

SENIOR NUTRITION MENU

SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 CHINESE CHICKEN SALAD	3	4 PENNE PASTA BAKE	5	6
7	8	9 CHICKEN WITH RICE	10	11 MEATLOAF	12	13
14	15	16 CHILI AND CORNBREAD	17	18 TURKEY SANDWICH	19	20
21	22	23 OPEN FACE MEATBALL SUBS	24	25 SHEPHERDS PIE	26	24
28	29	30 HAM & CHEESE SLIDERS				