

The Blessing of Singleness: A Year-Long Journey for You to Discover Purpose, Build Godly Community, and Deepen Your Walk with Christ

• Meet: First Saturday of every month

• Time: 9:30 AM - 12:30 PM

• Location: NDCBF Youth Area

This monthly class provides biblical, practical support for singles in all seasons — never married, divorced, or widowed. Over 12 months, participants will explore key areas of spiritual growth, identity, relationships, healing, and purpose through rich teaching and guided discussions. Discover the freedom, opportunities, and calling in this unique season of life.

Class schedule and details:

June 7th: The Blessing of Singleness

Facilitator: Pastor Edwards

Objective: Shift participants' perspective to see singleness as a gift, not a

limitation, and an opportunity for deep intimacy with Christ.

Teaching Topics:

• 1 Corinthians 7:7-8 - Freedom in Singleness

• Matthew 6:33 - Seek first the Kingdom of God

July 5th: Pursuing God and walking together

Facilitator: Chris Gardner

Book: The Pursuit of God - Introduction to Discipleship Objective: A guide to growing in faith and leading others

Teaching topics:

• Psalm 63:1 - Hunger for God

• 2 Timothy 2:2-4 - Discipleship as a way of life



August 2nd: Healing from the Loss of Relationships

Facilitator: Pastor Foley

Objective: Provide a biblical framework for processing hurt from broken or lost relationships – whether romantic, familial, or friendships – so participants can move forward in freedom and wholeness.

Teaching Topics:

• Psalm 34:18 - The Lord is close to the brokenhearted

• Ephesians 4:31-32 – Forgiving others as Christ forgave us

• Matthew 11:28-30 - Finding rest and solace in Christ during emotional burdens

September 6th: Building Godly Relationships

Facilitator: Chris James

Objective: Teach participants how to cultivate meaningful relationships

rooted in Christ. Teaching Topics:

• Proverbs 27:17 - Iron sharpens iron

• Ecclesiastes 4:9-12 - Two is better than one

October 4th: Avoiding Cultural Pitfalls of Loneliness

Facilitator: Yolanda Roach

Objective: Address cultural narratives around singleness and how to combat loneliness through community and faith. Provide practical strategies for building meaningful connections.

Teaching Topics:

Psalm 68:6 - God sets the lonely in families John 16:32-33 - Finding peace in Christ amid loneliness Matthew 28:20 - God is with us always



November 1st: Serving Others with Joy

Facilitator: Christina Gardner

Objective: Encourage participants to focus on service and ministry as part of

their calling. How service helps fulfill God's purpose in singleness.

Teaching Topics:

• Philippians 2:3-4 - Considering others' needs before your own

• 1 Peter 4:8-11 – Serving one another

December 6th: Singleness and Parenting

Facilitator: Norleshia Cannon

Objective: Equip single parents or singles considering adoption or fostering with biblical insight and practical tools for raising children in a Christ-centered environment or supporting single parents in the church community. Teaching Topics:

- Deuteronomy 6:6-7 Teaching children diligently the ways of the Lord
- Proverbs 22:6 Training up a child in the way they should go
- James 1:27 God's heart for orphans and vulnerable children

January 3rd: Financial Stewardship in Singleness

Facilitator: Tiffany Montgomery

Objective: Encourage participants to handle finances wisely and develop a generous heart, recognizing that financial health impacts both present contentment and future opportunities.

Teaching Topics:

- Proverbs 3:9-10 Honoring the Lord with your wealth
- Luke 14:28 Counting the cost of planning wisely
- 2 Corinthians 9:7 Giving cheerfully and responsibly



February 7th: Maintaining Godly Boundaries and Purity

Facilitator: Christina Gardner

Objective: Equip singles with biblical guidance on setting boundaries – emotional, spiritual, and physical – to protect their walk with Christ, honoring Him in all relationships and maintaining spiritual integrity Teaching Topics:

- Proverbs 4:23 Guarding your heart
- 1 Thessalonians 4:3-5 God's will for sexual purity
- Romans 12:2 Renewing the mind in a culture that opposes godly standards

March 7th: Living with Eternity in Mind

Facilitator: Elder Don Bookman

Objective: Conclude the year by focusing on a biblical, eternal perspective - reminding participants that singleness (like every life season) is temporary, and our ultimate hope rests in Christ and eternity.

Teaching Topics:

- 2 Corinthians 4:16-18 Fixing our eyes on what is unseen and eternal
- Colossians 3:1-2 Setting our hearts on things above
- 1 Corinthians 15:58 Standing firm, knowing our labor in the Lord is not in vain

April 6th: Growing Spiritually in Singleness

Facilitator: Cynthia Taylor

Objective: Help participants develop spiritual disciplines to grow closer to God in their season of singleness.

Key Disciplines: Prayer, fasting, studying Scripture, and worship Teaching Topics:

- 1 Corinthians 7:32-35 Singleness as a unique opportunity to serve God wholeheartedly
- Colossians 2:6-7 Being rooted and built up in Christ



May 2nd: Reflecting on the Journey

Facilitator: Chris Gardner

Objective: Reflect on the lessons learned, celebrate spiritual growth, and plan

for the future. Building a vision for a purposeful life in singleness.

Participants share testimonies and create a "next steps" action plan for their

spiritual walk.

Teaching Topics:

• Philippians 3:13-14 - Pressing on toward your heavenly calling



Marriage: A Kingdom Perspective

Whether you're preparing for marriage or simply want to gain biblical insight, this class offers guidance on God's vision for marriage and how to align your heart and mind with His design.

Sexual Integrity

In today's culture, it can be hard to honor God with our bodies. This class tackles difficult topics around sexual purity, relationships, and how to walk in integrity while challenging societal norms with God's truth.