FOOTHILLS SENIORS AUGUST PREVIEW

To connect seniors to Jesus and each other and help them grow to love and serve Him.

Dear Foothills Church Seniors ~

Foothills Seniors is all about enriching our lives spiritually, socially, and even physically! Just take a look at our August activities!

August 6: Dr. David Jeremiah video series, "A Life of Humility"

No one is born humble. That's why we are commanded to humble ourselves (James 4:10). None of the nine traits of the fruit of the Spirit comes naturally to us, and that's why we must cooperate with the Holy Spirit to produce these attributes in us. Pride is focused on self while humility is focused on God and others. Humility doesn't mean we should think less of ourselves; rather, it means we should think of ourselves less. Come be inspired and enjoy sharing around your table.

August 13: Josiah O'Laughlin testimony

"Extra! Extra! Hear all about it! Man overcomes huge obstacles in his life, ranging from teenage drug use and abuse to a failed fifteen-year marriage! Join us as Josiah shares how God not only delivered him, but also gave him the abundant life that Scripture promises. That's why Psalm 51:10 is his favorite verse: *Create in me a pure heart, O God, and renew a steadfast spirit within me.* You will be blessed by Josiah's prodigal son faith journey.

August 20: Let's Have Fun!

God created us to be social people, to love and be loved, to enjoy friendships, to encourage each other. That's what this day is all about – we're simply going to have fun together! We'll be playing games as a group and interacting with each other, engaging in friendly competition, laughing a lot, and getting to know each other better. And – get this – we will end the day with a make-your-own root beer float or ice cream sundae! Put this day on your calendar!

August 27: Rob Langford, "Ministry of Mature Friends"

"Throughout the years," Pastor Rob said, "God has blessed me by sending older men into my life. Usually they have just been a friend, maybe they could be called a mentor, and I appreciate having learned from them." Now, Pastor Rob is blessed to be a friend to "younger" men. Whether men or women, this message applies to everyone. God has given us friends as gifts, and now He wants to give us as gifts to others.

And there you have it – programs that will inform, instruct, inspire and even entertain! What we do is special, and we love to embrace new friends. You'll be greeted before you even enter the building as well as when you're inside, and our

first timers get a gift. There's good music, friendly people, and cookies! We're in the Worship Center at 1:00 every Wednesday. We look forward to seeing you soon!