

Psalms

Volume 1



60 DAY
DEVOTIONAL

GLOW
JUNIOR





JOURNEY THROUGH THE PSALMS

DAILY BIBLE
DEVOTIONS FOR KIDS



Content Overview

The Psalms are rich with theology for kids. They help us endure suffering and show us how to praise God at all times. The Psalms also teach us how to think about sin and the promises God has made to rescue us.

Every devotional emphasizes daily habits such as prayer, Bible reading and Scripture meditation. Each day prioritizes a skill such as seeing what the Bible says, making basic Bible observations or developing life-change. Kids will also see how Christ is the anticipation of all Scripture.

Psalm 1	Day 1-10	Those who love Scripture will be like a tree planted by the water.
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Psalm 16	Day 11-20	Those who pursue idols multiply sorrows.
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Psalm 19	Day 21-30	God's Word is powerful. It made the world and it changes our heart.
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Psalm 23	Day 31-40	God is our Shepherd that defeated death for us.
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Psalm 32	Day 41-50	Only God can remove our sin.
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Psalm 46	Day 51-60	God is our refuge and strength because He alone is God.
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Note to the Parents

Are you ready to go on a journey through the Psalms with your junior student? We hope this adventure will be engaging and **light up the Word in their young heart.**

Each publication includes six **Bible passages that every kid should know.** All scripture is inspired and profitable, but the time you have with your kids is limited. What if your child meditated on core passages and knew them well before their teen years? Consider the life-change that could occur in their life by building devotional habits.

Glow in the Dark wants students and families to be **equipped to see, know, meditate on, love and live out Scripture.** Kids can use this book on their own or parents can use this resource for family devotions.

Glow Publications

Lifeway Baptist Church



Note to Juniors

Keep your eyes open for our seek-and-find scavenger hunt! Look for yellow harps and orange flowers in this book. Keep track of how many you find. The answer will be on the last page of this book.



TEN DEVOTIONALS ON

PSALM 1



DAY 1 of Psalm 1

Start with Prayer!

I'm so glad to see you have this devotional book. God's Word can really change your heart! My prayer is that this Glow Junior will light up God's Word in your heart. In this book, you will be introduced to **Scripture passages every kid should know, like Psalm 1!**

Pray

The best way to begin reading your Bible is with prayer. Here is an example you can use before you spend time in God's Word:

Dear God, I want to understand your word. I want my heart to change as I read my Bible and listen to You. Help me to hear and help me to listen. In Jesus' name, Amen.

Read Psalm 1

Over the next 10 days, you will think about Psalm 1 so it can soak into your heart. Begin today by writing **Psalm 1:2**. As you write, think about every word and what it would look like if your heart delighted in God's Word more than anything else.

WRITE Psalm 1:2



DAY 2 of Psalm 1

God is Our Greatest Delight

Pray

Dear God, thank you for this day. I do not know everything that will happen today, but you do, and I trust you. In Jesus name, Amen.

See it in your Bible

Look at what God says about Himself! You will need to look carefully, but every passage in the Bible says something true and good about God.

- 1 Psalm 1:2 God's law is delightful. God is our greatest delight.
- 2 Psalm 1:6a God knows the "way" of the righteous. God knows His children and has a perfect plan for their life.
- 3 Psalm 1:6b God knows the "way" of those who are not righteous. God will not let sin continue forever.

Meditate

Think about this great truth: "God is our greatest delight" as you color.

COLOR THE WORD



DAY 3 of Psalm 1

Think About God's Word

Pray

Offer your own prayer to God today. Don't be shy. God wants to hear your thoughts and what you have to say!.

See it in your Bible

There is a word in **Psalm 1:2** that is very important. Can you figure out what it is? (I love a good challenge! Don't you?) We already looked at the word "delight," so that is not it. If you have not figured it out, unscramble the word below!

WORD SCRAMBLE



idtmeaets

Did you figure it out? Write the word here: _____

The way you say this word in **verse 2** in Hebrew is "yeh-geh." Saying the word out loud sounds like what it means. It means to growl or moan. Just for fun, say "yehgeh" in a whisper 4 or 5 times. It may sound like someone talking across the room to themselves. That's the point!

When you meditate on the Bible, you enjoy it. Meditate means to think about it over and over again. You may even talk to yourself about the things God has said.

