



Minor Counseling Intake Form

Page 1 to be completed by Minor

Name: _____ Date: _____
Gender: ☐ Male ☐ Female Age: _____ Date of Birth: _____
Phone Number: _____ Address: _____
Name of Parent(s)/Guardian(s): _____
Who are you presently living with: _____
School: _____ Job (if none leave blank): _____
Hobbies: _____
Do you believe in God? ☐ Yes ☐ No Religious Preference: _____
Fill in the Blank: God is _____

Problems Checklist

Please rate each issue: 1=Major Problem 2=Sometimes a Problem 3=No Concern

| | |
|---|--|
| _____ Feeling accepted by my peers | _____ Trying to decide on a career |
| _____ Learning how to trust others | _____ Dealing with problems at school |
| _____ Getting a clear sense of what I value | _____ Dealing with how I feel about myself |
| _____ Worrying about whether I am normal | _____ Dealing with sexual feelings and/or problems |
| _____ Excessive worry or anxiety | _____ Getting along with parents or other family members |
| _____ Dealing with alcohol or drug use | _____ Feeling bad about the way I look [my body] |
| _____ Never eating or eating too much to control weight | |

Are you currently experiencing any suicidal thoughts or have in the past? ☐ Yes ☐ No

Have you ever attempted suicide or harmed yourself? ☐ Yes ☐ No If Yes (to either of the last 2 questions, explain when and how): _____

Are you presently experiencing any thoughts of harming another person? ☐ Yes ☐ No

Please describe why you are coming to counseling (i.e. what are you are wanting help with)?



Counseling Intake Form Continued

(Page 2-5 to be filled out by parent/guardian of minor)

General

Date: _____ How did you hear about Lakeview Counseling: _____

Full Name of Minor: _____

Name of Parent/Guardian: ☐ Mr. ☐ Mrs. ☐ Miss ☐ Dr. ☐ Rev. _____

Relationship to the Minor: _____

Contact Information

Address: _____ City: _____ Zip: _____

(Select preferred method of Contact)

Home Phone _____ ☐

Cell Phone _____ ☐

Work Phone _____ ☐

E-mail address: _____ ☐

In case of emergency, contact:

Name: _____ Relationship: _____

Home phone: _____ Cell phone: _____

Relational Information

Current marital status: ☐ Single ☐ Engaged ☐ Married ☐ Separated ☐ Divorced ☐ Widowed

If engaged, married, separated, divorced, or widowed, for how long? _____

If applicable, number of previous marriages for you: _____ For your spouse: _____

If married, spouse's name: _____

If divorced, read the following:

****Per the LPC Code of Ethics**, prior to the commencement of counseling services to a minor client who is named in a custody agreement or court order, a licensee shall obtain and review a current copy of the custody agreement or court order, as well as any applicable part of the divorce decree. A licensee shall maintain these documents in the client's record.*

Please list your children below (include step, adopted, and foster):

| <i>Name</i> | <i>Sex</i> | <i>Age or yr of death</i> | <i>Relationship to you:</i> | <i>Living with:</i> |
|-------------|------------|---------------------------|-----------------------------|---------------------|
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Who else lives with you? _____

Counseling or Mental Health History

Please list any previous counseling, psychiatric treatment, substance abuse treatment, or residential/in-patient care your child has received.

| <i>Therapist's Name or Program</i> | <i>Dates</i> | <i>Outcome and Diagnosis</i> | <i>Medications Prescribed (if any)</i> |
|------------------------------------|--------------|------------------------------|--|
| | | | |
| | | | |
| | | | |
| | | | |

Medical information:

Primary Physician: _____ Phone: _____

Is child currently receiving medical treatment: ☐ Yes ☐ No. If Yes, Please Specify:

List any conditions, illnesses, surgeries, hospitalizations, trauma, or related treatments the child has had:

List all current medications child is taking, including those seldom used or take only as needed:

Medication: _____ Dosage: _____

☐ Improves ☐ Prevents ☐ Controls → _____

Medication: _____ Dosage: _____

☐ Improves ☐ Prevents ☐ Controls → _____

Is the child taking these medication(s) according to Doctor's recommendations: ☐ Yes ☐ No

If No, Briefly Explain: _____

Personal Habits and Health

Approximately, how many hours of sleep does your child get each night? _____

Describe your child's eating habits. _____

Has your child used drugs other than for medical purposes? ☐ Yes ☐ No

When: _____ What: _____ Amount/Dosage: _____

Do they drink alcoholic beverages? ☐ Yes ☐ No

How much: _____ How often: _____

Have they ever been arrested? ☐ Yes ☐ No Outcome? _____

Have they ever had a severe emotional upset? If so, explain: _____

Present Concerns and Goals

Please describe why you are bringing your child to counseling (i.e. what are their issues, symptoms, how long, etc.):

Please circle or check the box of any of the following symptoms or problems that pertain to your child and/or family:

| <i>List 1</i> | <i>List 2</i> | <i>List 3</i> |
|----------------------|------------------------|---------------------------|
| Stress | Marital Problems | Compulsive behaviors |
| Anxiety | Relationship Issues | Seeing things other don't |
| Panic | Physical Abuse | Hearing Voices |
| Depression | Emotional Abuse | Racing thoughts |
| Lack of Interest | Verbal Abuse | Eating problems |
| Fatigue | Sexual Abuse | Drug Use |
| Loss of Appetite | Gender Identity Issues | Alcohol use |
| Overeating | Anger | Pregnancy |
| Poor concentration | Aggressive Behavior | Abortion |
| Trouble sleeping | Bad dreams | Legal Matters |
| Feeling Worthless | Flashbacks of memories | Work Stress |
| Grief | Impulsive behavior | Career Choices |
| Chronic Pain | Controlling | Indecisiveness |
| Loneliness | Controlled by others | Parenting problems |
| Fear | Obsessive Thoughts | Financial problems |
| Low Self-Esteem | Other | Spiritual problems |

Has your child attempted to harm themselves? (Current or in the past) ☐ Yes ☐ No

If yes, please explain: _____

What outcome are you hoping to gain from this counseling experience? _____

