not fall into temptation." He withdrew about a stone's throw beyond them, knelt down and prayed, "Father, if you are willing, take this cup from me; yet not my will, but yours be done." An angel from heaven appeared to him and strengthened him. And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.

When he rose from prayer and went back to the disciples, he found them asleep, exhausted from sorrow. "Why are you sleeping?" he asked them. "Get up and pray so that you will not fall into temptation."

STATION 3

The Pain

DO

ROPE

- Feel the rope. Imagine it bound around your wrists

CROWN OF THORNS

- Feel the thorns. Imagine how it would feel as they pierced your head.

HEAR

- Now as you are imagining some of the pain that Jesus experienced, in your mind hear the words "GUILTY, GUILTY, GUILTY!"

This is the pain that Jesus endured even though he was not guilty.

REFLECT

- Have you ever wished you could make pain go away? **Isaiah 53:4-6**

What did Jesus take with him to the cross?

What do we get in exchange for what Jesus took from us?

PRAYER

Thank Jesus for all that he has done for you.

STATION 3 READING

Isaiah 53:4-6

Surely he took up our pain
and bore our suffering,
yet we considered him punished by God,
stricken by him, and afflicted.
But he was pierced for our transgressions,
he was crushed for our iniquities;
the punishment that brought us peace was on him,
and by his wounds we are healed.
We all, like sheep, have gone astray,
each of us has turned to our own way;
and the Lord has laid on him
the iniquity of us all.

STATION 4

The Cross

REFLECT

Have you ever looked at the cross and been reminded of your own sins? Read ***Titus 3:3-8***

What did this passage help us understand regarding the grace of God and our desperate need of the cross?

DO

Nailed to the Cross

- Take a nail and nail it to the cross and as you do receive Jesus' grace poured out on you.

PRAYER

Take a moment to surrender that area in your life and receive the grace of Jesus.

STATION 4 READING

Titus 3:3-8

At one time we too were foolish, disobedient, deceived and enslaved by all kinds of passions and pleasures. We lived in malice and envy, being hated and hating one another. But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, whom he poured out on us generously through Jesus Christ our Savior, so that, having been justified by his grace, we might become heirs having the hope of eternal life. This is a trustworthy saying. And I want you to stress these things, so that those who have trusted in God may be careful to devote themselves to doing what is good.

These things are excellent and profitable for everyone.

STATION 5

The Promise

REFLECT

Read and reflect on the scriptures.

Ask the Holy Spirit to show you what burdens you are carrying. Consider the cares, fears, and worries that you have.

DO

Picture yourself laying these burdens at the cross.

Pray a prayer of surrender: Jesus, thank you for carrying these burdens for me. I choose to surrender _____ to you.

Ask Jesus what He wants to give you in the place of these burdens—He never leaves us empty handed! He might give you a sense of peace or joy, He might bring a song or a verse or a picture to mind.

Take a seed packet and fill in the blanks:

"In the place of _____, Jesus is giving me _____"

Take the seed home and plant it but keep the envelope to remind yourself to nurture the seed of what He is giving to you every time you want to pick up that burden again.

STATION 5 READING

Isaiah 53:4a

Yet it was our weaknesses he carried;
it was our sorrows that weighed him down.

1 Peter 5:7

Give all your worries and cares to God, for he cares
about you.

Matthew 11:28-30

Then Jesus said, "Come to me, all of you who are
weary and carry heavy burdens, and I will give you
rest. Take my yoke upon you. Let me teach you,
because I am humble and gentle at heart, and you will
find rest for your souls. For my yoke is easy to bear,
and the burden I give you is light."

STATION 6

The Veil

DO

As you enter the curtained area, let this remind you of the Temple. Understand, the temple was partitioned off. There were places where only the priests could enter. In fact, the Holy of Holies was set apart for only one priest, and then only once a year! Each year, one priest would be chosen by casting lots. Before the chosen Priest would enter the Holy of Holies, they would tie a rope around his ankle, just in case he was not holy enough and upon entry would die. This place was set apart as the Holy of Holies and this was the place where the Holiness of God resided. Upon Jesus' death, the curtain that separated this place from the rest of the temple was torn. Because of Jesus, a way had been made so that all who wanted to could have access to God.

REFLECT

Read: **Mark 15:33-39**

STATION 6 READING

Mark 15:33-39

At noon, darkness came over the whole land until three in the afternoon. And at three in the afternoon

Jesus cried out in a loud voice, "Eloi, Eloi, lema sabachthani?" (which means "My God, my God, why have you forsaken me?").

When some of those standing near heard this, they said, "Listen, he's calling Elijah."

Someone ran, filled a sponge with wine vinegar, put it on a staff, and offered it to Jesus to drink. "Now leave him alone. Let's see if Elijah comes to take him down," he said.

With a loud cry, Jesus breathed his last. The curtain of the temple was torn in two from top to bottom. And when the centurion, who stood there in front of Jesus, saw how he died, he said, "Surely this man was the Son of God!"

THE JOURNEY *To the Cross*

Thank you so much for joining us today.

We invite you back on **Sunday, April 20**
for our **10 AM** service as we celebrate
the resurrection of Jesus.

If you have any questions about Westlife
always feel free to check out our website,
follow us on social media, or contact us



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