MEDITATE

Think about how good God's Word is!

DAY 4 of Psalm 1

Two Different Trees

See it in your Bible

Psalm 1 is like a picture with words. Read **Psalm 1:3-4** a few times to see this picture. Do you see it? Do your best to draw a picture of the **FIRST TREE**. Now, draw a picture of the **SECOND TREE**. It will look very different from the first tree.

DRAW A PICTURE

FIRST TREE

SECOND TREE



Without God's Word, we are like the second tree. Have you ever seen a tree branch cut down and left in the sun for weeks? What is it like? The leaves get brown, brittle and blow away in the wind. Without the Bible, your life becomes just like that brittle branch little by little.

Pray

Dear God, I do not want to be like a dead branch. I want to be like the first picture of a tree planted by water! Help me to love your Word and grow little by little every day! In Jesus' name, Amen.

DAY 5 of Psalm 1

Teach Me To Worship

Pray

Begin your Bible reading with a prayer. Ask God to help you think about the great truth in Psalm 1.

Do you know how many psalms are in the book of Psalms? What is your guess? _____. If you're unsure, I'll give you a hint. How much money do these coins represent? Put the three numbers on the following lines.

COUNT THE COINS



See it in your Bible

Each of these psalms teach us about God and help us learn how to worship Him when things are good and when things are really hard. There is a lot to learn in 150 psalms!

Psalm 1 is part of the introduction to the book of Psalms. If you can't read Psalm 1 yourself, ask someone to read it to you.

Do you know what an introduction is? Have you ever heard a story begin like, "Once, upon a time..." or "A long time ago, in a faraway land..." Those make for great stories! But all the psalms are not a story. They show us what life looks like when we love God and His word more than anything else.

DAY 6 of Psalm 1

Jesus Always Does Right

Pray

Dear God, Thank you for all the blessings you have given me. Thank you for Jesus because He died on the cross in my place so I could be forgiven and have eternal life. In Jesus' name, Amen.

See it in your Bible

Do you ever feel like you mess things up? I do! One time I stood up on a desk I was told to never stand on. There was a big fish tank on the desk. When I jumped off the desk, my foot slipped and cracked the glass of the tank. The whole tank broke! Water poured everywhere! The carpet and all my dad's papers were soaked.

When I read **Psalm 1:3-4**, I think about two things:

- 1 I am thankful that my life can be like a strong, healthy tree with water and fruit.
- 2 I am sad because my life is not always like a strong, healthy tree.

Think About Jesus



Now think back to **Psalm 1:1-2**. Sometimes I enjoy friends or games more than I enjoy God and His word. No matter how hard I try, I still mess up. Sometime I delight in the wrong things! But think about Jesus. He loves "the law of the LORD" because He loves His Father. He always does right. He never does wrong. Jesus truly is a "blessed" man!

When I sin, and mess up, I am sad. But then I think about Jesus. He loves me and died for me on the cross. He took my sin so that I can be blessed too!

DAY 7 of Psalm 1

Jesus Died for Me

Pray

Dear God, it is amazing to think that Jesus died on the cross for my sin. I want to understand as much as I can about what Jesus did for me. In Jesus' name, Amen.

See it in your Bible

Psalm 1:5-6 uses some big words, and the ideas can be hard to understand.

What these verses say:

- 1 The **wicked** will **not** be with God.
- 2 The **righteous** will be with God.

The Gospel is the good news that Jesus did something for you that you cannot do for yourself. You are wicked, but Jesus is righteous. You sin, but Jesus is perfect. Jesus did something so that you can be righteous and with God forever. This is what we call the Gospel. Do you know what Jesus did for you?

DECODE THE PHRASE

Write the letter that alphabetically comes before the letters.



E

N

Q

L

D

Write your decoded phrase on every blank line below.

- 1 Jesus delighted in the law and obeyed His Father perfectly _____.
- 2 Jesus died on the cross _____.
- 3 Jesus rose from the dead _____.



TEN DEVOTIONALS ON

PSALM 16



DAY 2 of Psalm 16

God Protects

Pray

Dear God, It is so easy for me to take my eyes off You. Help me to always remember that You are great, and I need You in my life. In Jesus' name, Amen.

