

# Psalms

Volume 1





# JOURNEY THROUGH THE PSALMS

DAILY BIBLE  
DEVOTIONS FOR KIDS



# Content Overview

The Psalms are rich with theology for kids. They help us endure suffering and show us how to praise God at all times. The Psalms also teach us how to think about sin and the promises God has made to rescue us.

Every devotional emphasizes daily habits such as prayer, Bible reading and Scripture meditation. Each day prioritizes a skill such as seeing what the Bible says, making basic Bible observations or developing life-change. Kids will also see how Christ

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| <b>Psalm 1</b> | Day 1-10 | Those who love Scripture will be like a tree planted by the water. |
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| <b>Psalm 16</b> | Day 11-20 | Those who pursue idols multiply sorrows. |
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| <b>Psalm 19</b> | Day 21-30 | God's Word is powerful. It made the world, and it can change your heart. |
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| <b>Psalm 23</b> | Day 31-40 | God is our shepherd that defeated death for us. |
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| <b>Psalm 32</b> | Day 41-50 | Only God can remove our sin. |
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| <b>Psalm 46</b> | Day 51-60 | God is our refuge and strength because He alone is God. |
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# Note to the Parents

Are you ready to go on a journey through the Psalms with your junior student? We hope this adventure will be engaging and **light up the Word in their young heart.**

Each publication includes six **Bible passages that every kid should know.** All scripture is inspired and profitable, but the time you have with your kids is limited. What if your child meditated on core passages and knew them well before their teen years? Consider the life-change that could occur in their life by building devotional habits.

Glow in the Dark wants students and families to be **equipped to see, know, meditate on, love and live out Scripture.** Kids can use this book on their own or parents can use this resource for family devotions.

## Glow Publications

Lifeway Baptist Church



# Note to Juniors

Keep your eyes open for our seek-and-find scavenger hunt! Look for yellow harps and orange flowers in this book. Keep track of how many you find. The answer will be on the last page of this book.



TEN DEVOTIONALS ON

# PSALM 1



## DAY 1 in Psalm 1

# Start with Prayer!

I'm so glad to see you have this devotional book. God's Word can really change your heart! My prayer is that this Glow Junior will light up God's Word in your heart. In this book, you will be introduced to Scripture passages every kid should know!

## Prayer

The best way to begin reading your Bible is with prayer. Here is an example you can pray before you spend time in God's Word:

*Dear God, I want to understand your word. I want my heart to change as I read my Bible and listen to You. Help me to hear, and help me to listen. In Jesus' name, Amen.*

## Read Psalm 1

Over the next 10 days, you will think about Psalm 1 so it can soak into your heart. Begin today by writing **Psalm 1:2**. As you write, think about every word and what it would look like if your heart delighted in God's Word more than anything else.

### WRITE Psalm 1:2



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## DAY 2 in Psalm 1

# God is Our Greatest Delight

## Prayer

*Dear God, Thank you for this day. I do not know everything that will happen today, but you do, and I trust you. In Jesus' name,*

## See it in your Bible

Look at what God says about Himself! You will need to look carefully, but every passage in the Bible says something true and good about God.

- 1 **Psalm 1:2** God's law is delightful. God is our greatest delight.
- 2 **Psalm 1:6a** God knows the "way" of the righteous. God knows His children, and He has a perfect plan for their life.
- 3 **Psalm 1:6b** God knows the "way" of those who are not righteous. God will not let sin continue forever.

## Meditate

Think about this great truth: "God is our greatest delight." Think about how God can be YOUR greatest delight as you color.

## COLOR THE WORD

delight

**DAY 3** in Psalm 1

# Think About God's Word

## Prayer

Offer your own prayer to God today. Don't be shy. God wants to hear your thoughts and what you have to say!

## See it in your Bible

There is a word in **Psalm 1:2** that is very important. Can you figure out what it is? (I love a good challenge! Don't you?) We already looked at the word "delight," so that is not it. If you have not figured it out, unscramble the word below!

