



**Twenty One ——— Days  
Of Prayer & Fasting**



# day six:

## *overcoming doubt & fear*

*“Give your entire attention to what God is doing right now, and don’t get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.” Matthew 6:34*

Doubt and fear often creep in when our eyes drift from the present moment into the uncertainty of what lies ahead. We begin to imagine outcomes we cannot control, carry worries we were never meant to bear, and allow tomorrow’s questions to rob us of today’s peace. Fear thrives in the unknown, and doubt grows when we forget who is holding our future.

Jesus gently calls us back to the now. He reminds us that God is already at work in this moment, providing grace for today, strength for today, and peace for today. When we give our full attention to Him instead of our fears, we discover that we are not required to solve tomorrow in advance. God promises to meet us when the hard moments come, not before, and never alone.

As we walk through these 21 Days of Prayer and Fasting, let us choose trust over fear and faith over doubt. When anxious thoughts arise, may we return our focus to the Father, confident that the same God who sustains us today will faithfully carry us into tomorrow.