See it in your Bible

Psalm 16:1 teaches us a great truth! Use the grid to unscramble the word of the day:

PUZZLE KEY

E=3, P=4, R=5, S=6, V=7

4	5	3	6	3	5	7	3

Do you know what this word means? Have you ever heard of strawberry preserves? Oh, that sounds good right now on a warm biscuit! Preserve means to protect or guard something. With fruit, it can be preserved and used later for a yummy snack. In Psalm 16:1, David says that those who put their trust in God will be preserved and protected!

Praise God

Who are some people that protect you? Fireman, policemen, and parents all help protect you, but none of them protect as well as God does. When God makes a promise to you, He will make sure that promise is kept. He will never leave or forget about you.

DAY 4 of Psalm 16

Idols = Sorrow

Pray

Dear God, There are so many things that I want. Sometimes I want them so badly, I would do anything to get them and that is sin. Forgive me for loving other things more than You. Help me to love You more than anything else! In Jesus' name, Amen.

COLOR THE WORD



See it in the Bible

Psalm 16:4 says something very important! When we worship and love things more than God, we will always sorrow.

Do you know what the word "sorrow" means? Sorrow is what we feel when everything is broken, wrong, and bad. It is like being sad about everything all at once. Psalm 16:4 tells us that we will always sorrow when we turn away from God and worship other things.

Take time today and think about things you may worship more than God. These things are called idols.

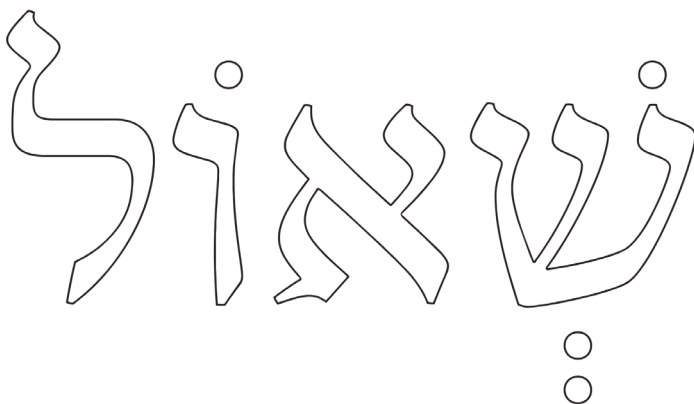
DAY 8 of Psalm 16

A Grave?

See it in the Bible

Want to learn a Hebrew word from Psalm **16:10**? Begin by coloring the Hebrew word.

COLOR THE WORD



How do you pronounce this word?

1 Put the letters in order by following the arrows.

ל = L א = O ש = SHE

2 Now try to pronounce it - "she-ol".

Praise God

The Hebrew word sheol means the grave, but sometimes the Bible says pit or hell. Which do you see in **Psalm 16:10**?

Today, just think about what Jesus has to do with a grave. Thank Jesus for what He has done on the cross for you and that He did not stay in the grave. He is alive!

The Gospel Story

GOD

The Bible is God's story of rescue and it begins with Him. God is perfect and holy ([Isaiah 6:3](#)). He created us to worship and praise Him alone ([Revelation 4:11](#)).

MAN

In the Garden of Eden, man sinned against God, and the consequence was severe ([Genesis 3](#))! Because of sin, death entered the world ([Romans 5:12](#)). We too are sinners, separated from God with death as the consequence for our sin.

CHRIST

When we were guilty, God did something for us that we could not do for ourselves. He sent His only Son, Jesus to take our place ([1 Peter 3:18](#)). Jesus died on the cross and took the punishment for our sin. Three days later, He rose from the dead defeating sin and conquering death ([1 Corinthians 15:3-4](#)).

RESPOND

Respond - We can not earn what Jesus did for us. Jesus died because He loves us ([John 3:16](#)) and He has a good plan to rescue us from our sin. Salvation is a free gift to all who confess their sin and put their faith in what Jesus did for them ([Romans 6:23](#)). If you ask Him, God will save you from your sin and give you eternal life ([Romans 10:9](#)). If you have never placed your faith in Jesus to save you, why not do that now?

"Dear God, I know that I am a sinner and I deserve Hell. I now trust that Jesus died in my place and rose again so that I can have eternal life. In Jesus name, Amen."