**WORD SCRAMBLE**



**idtmeaets**

Did you figure it out? Write the word here: \_\_\_\_\_

The way you say this word in **verse 2** in Hebrew is "yeh-geh." Saying the word out loud sounds like what it means. It means to growl or moan. Just for fun, say "yehgeh" in a whisper 4 or 5 times. It may sound like someone talking across the room to themselves. That's the point!

When you meditate on the Bible, you enjoy it. Meditate means to think about it over and over again. You may even talk to yourself about the things God has said.

## MEDITATE

Think about how good God's word is!

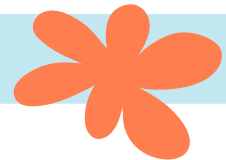
## DAY 4 in Psalm 1

# Two Different Trees

## See it in your Bible

Psalm 1 is like a picture with words. Read **Psalm 1:3-4** a few times to see this picture. Do you see it? Do your best to draw a picture of the **FIRST TREE**. Now, draw a picture of the **SECOND TREE**. It will look very different from the first tree.

### DRAW THE TWO TREES



**FIRST TREE**

**SECOND TREE**

Without God's Word, we are like the second tree. Have you ever seen a tree branch cut down and left in the sun for weeks? What is it like? The leaves get brown, brittle and blow away in the wind. Without the Bible, your life becomes just like that brittle branch little by little.

## Prayer

*Dear God, I do not want to be like a dead branch. I want to be like the first picture of a tree planted by water! Help me to love your Word and grow little by little every day! In Jesus' name, Amen.*



TEN DEVOTIONALS ON

# PSALM 16



## DAY 2 in Psalm 16

# God Protects His Children

## Prayer

*Dear God, It is so easy for me to take my eyes off of You. Help me to always remember that You are great, and I need You in my life. In Jesus' name, Amen.*

## See it in your Bible

Use the grid to unscramble the word of the day:

**PUZZLE KEY** E=3, P=4, R=5, S=6, V=7

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 4 | 5 | 3 | 6 | 3 | 5 | 7 | 3 |
|   |   |   |   |   |   |   |   |

Do you know what this word means? Have you ever heard of strawberry preserves? Oh, that sounds good right now on a warm biscuit! Preserve means to protect or guard something. Fruit can be preserved and then used later for a yummy snack. In Psalm 16, David says that those who put their trust in God will be preserved and protected!



## Meditate

Who are some people that protect you? Fireman, policemen and parents all help protect you, but none of them protect as well as God does. When God makes a promise to you, He will make sure that promise is kept. He will never leave or forget about you.

## DAY 8 in Psalm 16

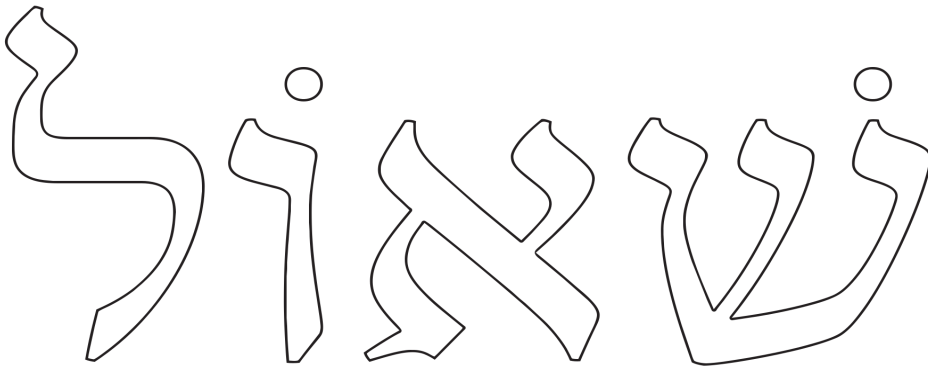
# A Grave?

## See in in your Bible

Want to learn a Hebrew word from **Psalm 16:10**? Begin by coloring the Hebrew word.



### COLOR THE WORD



How do you pronounce this word?

- 1 Put the letters in order by following the arrows.

ל = L

יָ = O

שְׁ = SHE

- 2 Now try to pronounce it - "she-ol".

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## Meditate

The Hebrew word sheol means the grave, but sometimes the Bible says pit or hell. Which do you see in **Psalm 16:10**?

