



J A N U A R Y 1 8 , 2 0 2 6

WORSHIP
In the Winter

How To WORSHIP

S E R M O N R E S O U R C E

OUR LITURGY



*The Lord is here – His Spirit is with us.
Where the Spirit of the Lord is – there is Freedom!*

CONNECT

– 15 MINUTES

What's the most thirsty you've ever been? What do you remember feeling or thinking at that moment?

Thirst is not a flaw—it's a design feature. Just as our bodies signal the need for water, our soul and spirit has deeper longings, designed by God, that must be satisfied.

REVIEW

– 30 MINUTES

Read John 4:1-30

- What barriers existed between Jesus and this woman?
- What surprises you most in this passage?
- Jesus moved the conversation away from location, rules, and rituals, and toward relationship. What do you think it means to worship “in spirit and in truth”?
- The woman responded to being seen and known and loved with joyful worship—why do you think this naturally leads to worship?
- We all have deep longings that WILL be satisfied somehow—where do you tend to turn when you’re emotionally or spiritually thirsty?
- Aquinas said, Every unhealthy behaviour reflects a God’ given appetite.” How does this impact the way you view sin or unhealthy patterns?
- Tim Keller says worship is whatever becomes the “controlling centre” of your life.
 - What centres your life?
 - What might be people closest to you identify as the centre of your life?
 - Where do you find most comfort, identity, affirmation, encouragement?
 - Where in your life are you LEAST experiencing these things?
 - How do you think God wants to practically and truly meet that need?



Ways to Worship:

- Romans 12:1-2 MSG; what does true worship look like in everyday life? How can ordinary things become acts of worship?
- Matthew 15:25; how is asking for God's help an act of worship?
- Hebrews 13:16; how is generosity an act of worship?
- Micah 6:6-8; are there any ways you see Jesus calling you away from ritual into a more uncomfortable level of obedience?
- Hebrews 13:15; how is offering praise (rather than complaining) when we don't feel like it true worship?



APPLICATION

— 30 MINUTES

"My heart has heard you say, 'Come and talk with me.'

"And my heart responds, 'Lord, I am coming.'"

— Psalm 27:8

Quietly reflect on what you have been turning toward for security or comfort, ways you have been trying to satisfy a God-given thirst apart from him.

Pray a prayer of surrender, offering your whole life to God. Ask Him to teach you how to walk in a new way.

Offer the sacrifice of praise.

Ask God to show you a practical way to respond to His love with worship this week.

GOING DEEPER

Consider setting a timer or reminder several times a day to help you remember to pause and turn your heart toward God. Ask, "What am I reaching for right now—and how can I turn toward God instead?"