Today, think about what Jesus has to do with a grave. Thank Jesus for what He has done on the cross for you and that He did not stay in the grave. He is alive!



TEN DEVOTIONALS ON

# PSALM 19



## DAY 4 in Psalm 19

# The Sky Talks

## Prayer

*Dear God, Help me to remember Your Word. Sometimes it is hard for me to remember things, but I want to remember Your Word. In Jesus' name, Amen.*

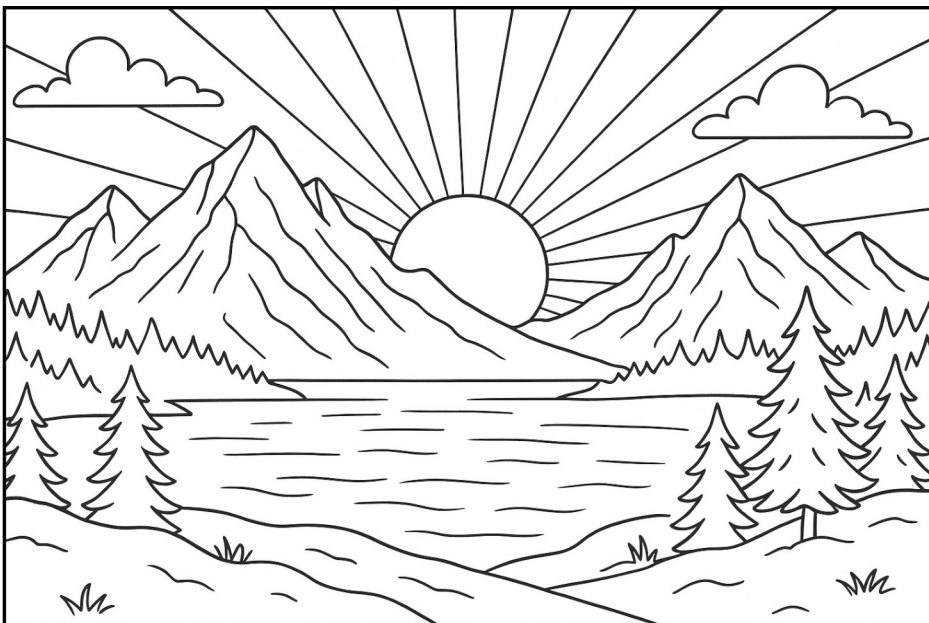
## See it in your Bible

**Psalm 19:1** is a verse you wrote out three days ago. Go back and read it 4 or 5 times out loud. Now get your pet, a sibling, or even a mirror. Try to say **Psalm 19:1** out loud so everyone can hear the great truth about God!

Color the picture below to help you remember what **Psalm 19:1** says about God. Every time you use a new color, think about the great truth **Psalm 19:1** teaches you about God!



## COLOR THE PICTURE



# The Gospel

## GOD

The Bible is God's story of rescue and it begins with Him. God is perfect and holy ([Isaiah 6:3](#)). He created us to worship and praise Him alone ([Revelation 4:11](#)).

## MAN

In the Garden of Eden, man sinned against God, and the consequence was severe ([Genesis 3](#))! Because of sin, death entered the world ([Romans 5:12](#)). We too are sinners, separated from God with death as the consequence for our sin.



## CHRIST

When we were guilty, God did something for us that we could not do for ourselves. He sent His only Son, Jesus to take our place ([1 Peter 3:18](#)). Jesus died on the cross and took the punishment for our sin. Three days later, He rose from the dead defeating sin and conquering death ([1 Corinthians 15:3-4](#)).

## RESPOND

Respond - We can not earn what Jesus did for us. Jesus died because He loves us ([John 3:16](#)) and He has a good plan to rescue us from our sin. Salvation is a free gift to all who confess their sin and put their faith in what Jesus did for them ([Romans 6:23](#)). If you ask Him, God will save you from your sin and give you eternal life ([Romans 10:9](#)). If you have never placed your faith in Jesus to save you, why not do that now? *"Dear God, I know that I am a sinner and I deserve Hell. I now trust that Jesus died in my place and rose again so that I can have eternal life. In Jesus name, Amen."*

